

futures

fortnightly

EDITION 6 | 7th May 2021



Dear Parents, Carers and Students

Last week our year 10 students began a new pilot scheme for virtual work experience. This is a scheme that is being run by Suffolk County Council in order to respond to the COVID 19 disruption to our normal opportunities. It is very much a pilot and so we are to provide as much feedback as we possibly can, but it at least gives our students exclusive access to some local employers, work skills and a chance to discuss what life is like in a working environment.

This opportunity got me thinking about our own general offer at Stowmarket High School. Work experience is an extremely tricky beast at the best of times; getting every single child (up to 180 at best) a work placement for a week that is suitable, accessible and that provides a valuable insight into the world of work is a very difficult task. We struggle to find work placements for students that will engage them for a week and not just have them filing or making tea and that enables them to make informed decisions on what work they would like to go into and how they would go about doing this. Some students struggle with anxiety about

going to unfamiliar places with unfamiliar people every day for a whole week that they opt out at the last minute and get no experience at all. Others complete a week and come back with job offers and amazing uplifting stories about what they have been doing and how great it was. Pre COVID we were busy developing a scheme that involved year 9 and 10 students visiting more than one place of work for taster sessions. For example, attending a day at Hollow Trees farm and working on rotation, from animal husbandry to the gift shop, to the café, to business suite. Then finding out what areas they enjoyed the most and

then applying for a three-day experience in the area of the farm they liked the most. We aim to develop this model further and look to places like Ichiban, Clarice House, ICI etc. Your child could visit more than one work place across year 9 and 10 and really get an idea of what they enjoy, what interests them and allow them to forge goals and ideals for moving forward.

COVID restrictions permitted, we would aim to start looking into re-introducing this model next academic year and if you work for any companies who may be able to help us, or if you would like more detail on how this scheme may work please do let us know.

Virtual Advice and a Slice Sessions



CALLING ALL YEAR 10

We will be running our **Advice & Slice Sessions** in the LRC from 1.30pm to 2.00pm on Tuesdays, keep your eyes peeled on the big screen for dates and details.

Don't miss out, make a note and email me on futures@stowhigh.com if you are planning to attend so I can make sure we order enough Domino's Pizza.

UPCOMING TALK

Life in the Police force

Who else would you like to hear from? Please email suggestions to futures@stowhigh.com

Mrs Melenie Mylrea
Futures Coordinator

- FREE EVENT -

UK university & apprenticeship search virtual fairs

Wednesday 26th May
12pm - 6pm

SOUTH



Universities
Colleges and
Apprenticeships



10
Live Webinars

**Register
here**



<https://ukunisearchsouth.vfairs.com>

IPSWICH | LEISTON | OTLEY | HALESWORTH

EXPERIENCE DAYS

SAVE THE DATE

Wednesday 23rd June 2021

Thursday 24th June 2021



Suffolk
New
College

To find out more about your chosen course:

- ✓ Apply online
- ✓ Receive an invitation to a Experience Day
- ✓ Turn up & have fun
- ✓ Enrol

WWW.SUFFOLK.AC.UK | 01473 382200 | INFO@SUFFOLK.AC.UK |   

TECHNOLOGY CAREERS

Virtual One Day Insight Y10 – Y13 22nd June 2021

We are looking for individuals who would like to find out about **technology careers in the construction industry**. Working in teams you will be completing activities that demonstrate the use of technology in the construction industry

Key requirements:

- *Team worker*
- *Good communication skills*
- *Basic knowledge of Microsoft Applications*
- *Ability to work independently*
- *Ability to work from home*
- *Laptop or tablet with working mic*
- *Internet connection*

What does the day involve?

The insight experience is delivered using Google Classrooms that meets all GDPR and Safeguarding requirements. You will work in virtual offices. There will be a mix of independent working and listening to career journeys from roles that use technology.

During the day you will:

- Receive a project brief
- Virtually meet our job role experts
- Undertake a virtual Site Tour
- In the afternoon you will present back your project as a team
- **This is a one day only experience on Tuesday 22nd June 2021: 9.30am – 5pm**

To apply, please register below
Closing date is 6th June 2021

Register as an Educator: <https://www.s4snextgen.org/Sign-Up/Schools>

Register as a Young Person: <https://www.s4snextgen.org/students/Take-Part>

Vacancy link: <http://www.s4snextgen.org/Opportunities/View/id/1614>

**MORGAN
SINDALL**
CONSTRUCTION



IBM Insight Evening

13th May 5pm - 6pm

Young Professionals have a very special evening event coming up with one of the biggest technology companies in the world; IBM.

On Thursday 13th May they will be hosting an event with some of IBM's top Business & Technology leaders. This is the first time ever that we've been able to bring together some of IBM's most senior figures within the business to come and talk to us all about what it's like working for one of the world's largest tech companies.

It's open to all Y11, Y13 & Y14 students.

At IBM, work is more than a job - it's a calling. To build. To design. To code. To consult. To think along with clients and sell. To make markets. To invent. To collaborate. Not just to do something better, but to attempt things you've never thought possible. To lead in this new era of technology and solve some of the world's most challenging problems.

Hear about some of the exciting projects they are working on as well as their school leaver opportunities, summer insight days and gap year placements.

If you'd like to apply to this event to find out more, please click on the application link below.

**CLICK HERE
TO APPLY**

<https://www.research.net/r/IBM-Insight-Evening>

**Did you or
a family
member
attend
Stowmarket
High
School?**

We want to reconnect with our former students. Amongst our alumni is a whole host of talented role models who we want to connect with in order to celebrate their success and inspire our current students. Alumni can be brought back to school to offer careers and education advice, mentor students, provide work experience placements and much more!

Please help us reach out to our former students using your own networks. From doctors to dancers, pilots to plumbers, we need alumni from a range of careers to open our students' eyes to what is possible.

If you are a former student or know of any who would like to stay in touch and give back to their old school, ask them to sign up.

SIGN UP

<https://networks.futurefirst.org.uk/register/stowmarket>



Green Skills Week - Virtual Work Experience Opportunities:

Speakers for Schools have added more exclusive virtual work experience opportunities on the Experience portal that will help students gain a sense of how companies work, the skills they require and how to develop a plan of action for their careers.

Please apply as soon as possible to have the best chance of success.

Build Yourself with Wates 1 June – 4 June 2021 (10am - 2pm)

Eligibility: 15 -19 year olds who are interested in entering the construction sector and progressing.

Application Deadline: 10 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1419>

Green Skills National Competition with Anglian Water 26 May 2021 (09am - 3pm)

Eligibility: 14 – 19 year olds keen to receive a coaching session from influential figures and a place on our National Green Skills Youth Council.

Application Deadline: 12 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1321>

Poppy Design Studio – Marketing Work Experience 7 June - 9 August 2021 (10am - 12pm)

Eligibility: 16 – 19 year olds keen to learn about the role of a Marketing Manager,

Application Deadline: 23 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1453>

Green Skills 2021 - SSE Wind Turbines session 2 June 2021 (10am – 12:30pm)

Eligibility: 14 – 19 year olds keen to learn about renewable energy.

Application Deadline: 11 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1428>

Nottinghamshire Police - how our Police fight crime and keep us safe

with the `Eye in the Sky` 23 June 2021 (9:30am – 3pm)

Eligibility: 14 – 19 Year olds interested in a career in Policing.

Application Deadline: 09 June 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1622>

Predict 21: How IT is changing the world & the world is changing IT with IBM

22 June 2021 (10am – 3pm)

Eligibility: 14 – 19 year interested in apprenticeships and employability pathways at IBM.

Application Deadline: 28 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1593>

ISG Global Construction Specialist - Virtual Work Experience 1 – 4 June 2021 (10am - 2pm)

Eligibility: 15 – 19 year old keen to gain an insight into the construction industry and the business.

Application Deadline: 30 April 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1455>

British Army - combining office skills and a sense of adventure

British Army - careers in cyber 4 & 22 June 2021

Eligibility: 15 – 19 year old interested in an insight into how army careers are evolving.

Application Deadline: 4 & 26 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1518>

<https://www.s4snextgen.org/Opportunities/View/id/1651>

Learn how to save the planet with IEMA 12 - 16 July 2021 (10am – 3pm)

Eligibility: 14 – 19 year olds interested in a sustainable future and would like to create blogs and podcasts for the week.

Application Deadline: 17 May 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1532>

Live, fun and interactive session with Mintra Software 23 June 2021(9am -1pm)

Eligibility: 15 – 19 year old interested in digital design and technology.

Application Deadline: 7 June 2021

CLICK BELOW

<https://www.s4snextgen.org/Opportunities/View/id/1393>

For a full list of placements sign in here to search and apply. Please encourage your students to apply as soon as possible to have the best chance of success. Opportunities may close early if many applications are received.



SIGN IN

www.s4snextgen.org

ARE YOU A
FUTURE DR?



DR.EAM

Virtual Year 10 & 11 Healthcare Admissions Conference

A **free** national event for state school pupils.

Talks from doctors, dentists, nurses, life as a healthcare student,
work experience advice, Q&A panels and MORE!

Saturday 15th May 2021

10am to 2.30pm



BWAMS

Birmingham Widening Access to Medical
Sciences

<https://bham.onlinesurveys.ac.uk/dream-big-2021-application>

What can you expect?

The day will consist of inspiring talks, workshops and panels made up of doctors, nurses, dentists and students from around the country.

Journey of a Patient

Learn all about the typical journey of a patient with all the different professionals in the NHS!



Introduction to Work Experience

Still not sure about what you want to do? Then work experience is for you! Learn about how to make the most of your work experience to help you stand out in your application.



Day in the Life of a Healthcare Professional

Step into the shoes of a doctor, a nurse, and a dentist to hear about what it's like!

Some incredibly inspiring doctors, nurses, and dentists will be here to talk to us about their experiences and answer your questions about all things healthcare.



Healthcare Students Q&A

We will have some incredible medical, dental and nursing to answer all of your budding questions about work experience, interview advice and life as a healthcare student.



Roadmap to Medicine and Dentistry

Confused about all the steps en route to becoming a doctor? We've got you covered!

Our team will walk you through the timeline from now till you're ready to go to medical or dental school.



Loads of helpful resources!

We've put together a booklet with lots of additional information, helpful resources, and some tips and tricks to help guide you through this chapter.



apprentiships & opportunities

around suffolk



Multiple Opportunities
Level 6 Construction
Quantity Surveyor
Lowestoft

INFO



Multiple Opportunities
Level 6
Civil Engineering and Site
Management Lowestoft

INFO



Level 3
Business Administrator
Lowestoft

INFO



Level 6
Food Industry Technical
Professional Leiston

INFO



Level 3
2x Data Technician
Sudbury

INFO



Level 2
Retailer

INFO



Level 3
Digital Marketer
IP10

INFO



Level 2
Autocare Technician
Ipswich

INFO



Level 2 Commis Chef,
Witnesham

INFO



Level 2
6x Animal Care
and Welfare Eye

INFO



Level 3
5x Laboratory Technician
Eye

INFO



Level 2
Supply Chain Operator
Felixstowe

INFO



Level 2
Retail Apprentice
Ipswich

INFO



Blue Sky Assessing
are looking to recruit a
Business Administrator at
their Earl Soham base.

INFO





even more apprenticeships & opportunities

<https://www.gov.uk/apply-apprenticeship>

<https://www.findapprenticeships.co.uk>

<https://www.icanbea.org.uk/app/my-feed/>

<https://www.indeed.co.uk/Apprenticeships-jobs>

<https://www.getmyfirstjob.co.uk/>




SPEAKERS
for schools

VIRTUAL WORK EXPERIENCE

Best Practice for schools and colleges

Come along to hear from a school whose students have benefited from virtual work experience with Speakers for Schools.

Find out how your school can be involved and hear real examples from schools and employers who have delivered placements for students across the UK.

 13th May 2021, 3:30pm - 4:30pm

 Online

Hear from an employer about their journey delivering virtual work experience and the very real impact it has made to young people. Also hear from another school, and how their students benefited from virtual work placements.

SOME RECENT VWEX FEEDBACK

Exactly what I required to totally confirm the career I intend to go down.

One of the best educational things I've done.

HOW TO GET INVOLVED

Click [here](#) to join us.



Nothing is more important
than your family's health

**One
Life
KIDS**



Join us today to start your
healthy lifestyle journey!

Through interactive family sessions and physical activity, we cover topics such as sleep, healthy eating, being active and the importance of looking after your wellbeing.

Our 10-week club comes with a full 12 months of support!

Eligibility Criteria:

- Children between 5 – 18 years who have a BMI > 91st centile on the growth chart
- The child, young person and family must live in Suffolk



**FUN, FRIENDLY
and FREE!**

FREE water bottle
and bag for all kids!



SCAN ME

Call us on 01473 718193

Visit us at onelifesuffolk.co.uk



**CLICK HERE TO FIND OUT MORE
ABOUT ONE LIFE SUFFOLK**

Check Out All Of Our Current Apprenticeship Vacancies



WEST
SUFFOLK
COLLEGE

APPRENTICESHIP VACANCIES

HOW DO I APPLY?

You apply for an Apprenticeship in the same way you would apply for a job, find a vacancy, submit an application/CV and await a possible interview. Apply using the links listed below, or search for an Apprenticeship Vacancy on our website: <https://www.wsc.ac.uk/find-a-course/apprenticeships/vacancies>

Not finding a vacancy that suits you?

Why not try approaching companies local to you with an updated CV/cover letter to enquire if they will be looking to take on an Apprentice. This method sometimes works better with smaller businesses.

Our Talent Coaches are available to work with you to get the best out of your application or CV, and they can guide you further by completing practice online interviews. Please email the One Step Closer team to ask for support.

Please contact onestepcloser@wsc.ac.uk

You can apply using the links listed, or search for an Apprenticeship Vacancy on our website:

<https://www.wsc.ac.uk/find-a-course/apprenticeships/vacancies>

West Suffolk College email addresses are reviewed regularly and you will receive a response within 48 hours.



Apprentice Hospitality Team Member

Lakenheath

£184 per week
Closing date
14/05/2021

INFO



Apprentice Commis Chef

Lakenheath

£184 per week
Closing date
14/05/2021

INFO



The Bull Auberge

Commis Chef Apprentice

Yaxley, Eye

£162 per week
Closing date
24/05/2021

INFO



Administrator and Accounts Apprentice

Bury St Edmunds

£199 per week
Closing date
14/05/2021

INFO



Chef Apprentice

Bury St Edmunds

£220 per week
Closing date
14/05/2021

INFO



Apprentice Chef

Stanton

£172 per week
Closing date
20/05/2021

INFO



Apprentice Administrator

Cambridge

£11000 per year
Closing date
31/05/2021

INFO



Penguin
Random House
UK

Warehouse Operative Apprentice

Colchester

£14820 per year
Closing date
30/06/2021

INFO



Apprentice Mechanical Engineer

Bury St Edmunds

£206 per week
Closing date
10/05/2021

INFO



Maintenance Apprentice

Thetford

£163 per week
Closing date
27/04/2021

INFO



Apprentice Fabricator

Stowmarket

£186 per week
Closing date
28/05/2021

INFO



Apprentice Accounts Assistant

Horringer

£315 per week
Closing date
03/05/2021

INFO





Bench Joiner Apprentice

Baylham, Ipswich

£172 per week

Closing date

07/05/2021

INFO



quy mill hotel & spa

Finance Apprentice

Stow-cum-Quy, Cambridge

£161 per week

Closing date

31/05/2021

INFO



Apprentice Administration Assistant

Ixworth, Bury St Edmunds

£190 per week

Closing date

07/05/2021

INFO



Apprentice Early Years Practitioner

Clare, Sudbury

£150 per week

Closing date

03/05/2021

INFO



Electro-Mechanical Engineering Apprentice

Woolpit, Bury St Edmunds

£173 per week

Closing date

02/08/2021

INFO



Apprentice Warehouse Operative

Bury St Edmunds

£206 per week

Closing date

17/05/2021

INFO



Mechatronic Engineering Apprentice

Haverhill

£168 per week

Closing date

14/05/2021

INFO



Warehouse Operative Apprentice

Stowmarket

£204 per week

Closing date

28/05/2021

INFO



IT Services Apprentice

Cambridge

£173 per week

Closing date

14/05/2021

INFO



futures

f o r t n i g h t l y

IPSWICH | LEISTON | OTLEY | HALESWORTH



COME ALONG TO OUR **VIRTUAL**
**TASTER
EVENT**

WED 5 MAY, 17:30 - 20:00

IPSWICH CAMPUS

WED 12 MAY, 17:30 - 20:00

SUFFOLK RURAL

WED 12 MAY, 17:30 - 20:00

ON THE COAST

VISIT WWW.SUFFOLK.AC.UK/TASTEREVENTS
to signup and access the online event,

01473 382200 | INFO@SUFFOLK.AC.UK | [f](#) [t](#) [i](#) [s](#)

ACCESS TO APPRENTICESHIPS

Access to Apprenticeships is now available to employers who are actively working with Apprenticeships Suffolk and considering recruiting a new apprentice. This grant is designed for you, the aspiring apprentice, to remove barriers that may be preventing you from achieving your apprenticeship goal and to create more opportunities. We are offering the following two packages to support you during your apprenticeship journey.

Additional Equipment
Wage Enhancement which can support travel costs and subsistence

For more information please email
apprenticeships@suffolk.gov.uk



FINBOROUGH SIXTH FORM

The best preparation for life

*'Life isn't about finding yourself.
Life is about creating yourself'*
George Bernard Shaw



Finborough Sixth Form is a thriving and growing community with a rich curriculum and wealth of opportunities.

We offer an unrivalled level of support and challenge, with close academic and pastoral care made possible by small classes, excellent teaching and an exceptional attention to detail.

All of our students enjoy an individualised programme built around both academic success and the best preparation for life. We focus intently on their progress and the requisite learning skills required both for their A Level studies and going forward to university and beyond.

Developing well rounded young adults who have the aspiration and confidence for success is achieved through our "Seven Habits of Highly Effective Teenagers" programme. This dovetails beautifully with a plethora of experiences on offer that make our students stand out from the crowd.

We have enjoyed major developments to our facilities, including a state of the art Sporting Complex and the development of a new Science and Art Building, alongside a stunning new Sixth Form Study Centre.

For elite sportsmen and women, our 'Sports Professionals Programme' enables outstanding achievement and progress towards your performance and career goals. Sport is a central part of life at Finborough. Whatever your sporting aptitude or prowess, we will tailor an athletic programme, including opportunities to develop as a coach, to inspire you.

Contact us for more information on 01449 773600
kwalsley@finboroughschool.co.uk



www.finboroughschool.co.uk





Invitation For Parents

Success Beyond School

Free, expert advice on guiding your child to a successful career



We are delighted to announce the latest in our *Success Beyond School* series; free-of-charge, 'Live Online' seminars designed to help parents supercharge their children's career potential.

Tuesday 11th May: Own The Room

Power up your child's public speaking skills; vital for any career

Wednesday 9th June: Success in the City

How to land a top job in the City: law, finance, consultancy and more

These events are for parents of students aged 12-18 and free to attend. Register now to enhance your child's future!

CLICK TO REGISTER NOW

Summer Term Events



Own The Room

Discover essential techniques needed to help your child master their public speaking skills.

Tuesday 11th May, 7-8pm (BST)

[CLICK TO REGISTER NOW](#)



Success in the City

Hear from successful City professionals on how to land a top job in some of the world's most desirable careers.

Wednesday 9th June, 7-8pm (BST)

[CLICK TO REGISTER NOW](#)

What our students are saying

Our Summer 2020 Internships in London did go ahead, with strict social distancing measures in place. The feedback averaged an outstanding 9.2/10!



Student on The Young Engineer Summer Internship, 2020

Excellent & informative!

It was excellent as it was very informative and explanatory. The course covered everything that a young engineer would require including practical demonstrations, working as a team, engine inspections plus all our questions were answered by the panelists, even the possible job opportunities and how to get started even if someone has zero experience in this industry.



Student on The Young Investment Banker Summer Internship, 2020

Expert advice & great insight!

An excellent experience that I would recommend to anyone interested in becoming an investment banker. The programme offers you the opportunity to take part in live simulations, offering you an insight into the world of an investment banker, as well as expert advice on how to break into the competitive world of investment banking. Truly outstanding and incredibly helpful for me.



Please visit www.stowhigh.com to see our school

Part of

