

Lesson No	Area of study	Topic	Learning Objectives	Activities (extra task in brackets)	New Key Terms	Resources
2	Misc	Introduction to PSHE	To understand how PSHE will be split into different areas of study To view the topics which will be taught over the year To look at class rules and expectations To explain informal assessment	Q and A Discussion Video clips Question time activity PSHE reading list	Health and wellbeing Relationships and sex education Futures Living in the wider world Informal assessment	PPT Introductory booklet
3 4 5 6 7 8	Futures	Various	See information from CBR re Futures SOW			
9 10	Health and Wellbeing	Mental health depression	To understand how life could be better for everyone by ending the discrimination faced by people with mental health problems. To encourage all to work together to break down the stigma that surrounds mental illness.	Discussion Video clips Q and A 8 ways TPS Quiz	Anxiety disorder Eating disorder Psychosis Bipolar disorder Mental health/illness Stigmatising Continuum	PPT HWB booklet
11 12	Health and Wellbeing	Male Mental Health	To understand mental health affects our ability to our ability to cope, adapt and solve problems To comprehend the difficulties that males have when it comes to expressing their own mental health concerns To change the fact that mental health is a topic that sill gets stigmatized so often in our society.	TV episode Q and A written Discussion Three tips	Stigmatised Trauma	PPT HWB booklet

13 14	Health and Wellbeing	Loss and Bereavement	To describe a number of strategies that might help someone manage grief and loss To suggest where to get help.	Reflection Video clips Case studies Research Letter writing Instagram post Take away	Bereavement Grieving Overwhelmed Infographic	PPT HWB booklet
15 16	Health and Wellbeing	Male Fertility	To increase awareness of male fertility To identify symptoms to look out for To relate to the issues that are faced by those with fertility problems	TV episode Q and A written Discussion	Varicocele Sperm retrieval	PPT HWB booklet
17 18	Health and Wellbeing	Should we legalise cannabis?	Consider the pros and cons of legalising cannabis Be able to debate the topic of legalisation Gain greater awareness of legalisation of cannabis Make an informed judgement on legalisation	Video clips Note taking Debate Discussion	Legalisation Decriminalisation Medicinal Recreational THC CBD Hallucinations Paranoia Delusions Paraphernalia	PPT HWB booklet
19 20	Living in the Wider World	Prevent and radicalisation	To be aware that the UK government wants to use education as a way to help prevent violent extremism To critically analyse the usefulness of a film as a way of presenting violent extremism	Video Group task	CONTEST Government counter terrorism strategy Extremist ideologies Britishness Immigration	PPT LWW booklet
21 22	Relationships and Sex Education	Disrespect Nobody (Sexting)	Students can understand the pressures on young people to send naked pictures (sexts) Students can give advice to others to avoid sending a sext Students can understand the possible consequences of sending a sext, including the legal consequences Students can discuss if girls have a (more) negative experience online	TPS Class vote Video clips Worksheets The Law quiz Moral compass Facts Top tips (Mnemonic task)	Legal consequences Prosecutions Safeguarding Criminal Justice and Courts Act 2015 Malicious Communications Act Computer Misuse Act Protection From Harassment Act	PPT RSE booklet

23 24	Relationships and Sex Education	Toxic and abusive relationships, domestic violence	Awareness of different types of relationships – toxic and abusive Know the signs of each Analyse what domestic violence may involve Understand that support is available and domestic abuse is wrong	Video clips Q and A Discussion Mind map Yes/no/depends activity Just a minute task (True/false task)	Toxic relationship Abusive relationship Domestic violence Domestic abuse Non judgemental	PPT RSE booklet
25 26	Relationships and Sex Education	LGBTQ+	Students will look in more depth at the LGBTQ+ community. Students will learn about the many spectrums involved Students will discuss how difficult it could be to 'come out'. Students will recognise what support can be given to those who do 'come out'	Video clips Artwork feedback Discussion (Instagram/FB post)	Gender expression spectrum Sexual orientation spectrum Gender identity spectrum Rainbow spectrum	PPT RSE booklet
27 28 29 30 31 32	Futures	Various	See information from CBR re Futures SOW			
33 34 35 36	HWB	Happiness	To review topics covered PSHE including debt, mental health and parenthood.	Movie DVD		Pursuit of Happiness movie