

futures fortnightly





Dear Parents, Carers and Students



When thinking about COVID restrictions and the impact it is having on our student's ability to get out in the world and experience the world of work, I have realised that the effect that it is having on all vulnerable people is immense and maybe we are in a unique position to try to help.

I began doing some research into volunteering and how this is even more important than ever before as many more people are isolated, vulnerable and in need of human connection. This could extend to the elderly, special needs, new mums and babies, people recently out of work, less socialised toddlers, isolated teenagers and many more.

I think that giving up an evening a week, or an afternoon at the weekend or during the school holidays to support your community provides some of the best work experience I can think of. It develops character, shows a sense of community responsibility and most importantly makes someone's day richer.

There are many places you can offer to help from Brownies and Beavers groups to mum and toddlers meet ups to Red Gables and The Mix. Offer to babysit for a friend for a few hours just to give mum a break, volunteer to go for a walk with an elderly neighbour who doesn't see people much. Or offer to help serve in the Salvation Army community cafe on the Rec. The list is endless. Mrs Mylrea will be helping to establish some more regular secure volunteering opportunities for you all in the coming weeks but be proactive get out there and find opportunities for yourself. Don't forgot, whatever you do record it on Unifrog under your competencies!

Where are they now?

Welcome to our feature, "where are they now?". Featuring our past students, we spotlight where their career has led them and how their time at Stowmarket High School has impacted their career journey so far.

This week we focus on Adam Prime who attended Stowmarket High School from 1991 to 2001.

Where are you working now?

TMJ Interiors, in Bildeston

- What is your fondest memory of Stowmarket High School?

 Making lifelong friends.
- What was the best bit of advice you ever received from one of your teachers?
 'You can do it' they believed in me.
- What advice would you give your Year 7 self now?

 Don't put too much pressure on yourself and enjoy your time at school.
- What were your favourite subjects at school and how have they helped you in your job today would you say?

 Design and Technology it made me
 - realise the career path I wanted to take.
- Shout out to anyone in particular?

 Hello to anyone who remembers me...



We would love to hear from you and feature you in our 'Where are they now?' series, register your interest here: futures@stowhigh.com





Setting the standard in **Specialist Joinery and Interior Fit-Out**

Take a look at a selection of our valued customers





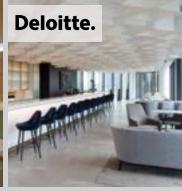




















Did you know?

We are looking for 2022 apprentices... Apprenticeships are a great way of starting a career, working alongside experienced professionals whilst training at the same time. Gaining new skills whilst earning!

Please contact:



info@tmjinteriors.com

Cheryl Hardacre, Training and Development Manager Chardacre@tmjinteriors.com | 07887 737819















Kick start your career as a **Mulit-Sports Activity Leader!**





Running this December... Transcend Level 2 Award in **Leading Inclusive Physical Activities in Modified Multi Sports**

What will you gain from this qualification:

This qualification will develop your ability to lead safe and engaging physical activity sessions and support you to pursue a voluntary or paid role as an activity leader in a school, community or commercial leisure environment.

Whilst attending the qualification you will develop the knowledge and skills required to be able to:

- fulfil duties associated with leading inclusive physical activities
- drive engagement through inclusive physical activities
- meet the deployment expectations when leading inclusive physical activities

To enrol you must:

- be at least 14 years of age
- be able to communicate effectively in English (reading, speaking, listening and writing)
- be able to evidence an interest in physical activity

Delivery model:

A two-day interactive and engaging course, delivered by a fully qualified instructor which incorporates both physical and theory elements.

Time and Dates: 9:00 am - 5:00 pm, Sunday 5th & Sunday 12th December 2021 **Location:** Mid Suffolk Leisure Centre, Gainsborough Road, Stowmarket, Suffolk, IP14 1LH, United Kingdom

Course cost:

£240

To book visit www.trainwithpremier.com or email coursebookings@trainwithpremier.com This qualification has also been approved by CIMSPA as suitable regulated CPD.





"The Sixth Form is a vibrant learning community, where every student is valued as an individual. In Sixth Form lessons, teachers plan stimulating and challenging learning opportunities. These help students to make strong progress. Students are offered a range of opportunities including leadership roles and work experience."

Ofsted 2019



- Subject specialist teaching
- Dedicated Sixth Form Centre, Common Room and Café
- Individual pastoral and learning support
- Free car parking

- Wide range of extra-curricular and volunteering opportunities
- Sixth Form Ambassador Scheme
- Welcoming community feel with over 20 different schools joining Year 12 each year.

KEY DATES

September

■ New Prospectus and blocking scheme available on our website

October

- Open Evening Wed 13th October (5.30-8pm) with bookable presentations, via the QR code above
- Online applications open

Nov - Feb

■ Interview nights

Sidegate Lane, Ipswich, Suffolk, IP4 3DL | www.northgatesixthform.co.uk | Tel: 01473 210123

E-mail: northgatesixthform@northgate.suffolk.sch.uk | ▶ NorthgateSixthFormIpswich

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Its More Than The Job You Do 30th November

So a little about us, did you know that not only do we brew and distil products we also operate a group of beautiful pubs and hotels along with a number of shops in and around the East Anglia region.

This session will run from 10am to 1pm and we will show you behind the scenes explaining why its 'more than the job you do' by introducing you to some of our fabulous team. This includes stories from our Chief Operating Officer Karen and her amazing career journey to our very own fabulous Apprentices. You will also meet our Executive Chef, Nick who looks after all our pub and hotel kitchens and you will see what a dab hand he is with a cookery demonstration!



Throughout the morning you will develop your understanding of our purpose and culture, how you can be a great employee and what's in it for you if you joined our Adnams family! But don't worry we are not doing all the hard work, we want you to take part in some quizzes and interactive sessions too!

We are really excited to be working with Speakers for Schools and sharing with you lots of information about our business, our people and what opportunities we have to offer.

To apply please go to www.s4snextgen.org/schools/opportunitiesv2/ViewOpportunity/id/2294



MEET RIO GODFREY

My name is Rio, and I am your Higher Education Champion working at Stowmarket High School to support you with exploring HE and your next steps.

I will be at Stowmarket High School every Tuesday.

Rio GodfreyHigher Education Champion
07971181715

rio@takeyourplace.ac.uk

takeyourplace.ac.uk

My working days are Monday – Friday 8:30-16:30. Please feel free to get in touch by sending me an email.



What is Take Your Place?

Take Your Place is a collaborative outreach project supporting students with making informed decisions about their options after school.

As part of Take Your Place students are given access to resources, experiences and guidance that will encourage them to develop passions for specific subjects.



Who are Higher Education Champions?

Higher Education Champions work for the NEACO project to provide support and guidance for students in target schools and colleges, to help students understand the pathways available to them.

How can I help?

I will be working closely with your Futures team to offer information, advice, and guidance on Higher Education Opportunities available. I will be able to offer advice in areas such as University and college applications, student finance, work experience, apprenticeships. This will be through a variety of activities, workshops, mentoring and webinars.





FELIXSTOWE & WALTON UNITED FC ACADEMY 2022/23





WANT TO KNOW MORE?









Consider a Career That Can Help End Homelessness

9th November from 9am – 3pm

We're Flagship Group. We build, improve and maintain homes for people in need throughout the East of England. We also build and sell homes, then reinvest any profit we make into helping more people in need.

We don't simply want to make a difference to our customers and their communities – we want to do our bit to help solve the current housing crisis in the East of England too. By working in partnership with other businesses, housing associations and local authorities, we can meet this ambitious goal.

If we are to help end homelessness in the East of England, we need people with the right can-do attitude to keep driving positive change.

If you are looking for a rewarding career and are ambitious, with a flair for creative thinking and problem-solving, Flagship might be the right fit for you.

If you'd like to be part of something positive, join us for an Insight Day where you will:

- Find out more about the different career opportunities available with Flagship
- Meet staff from a range of different areas of our organisation
- Learn about social housing and the technological landscape
- Discover whether a career with Flagship is right for you

To apply please go to www.s4snextgen.org/Opportunities/View/id/2084







FINBOROUGH SIXTH FORM

The best preparation for life

"Life isn't about finding yourself Life is about creating yourself'

George Bemard Staw













Finborough Sixth Form is a thriving and growing community with a rich curriculum and wealth of opportunities.

We offer an unrivalled level of support and challenge, with close academic and pastoral care made possible by small classes, excellent teaching and an exceptional attention to detail.

All of our students enjoy an individualised programme built around both academic success and the best preparation for life. We focus intently on their progress and the requisite learning skills required both for their A Level studies and going forward to university and beyond.

Developing well rounded young adults who have the aspiration and confidence for success is achieved through our "Seven Habits of Highly Effective Teenagers' programme. This dovetails beautifully with a plethora of experiences on offer that make our students stand out from the crowd.

We have enjoyed major developments to our facilities, including a state of the art Sporting Complex and the development of a new Science and Art Building, alongside a stunning new Sixth Form Study Centre.

For elite sportsmen and women, our 'Sports Professionals Programme' enables outstanding achievement and progress towards your performance and career goals. Sport is a central part of life at Finborough. Whatever your sporting aptitude or prowess, we will tailor an athletic programme, including opportunities to develop as a coach, to inspire you.



Contact us for more information on 01449 773600 kwalmsley@finboroughschool.co.uk

www.finboroughschool.co.uk



Did you or a family member attend **Stowmarket High School?** We want to reconnect with our former students. Amongst our alumni is a whole host of talented role models who we want to connect with in order to celebrate their success and inspire our current students. Alumni can be brought back to school to offer careers and education advice, mentor students, provide work experience placements and much more!

Please help us reach out to our former students using your own networks. From doctors to dancers, pilots to plumbers, we need alumni from a range of careers to open our students' eyes to what is possible.



If you are a former student or know of any who would like to stay in touch and give back to their old school, ask them to sign up.

SIGN UP

futures@stowhigh.com

apprenticeships & opportunities

around suffolk









Level 2
Customer Service
Practitioner Mildenhall





Level 2 Commis Chef Halesworth





Level 2
Customer Service
Practitioner
Felixstowe





Level 2
Autocare Technician
Ipswich



Treadfirst

Level 2 Autocare Technician Sudbury





Level 3
Business Administrator
Martlesham Heath





Level 2
Autocare Technician
Stowmarket





Level 2
Supply Chain Operative
Ipswich





Level 3
Maintenance and
Operations Engineer
Ipswich





Level 2 Commis Chef Framlingham





20 x Level 2
Heavy Good Vehicles
Driver
Newmarket





Level 2 Commis Chef Witnesham





3 x Level 2 Lean Manufacturing Operative Levington





Level 2
Customer Service
Practitioner
Eye





Accounts or Finance
Assistant
Lowestoft





Multiple Opportunities Level 6 Construction Quantity Surveyor Lowestoft





Multiple Opportunities Level 6 Civil Engineering and Site Management Lowestoft





Level 2
Accounts or Finance Assistant
Semer





Level 6
Food Industry Technical
Professional Leiston





Level 2 Beauty Therapist Woodbridge





cto find more apprenticeship opportunities:

















Opportunities with Blue Sky Assessing

CLICK BELOW

Governance Administrator Apprentice
HR Coordinator Apprentice
Business Administrator
Marketing Assistant Apprentice



Apprenticeships New Anglia latest opportunities



To apply for an Apprenticeship Suffolk vacancy, all interested candidates must be referred to the Apprenticeships Suffolk service.

To refer yourself, or make a referral on someone's behalf please email apprenticeships@suffolk.gov.uk where you will receive a copy of the Apprenticeships Suffolk referral form. Upon completion a member of our team will be in contact to have a professional discussion. If the application entry criteria is met your CV will be sent to an employer if applicable.



If you would like to add an opportunity to our mailing list please email apprenticeships@suffolk.gov.uk with details by mid-day Tuesday.



even more apprenticeships & opportunities



https://www.gov.uk/apply-apprenticeship https://www.findapprenticeships.co.uk https://www.icanbea.org.uk/app/my-feed/ https://www.indeed.co.uk/Apprenticeships-jobs https://www.getmyfirstjob.co.uk/



Apprenticeships Suffol and the Skills Team would like to invite you to attend our

Skills Marketplace Event

The Skills Networking Event aims to bring together **POST-16 funded projects**, **education and training providers** across the region (ESF, ESFA, National Lottery) and their **delivery partners** to network, build relationships and share knowledge around the Skills Sector.

TUESDAY 2 NOV 2021 10.00 - 14.00 TRINITY PARK, IPSWICH FELISTOWE ROAD. IP3 8UH



skillsmarketplace.eventbrite.co.uk

Click the button above to book or for enquiries please email us on apprenticeships@suffolk.gov.uk



Level 3
Business Administrator
Melton



SUZANNE lock

Level 3
Business Administrator
Ipswich





Level 2
Customer Service
Practitioner
Ipswich





Please visit www.stowhigh.com to see our school



