

futures

fortnightly

EDITION 15 | 3rd December 2021



Dear Parents, Carers and Students



This week I have spent a large proportion of my time in front of a screen, ironically learning about how important getting out into nature is. The learning and the fact that I've been stuck indoors really made me think about a person's career and how their choice of job can have a huge impact on the lifestyle choices they make, ultimately impacting upon their physical and mental fitness.

If one chooses an IT based job, one spends a great deal of time at a screen, or a manufacturing position where working indoors with machinery or production lines means one doesn't get outside much. Another may choose a hospital-based role that sees them working in a pharmacy dispensary all day with little opportunity to know what the weather is like or to even hear the birds.

Neuroscientists have undertaken a great deal of research on how important nature is for our brains, as experiencing the awe and wonder of the natural world releases endorphins such as oxytocin which are our happy, healthy brain chemicals. They help us build connections (neurones) that ultimately develop our ability to focus, learn, and reason. Ultimately if you experience nature and fresh air regularly you will release more of these chemicals and be mentally fitter.

Does this mean that if you choose a career that is screen or indoor based you will be less happy than a tree surgeon, an environmental protection officer, a landscape gardener, a builder, or a farmer? Well, no, because there are so many other mitigating factors here, but it does raise questions around making sure we are clear that a career isn't just the job you do, it's your lifestyle choices, your sense of purpose, your way of living.

So, to learn from my week of screens, I need to make sure I spend my free time outdoors a bit more this weekend, to walk the dog a little bit further, to take my children out on their bikes: my job could be limiting my opportunities to benefit from the chemicals nature releases in humans to help my brain continue to mould and reshape, but my lifestyle doesn't have to.

Where are they now?

Welcome to our feature, "where are they now?". Featuring our past students, we spotlight where their career has led them and how their time at Stowmarket High School has impacted their career journey so far.

This week we focus on Curtley Williams who attended Stowmarket High School from 2003 to 2006.

▶ What have you been doing since school and where are you working now?

After leaving Stow High in 2006 I went into full time football with Ipswich Town. I never made it as a professional player with ITFC and I faced a lot of rejections and setbacks in football. I played in Spain with Glenn Hoddle and went on numerous trials around the world as far afield as South Africa.

I decided to settle into local non-league football and see where my talent and self-belief could take me and I ended up getting a move into the professional game at 24 with Luton Town and Dagenham & Redbridge.

Unfortunately I had to retire from professional football at 27 due to on-going knee issues. This led me on to wanting to help others with their own health and fitness.

I now run a local fitness business Over Power, Needham Market and work with people on a 1-2-1 basis as an online health and fitness coach.

▶ What is your fondest memory of Stowmarket High School?

I would have to say Monday morning badminton and trampolining P.E naturally being one of my favourite classes, we had a very competitive class and some very good badminton players! I am convinced we could have gone to the Olympics with some Monday morning match ups feeling as important as the Olympics as well.



▶ What advice would you give your Year 7 self now?

I would say most importantly to focus on yourself and improving small amounts day by day, these small wins add up to big results in the long run and you don't need to have everything perfectly together right away - enjoy the journey.

▶ What were your favourite subjects at school and how have they helped you in your job today would you say?

P.E being the obvious one but also I have to say maths. I like problem solving and working out ways to help people it also helps managing your finances which is very important for running a business and life in general.

▶ Shout out to anyone in particular?

I think all the lovely dinner ladies at the time, I think they are unsung heroes, not always getting recognition for their hard work, but they were always so friendly, helpful and full of banter

We would love to hear from you and feature you in our 'Where are they now?' series, register your interest here: futures@stowhigh.com

REGISTER





EST. 1981



Did you know?

We are looking for 2022 apprentices... Apprenticeships are a great way of starting a career, working alongside experienced professionals whilst training at the same time.

Please contact:



Cheryl Hardacre, Training and Development Manager
Chardacre@tmjinteriors.com | 07887 737819



01449 740518



info@tmjinteriors.com



www.tmjinteriors.com



CALLING ALL Budding Accountants

I'd like to share with you one of a number of multi-employer events Young Professionals will be hosting in early December.

On Tuesday 7th December from 5:00pm - 7:00pm we're hosting our virtual Accounting and Professional Services Multi-Employer Event and we'll be joined by 4 huge, global companies in PwC, Grant Thornton, CIMA & Mazars.

Each company will speak for 25 minutes, giving us an insight into their business and running interactive workshops to give us a real taster of what it's like working for their organisation.

THE COMPANIES INVOLVED:

PwC: With offices in 155 countries and more than 284,000 people, PwC are among the leading professional services networks in the world. PwC firms provide services to 84% of the Global Fortune 500 companies and more than 100,000 entrepreneurial and private businesses. For the year ending 30 June 2020, PwC's gross revenues were US\$43 billion.

Grant Thornton is one of the world's largest professional services networks of independent accounting and consulting member firms that provide assurance, tax and advisory services to privately held businesses, public interest entities, and public sector entities.

The Chartered Institute of Management Accountants

(CIMA), founded in 1919, is the world's leading and largest professional body of management accountants. CIMA offers training and qualification in management accountancy and related subjects.

Mazars is a leading international audit, tax and advisory firm. Operating as a united partnership, they work as one integrated team, leveraging expertise, scale and cultural understanding to deliver exceptional and tailored services in audit and accounting, as well as tax, financial advisory, consulting and legal services.

If you're interested in accounting and professional services then this will be a fantastic overview and insight into the industry as a whole as well as the chance to ask any questions you may have to some of the world's leading accounting and consulting professionals.

REGISTER





YOUNG
PROFESSIONALS

CALLING ALL

Are you thinking about a career in construction?

If so, we have an amazing insight event for you.

We will be hosting an insight session into one of the biggest construction firms in the world.

Mace Group Ltd, commonly known as Mace, is a global consultancy and construction firm headquartered in London, United Kingdom, employing approximately 5,000 people, across five continents with a turnover in excess of £2 billion.

Mace are involved in some of the most impressive building projects around the UK and the world and offer a variety of fantastic apprenticeship and graduate schemes.

We will be hearing from the Deputy Chairman who will share insights into his background, career journey from growing up in the midlands to where he is now as Deputy Chairman and sharing experiences from his early career to date which has contributed to his success.

Year 11's

**On 9th December
from 5:00pm -
6:00pm**

Mark will finish by giving his advice on what he looks for in top talent.

We will also hear from a panel of current apprentices and graduates from within the company who will discuss what life is like within the firm and what the process of securing a position in the firm was like.

Engineering events like this don't come around too often so if this is a career path you're considering this is something you won't want to miss!

REGISTER



Virtual Insight Day Opportunities

Resource Solutions Marketing and Advertising


<http://www.s4snextgen.org/Opportunities/View/id/2391>

AGE: 16; 17; 18; 19

DEADLINE: 18/02/2022

STARTS: 10/03/2022

ENDS: 10/03/2022



The Academy of Real Assets Real Estate; Writing and Editing


<http://www.s4snextgen.org/Opportunities/View/id/2390>

AGE: 15; 16; 17; 18

DEADLINE: 31/01/2022

STARTS: 31/01/2022

ENDS: 31/01/2022



Sir Robert McAlpine Engineering


<http://www.s4snextgen.org/Opportunities/View/id/2389>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 28/03/2022

STARTS: 28/04/2022

ENDS: 28/04/2022



Victrex Plc Engineering

<http://www.s4snextgen.org/Opportunities/View/id/2386>

AGE: 4; 15; 16; 17

DEADLINE: 21/01/2022

STARTS: 08/02/2022

ENDS: 08/02/2022



Junk Kouture Apparel & Fashion; Creative Industries; Design; Textiles

<http://www.s4snextgen.org/Opportunities/View/id/2368>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 25/11/2021

STARTS: 02/12/2021

ENDS: 02/12/2021



Junk Kouture Creative Industries

<http://www.s4snextgen.org/Opportunities/View/id/2370>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 09/12/2021

STARTS: 16/12/2021

ENDS: 16/12/2021



Harper Adams University Higher Education

<http://www.s4snextgen.org/Opportunities/View/id/2366>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 30/11/2021

STARTS: 08/12/2021

ENDS: 08/12/2021



Junk Kouture Creative Industries

<http://www.s4snextgen.org/Opportunities/View/id/2369>

AGE: 14; 15; 16; 17; 18

DEADLINE: 02/12/2021

STARTS: 09/12/2021

ENDS: 09/12/2021



Creative Portal Creative Industries


<http://www.s4snextgen.org/Opportunities/View/id/2376>

AGE: 16; 17; 18; 19

DEADLINE: 10/01/2022

STARTS: 20/01/2022

ENDS: 20/01/2022



Creative Portal Creative Industries

<http://www.s4snextgen.org/Opportunities/View/id/2377>

AGE: 16; 17; 18; 19

DEADLINE: 10/01/2022

STARTS: 18/01/2022

ENDS: 18/01/2022



Johnson Matthey Chemicals

<http://www.s4snextgen.org/Opportunities/View/id/2356>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 26/11/2021

STARTS: 08/12/2021

ENDS: 08/12/2021



Johnson Matthey Chemicals


<http://www.s4snextgen.org/Opportunities/View/id/2355>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 26/11/2021

STARTS: 07/12/2021

ENDS: 07/12/2021



Marsh & McLennan Insurance

<http://www.s4snextgen.org/Opportunities/View/id/2347>

AGE: 16; 17; 18

DEADLINE: 14/01/2022

STARTS: 14/02/2022

ENDS: 17/02/2022



Morgan Sindall - Property Services Ltd

Construction

<http://www.s4snextgen.org/Opportunities/View/id/2344>

AGE: 14; 15; 16; 17; 18

DEADLINE: 14/01/2022

STARTS: 14/02/2022

ENDS: 18/02/2022



Tesco - Retail

<http://www.s4snextgen.org/Opportunities/View/id/2372>

AGE: 14; 15; 16; 17

DEADLINE: 18/12/2021

STARTS: 18/01/2022

ENDS: 18/01/2022



Winvic Construction Ltd Construction

<http://www.s4snextgen.org/Opportunities/View/id/2323>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 22/11/2021

STARTS: 07/12/2021

ENDS: 07/12/2021



Orcha -Health, Wellness and Fitness; Technology

<http://www.s4snextgen.org/Opportunities/View/id/2379>

AGE: 14; 15; 16

DEADLINE: 04/02/2022

STARTS: 22/02/2022

ENDS: 23/02/2022



Kameo Recruitment Professional Services

<http://www.s4snextgen.org/Opportunities/View/id/2360>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 21/01/2022

STARTS: 08/02/2022

ENDS: 08/02/2022



Morgan Sindall - Construction

<http://www.s4snextgen.org/Opportunities/View/id/2047>

AGE: 14; 15; 16; 17; 18

DEADLINE: 20/06/2022

STARTS: 11/07/2022

ENDS: 15/07/2022



Morgan Sindall - Construction

<http://www.s4snextgen.org/Opportunities/View/id/2046>

AGE: 14; 15; 16; 17; 18

DEADLINE: 23/05/2022

STARTS: 13/06/2022

ENDS: 17/06/2022



Morgan Sindall - Construction

<http://www.s4snextgen.org/Opportunities/View/id/2045>

AGE: 14; 15; 16; 17; 18

DEADLINE: 02/05/2022

STARTS: 23/05/2022

ENDS: 27/05/2022



AmeyConstruction; Railroad Manufacture

<http://www.s4snextgen.org/Opportunities/View/id/2189>

AGE: 14; 15; 16; 17; 18

DEADLINE: 21/02/2022

STARTS: 22/02/2022

ENDS: 22/02/2022



Royal Military Defense & Space

<http://www.s4snextgen.org/Opportunities/View/id/2023>

AGE: 12; 13; 14; 15; 16

DEADLINE: 09/12/2021

STARTS: 15/12/2021

ENDS: 15/12/2021



GE Utilities

<http://www.s4snextgen.org/Opportunities/View/id/12>

AGE: 14; 15; 16

DEADLINE: 06/11/2021

STARTS: 23/11/2021

ENDS: 23/11/2021



Kainos Information Technology and Services

<http://www.s4snextgen.org/Opportunities/View/id/2159>

AGE: 14; 15; 16; 17; 18

DEADLINE: 25/11/2021

STARTS: 07/12/2021

ENDS: 09/12/2021



High Tide Foundation Renewables & Environment

<http://www.s4snextgen.org/Opportunities/View/id/2192>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 04/03/2022

STARTS: 04/04/2022

ENDS: 06/04/2022



High Tide Foundation Entrepreneurship

<http://www.s4snextgen.org/Opportunities/View/id/2191>

14; 15; 16; 17; 18; 19

19/11/2021

30/11/2021

02/12/2021



**NHS Improvement
Hospital & Health Care**

<http://www.s4snextgen.org/Opportunities/View/id/2351>

AGE: 15; 16; 17; 18

DEADLINE: 12/01/2022

STARTS: 27/01/2022

ENDS: 27/01/2022



**NHS Improvement
Hospital & Health Care**

<http://www.s4snextgen.org/Opportunities/View/id/2350>

AGE: 15; 16; 17; 18

DEADLINE: 07/01/2022

STARTS: 25/01/2022

ENDS: 25/01/2022



**NHS Improvement
Hospital & Health Care**

<http://www.s4snextgen.org/Opportunities/View/id/2349>

AGE: 15; 16; 17; 18

DEADLINE: 04/01/2022

STARTS: 20/01/2022

ENDS: 20/01/2022



**NHS Improvement
Hospital & Health Care**

<http://www.s4snextgen.org/Opportunities/View/id/2348>

AGE: 15; 16; 17; 18

DEADLINE: 31/12/2021

STARTS: 17/01/2022

ENDS: 17/01/2022



**Adnams plc
Hospitality**

<http://www.s4snextgen.org/Opportunities/View/id/2294>

AGE: 15; 16; 17; 18; 19

DEADLINE: 24/01/2022

STARTS: 10/02/2022

ENDS: 10/02/2022



**Morgan Sindall -
Construction**

<http://www.s4snextgen.org/Opportunities/View/id/2044>

AGE: 14; 15; 16; 17; 18

DEADLINE: 21/02/2022

STARTS: 14/03/2022

ENDS: 18/03/2022



**Bentley Motors
Automotive**

<http://www.s4snextgen.org/Opportunities/View/id/2018>

AGE: 16; 17; 18

DEADLINE: 25/01/2022

STARTS: 15/02/2022

ENDS: 15/02/2022



**Bentley Motors
Automotive**

<http://www.s4snextgen.org/Opportunities/View/id/2019>

AGE: 15; 16; 17

DEADLINE: 13/01/2022

STARTS: 08/02/2022

ENDS: 08/02/2022



**Bentley Motors
Automotive**

<http://www.s4snextgen.org/Opportunities/View/id/2020>

AGE: 16; 17; 18

DEADLINE: 17/03/2022

STARTS: 07/04/2022

ENDS: 07/04/2022



**3C Shared Services
Construction**

<http://www.s4snextgen.org/Opportunities/View/id/2117>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 29/11/2021

STARTS: 07/12/2021

ENDS: 07/12/2021



**The Academy of Real
Assets
Real Estate**

<http://www.s4snextgen.org/Opportunities/View/id/2322>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 15/11/2021

STARTS: 08/12/2021

ENDS: 08/12/2021



**epak Kirkham Ltd
Food & Beverages**

<http://www.s4snextgen.org/Opportunities/View/id/1468>

AGE: 14; 15; 16; 17

DEADLINE: 22/01/2021

STARTS: 09/02/2022

ENDS: 09/02/2022



Discovery Workshop Opportunities

DWF - Law Practice

<http://www.s4snextgen.org/Opportunities/View/id/2365>

AGE: 14; 15; 16; 17; 18

DEADLINE: 29/04/2022

STARTS: 18/05/2022

ENDS: 18/05/2022



DWF - Law Practice

<http://www.s4snextgen.org/Opportunities/View/id/2363>

AGE: 14; 15; 16; 17; 18

DEADLINE: 24/02/2022

STARTS: 17/03/2022

ENDS: 17/03/2022



DWF - Law Practice

<http://www.s4snextgen.org/Opportunities/View/id/2362>

AGE: 14; 15; 16; 17; 18

DEADLINE: 28/01/2022

STARTS: 10/02/2022

ENDS: 10/02/2022



DWF - Law Practice

<http://www.s4snextgen.org/Opportunities/View/id/2361>

AGE: 14; 15; 16; 17

DEADLINE: 31/12/2021

STARTS: 19/01/2022

ENDS: 19/01/2022



Redcentric plc Information Technology and Services

<http://www.s4snextgen.org/Opportunities/View/id/2354>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 12/01/2022

STARTS: 25/01/2022

ENDS: 25/01/2022



Atlas BFW Management Ltd Facilities Services

<http://www.s4snextgen.org/Opportunities/View/id/2339>

AGE: 11; 12; 13; 14; 15; 16; 17

DEADLINE: 08/01/2022

STARTS: 18/01/2022

ENDS: 18/01/2022



Skanska - Construction

<http://www.s4snextgen.org/Opportunities/View/id/2320>

AGE: 14; 15; 16; 17

DEADLINE: 17/11/2021

STARTS: 08/12/2021

ENDS: 08/12/2021



Amey - Construction

<http://www.s4snextgen.org/Opportunities/View/id/2295>

AGE: 16; 17; 18

DEADLINE: 24/11/2021

STARTS: 07/12/2021

ENDS: 07/12/2021



Autotrader UK Technology

<http://www.s4snextgen.org/Opportunities/View/id/2342>

AGE: 11; 12; 13; 14; 15;

AGE: 16; 17; 18; 19

DEADLINE: 19/11/2021

STARTS: 03/12/2021

ENDS: 03/12/2021



VS Associates

Financial Services

<http://www.s4snextgen.org/Opportunities/View/id/2281>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 19/11/2021

STARTS: 08/12/2021

ENDS: 08/12/2021



Inspire North - Health, Wellness and Fitness

<http://www.s4snextgen.org/Opportunities/View/id/2266>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 01/12/2021

STARTS: 10/12/2021

ENDS: 10/12/2021



Equinor UK Limited Renewables & Environment

<http://www.s4snextgen.org/Opportunities/View/id/2243>

AGE: 11; 12; 13

DEADLINE: 07/01/2022

STARTS: 25/01/2022

ENDS: 25/01/2022



Livv Housing Group Housing

<http://www.s4snextgen.org/Opportunities/View/id/2203>

AGE: 11; 12; 13; 14; 15; 16

DEADLINE: 05/11/2021

STARTS: 23/11/2021

ENDS: 23/11/2021



Turnitin - Technology

<http://www.s4snextgen.org/Opportunities/View/id/2181>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 03/11/2021

STARTS: 25/11/2021

ENDS: 25/11/2021



The Adecco Group North West - Staffing and Recruiting

<http://www.s4snextgen.org/Opportunities/View/id/2157>

AGE: 11; 12; 13; 14; 15; 16

DEADLINE: 05/11/2021

STARTS: 16/11/2021

ENDS: 16/11/2021



High Tide Foundation Automotive

<http://www.s4snextgen.org/Opportunities/View/id/2162>

AGE: 11; 12; 13

DEADLINE: 10/11/2021

STARTS: 24/11/2021

ENDS: 24/11/2021



High Tide Foundation Law Practice

<http://www.s4snextgen.org/Opportunities/View/id/2168>

AGE: 11; 12; 13

DEADLINE: 10/11/2021

STARTS: 24/11/2021

ENDS: 24/11/2021



High Tide Foundation Creative Industries

<http://www.s4snextgen.org/Opportunities/View/id/2167>

AGE: 11; 12; 13

DEADLINE: 10/11/2021

STARTS: 24/11/2021

ENDS: 24/11/2021



High Tide Foundation Engineering

<http://www.s4snextgen.org/Opportunities/View/id/2163>

AGE: 11; 12; 13

DEADLINE: 09/11/2021

STARTS: 23/11/2021

ENDS: 23/11/2021



High Tide Foundation Maritime

<http://www.s4snextgen.org/Opportunities/View/id/2165>

AGE: 11; 12; 13

DEADLINE: 09/11/2021

STARTS: 23/11/2021

ENDS: 23/11/2021



DWF - Legal Services

<http://www.s4snextgen.org/Opportunities/View/id/2037>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 12/11/2021

STARTS: 09/12/2021

ENDS: 09/12/2021



DWF - Legal Services

<http://www.s4snextgen.org/Opportunities/View/id/2081>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 29/10/2021

STARTS: 23/11/2021

ENDS: 23/11/2021



Bespak (Recipharm) Pharmaceuticals

<http://www.s4snextgen.org/Opportunities/View/id/1949>

AGE: 14; 15; 16; 17; 18; 19

DEADLINE: 24/01/2022

STARTS: 10/02/2022

ENDS: 10/02/2022



futures

fortnightly



Traineeship Vacancies

A Traineeship is a programme designed to get you ready for an apprenticeship, it can also lead to employment. It can take anything from eight weeks to six months and is ideal for those aged between 16-18 years old or up to 25 with EHCP. It can help you gain vital work experience to go on your CV and helps get you job ready.

Traineeship is a career path that gets you ready for work and is ideal for those that struggle with main stream college or university. It is also a perfect opportunity to gain the English and maths qualifications that employers desire.



Check out our live vacancies here:

<https://www.wstraining.co.uk/careers-advice-and-guidance>

WS Training currently has the following opportunities

**Livestock
Handler**

**Front of
house**

**Catering
Assistant**

Hairdresser

**Estate
Agent**

Accountant

**Telesales
Advisor**

Chef

*If you're interested in finding out more please ask for Charmaine on
01473 604260 or email: csayer@wstraining.co.uk*

SUPPORTED LEARNING CENTRE, IP CITY, 1 BATH STREET, IPSWICH, IP2 8SD
TEL: 01473 220230 EMAIL: CENTRAL@WSTRAINING.CO.UK

More information of the roles available can be found on the link below, just scroll to the bottom to find Traineeships, if they would like to apply then please get in touch with me so I can arrange a one to one chat.

INFO



CALLING ALL FUTURE **MEDICAL & HEALTHCARE STUDENTS**

We are delighted to let you know that the NHS Allied Work Experience Programme is in full swing and available for Years 10 and 11 to participate.

All students will be awarded with a Work Experience Certificate for participating on the day. This is something that they can include in their UCAS and Apprenticeship Applications.

The next Work Experience day is on the 5th December and it will cover the following healthcare careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and language therapy and Pharmacy!

The virtual work experience day will take place through an online portal and run LIVE from 10-5pm, following 2 patients from their initial accidents through to recovery. You will see them interact with a variety of healthcare professionals so that you develop an understanding of the multidisciplinary team as well as insights into your own chosen career.

You will also have the opportunity to interact with the healthcare professionals via a LIVE Chat function and polls throughout the day!

The cost to attend is £10/student per session, If your child currently qualifies for free school meals, or has done in the past six years, we receive Pupil Premium Funding intended to support their education. Therefore, for qualifying students, we can offer financial assistance.

All registrations can be made via this link:

REGISTER



<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

We look forward to welcoming all potential healthcare students onto this national virtual work experience programme!



ALLIED
HEALTHCARE
MENTOR



VIRTUAL NHS HEALTHCARE CAREERS **WORK EXPERIENCE PROGRAMME**

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Podiatry
- Speech and Language Therapy
- Pharmacy
- Osteopath
- Prosthetics and Orthotics

WWW.ALLIEDHEALTHMENTOR.ORG

TWILIGHT VIRTUAL WORK EXPERIENCE OPPORTUNITIES WITH SPEAKERS FOR SCHOOLS

We have lots of exciting opportunities available. To find out more and to apply, simply click on the logos. For further opportunities please go to our Experience [portal](#).



CLICK ON LINKS BELOW

Johnson Matthey - Speak with leaders of a business fighting climate change. 7th December from 4pm – 6pm.

<https://www.s4snextgen.org/Opportunities/View/id/2355>

Johnson Matthey - Speak with leaders of a business fighting climate change. 8th December from 4pm – 6pm.

<https://www.s4snextgen.org/Opportunities/View/id/2356>

3C Building Control – Building Communities, Building Control! 7th December from 4:30pm – 6pm.

<https://www.s4snextgen.org/Opportunities/View/id/2117>

Victrex PLC - Which Apprenticeship for me? Victrex are offering an insight in to their Apprenticeships. 8th February from 3:30pm – 4:30pm.

<https://www.s4snextgen.org/Opportunities/View/id/2386>

Kepak - Which Apprenticeship for Me - We are offering an insight in to our Apprenticeships at Kepak. 9th February from 4pm – 5pm.

<https://www.s4snextgen.org/Opportunities/View/id/1468>

Winvic Construction LTD - Winvic Construction and IM Properties. 7th December from 4pm – 6pm.

<https://www.s4snextgen.org/Opportunities/View/id/2323>

Creative Portal – Preparing for a performing arts audition – offering UCAS guidance. 20th January from 4pm – 5:30pm

<https://www.s4snextgen.org/Opportunities/View/id/2376>

Creative Portal – Create an art school application portfolio. 18th January from 4pm – 5:30pm.

<https://www.s4snextgen.org/Opportunities/View/id/2377>

Tesco – Presenting yourself with confidence. 18th January from 4pm – 5:30pm.

<https://www.s4snextgen.org/Opportunities/View/id/2372>

VIRTUAL WORK EXPERIENCE OPPORTUNITIES WITH SPEAKERS FOR SCHOOLS

We have lots of exciting opportunities available. To find out more and to apply, simply click on the logos. For further opportunities please go to our [Experience portal](#).



CLICK ON LINKS BELOW

Kameo Recruitment - Get CV and Interview Savvy - Top tips direct from recruiters. 8th February from 9:30am – 11am.

www.s4snextgen.org/Opportunities/View/id/2360

VS Associates - What is it and how does it work? 4 financial topics under the microscope. 8th December from 09:30am – 11am.

www.s4snextgen.org/Opportunities/View/id/2281

Adnams PLC - Learn about the business of hospitality and brewing with Adnams. 10th February from 9:30am – 11:30am.

www.s4snextgen.org/Opportunities/View/id/2294

NHS - NextGen Nurse – We Are People: Unlock your potential in an amazing profession. 17th January from 10am – 2:30pm.

www.s4snextgen.org/Opportunities/View/id/2348

Bentley Motors - National Apprenticeship Week 2022 - Be Extraordinary. 8th February from 10am – 3pm.

www.s4snextgen.org/Opportunities/View/id/2019

Junk Kouture - how to use fashion to tackle sustainability and creative careers! 2nd December from 10am – 2pm.

www.s4snextgen.org/Opportunities/View/id/2368

Harper Adams University - Progression University Unwrapped What is university, who can go, how do I choose a course and apply? 8th December from 09:30am – 12:30pm.

www.s4snextgen.org/Opportunities/View/id/2366

Kainos - An Opportunity to Unleash your coding hero with Kainos! 7th – 9th December from 10am – 3pm.

www.s4snextgen.org/Opportunities/View/id/2159



Level 3
Plumbing & Heating
Technician

INFO



Level 2
Autocare Technician
Sudbury

INFO



Level 2
Autocare Technician
Stowmarket

INFO



Level 2
Commis Chef
Halesworth

INFO



Level 2
Customer Service
Practitioner
Mildenhall

INFO



Level 3
Business Administrator
Martlesham Heath

INFO



Level 2
Customer Service
Practitioner
Felixstowe

INFO



Level 3
Maintenance and
Operations Engineer
Ipswich

INFO



Level 2
Commis Chef
Framlingham

INFO



Level 2
Autocare Technician
Ipswich

INFO



Level 2
Customer Service
Practitioner
Ipswich

INFO



Level 2
Commis Chef
Witnesham

INFO





**3 x Level 2
Lean Manufacturing
Operative
Levington**

INFO



**Level 2
Customer Service
Practitioner
Eye**

INFO



**Accounts or Finance
Assistant
Lowestoft**

INFO



**Multiple Opportunities Level 6
Construction Quantity Surveyor
Lowestoft**

INFO



**Multiple Opportunities
Level 6 Civil Engineering and Site
Management Lowestoft**

INFO



**Level 2
Accounts or Finance Assistant
Semer**

INFO



**Level 6
Food Industry Technical
Professional Leiston**

INFO



**Level 2
Beauty Therapist
Woodbridge**

INFO



**CLICK the following logos
to find more apprenticeship
opportunities:**



**CLICK
BELOW**

**PLEASE
SEE BELOW
APPRENTICESHIP
OPPORTUNITIES
AT WEST SUFFOLK**

Personal/Executive Assistant



**Apprenticeships New
Anglia latest opportunities**

INFO



**To apply for an Apprenticeship Suffolk vacancy,
all interested candidates must be referred to the
Apprenticeships Suffolk service.**

To refer yourself, or make a referral
on someone's behalf please email
apprenticeships@suffolk.gov.uk where you will
receive a copy of the Apprenticeships Suffolk
referral form. Upon completion a member of our
team will be in contact to have a professional
discussion. If the application entry criteria is met
your CV will be sent to an employer if applicable.

**TO VIEW THE
JOBS PAGE**

**SCAN
OR CLICK BELOW**



**TO REGISTER YOUR
INTEREST**

**SCAN
OR CLICK BELOW**



**If you would like to add an opportunity to our mailing list please email
apprenticeships@suffolk.gov.uk with details by mid-day Tuesday.**



even more apprenticeships & opportunities

**CLICK
ON LINK**

<https://www.gov.uk/apply-apprenticeship>

<https://www.findapprenticeships.co.uk>

<https://www.icanbea.org.uk/app/my-feed/>

<https://www.indeed.co.uk/Apprenticeships-jobs>

<https://www.getmyfirstjob.co.uk/>

ActivLives Changes Lives ●●●

It's not too late to sign up to ActivLives' course for young people aged 16-24 years **Grow Your Future**. - [click here to go to their website](#).

It's a great FREE opportunity for young people to learn skills outdoors as part of a community project.

Spaces are available in Ipswich and Sudbury.
Please click the link for details

INFO



Babergh and Mid Suffolk District Council are offering a Business Administration apprenticeship vacancy.

Please click here to see full job description and how to apply.

INFO



**Suffolk
New
College**

Are you looking for an apprenticeship? Current vacancies include the following opportunities: **Commis Chef, Administrator, Groundsman and Learning Support Assistant.**

For more vacancies and how to apply please click here.

INFO



WS Training

WS Training are offering many apprenticeship opportunities throughout Suffolk, including Business Administration, Customer Service, Warehouse Operative and many more.

Click here for how to apply.

INFO



**Level 3
Business Administrator
Melton**

INFO



**Level 2
Supply Chain
Operative
Ipswich**

INFO



Lighthouse are offering a full time **Digital Marketing Apprenticeship opportunity** at their Melton office. To find out more and how to apply, please click here.

INFO



**SHORT
COURSE**

YOUNG TECHNICIANS

**We are excited to
relaunch our popular
Young Technicians
Short Course for
Spring 2022!**



This introductory course is suitable for 16-25 year olds who are curious about or want to develop their knowledge, skills and employability in technical theatre roles.

Learn about sound, lighting, set design, digital theatre, prop making, stage management and more. You don't need any previous experience, just come along and get stuck in!

Sessions are delivered by our professional Production Team on-site at the New Wolsey Theatre.

Age range: 16-25

Cost: Places are free but limited.

When: Sessions take place on Thursdays, 6.30pm-8.30pm as follows:

**3rd, 10th & 17th February, HALF TERM BREAK,
3rd, 10th & 17th March 2022**

Where: Sessions will take place at the New Wolsey Theatre, Civic Drive, Ipswich IP1 2AS.

To apply for a place, please visit our website where you will find the link to a google form to fill in: <https://www.wolseytheatre.co.uk/creative-communities/#short-courses>

The deadline to apply by is Monday 3rd January 2022. We will be in touch with all applicants after that date, to let you know whether we can offer you a place.

If you have any queries about the course you can contact us at: creativecommunities@wolseytheatre.co.uk or call 01473 295930



Register on our website
www.apprenticeshipsnewanglia.co.uk



Apply to www.apprenticeshipsnewanglia.co.uk



A member of our team will speak to you



We help you explore your options



We support you to get work-ready



We match you to our current vacancies



We actively look for Apprenticeships for you



You become an Apprentice



You gain a nationally recognised qualification

For more information, contact:



01603 737739



contactus@apprenticeshipsnewanglia.co.uk



www.apprenticeshipsnewanglia.co.uk



Register on our website
www.apprenticeshipsnewanglia.co.uk



Are you aged 15-24?

Want an Apprenticeship?

Then look no further!



Apprenticeships New Anglia is an innovative 3 year ESF-funded project, designed to connect young people and businesses across Norfolk and Suffolk.



We aim to support young people who are leaving education and successfully transition them into an Apprenticeship.



Your education provider or anyone supporting you can refer you onto the project, or you can apply directly by visiting our website and registering.

www.apprenticeshipsnewanglia.co.uk



We are searching the UK for young people with talent, drive, and passion for the BFI Film Academy, a residential film course for animation and VFX artists.

DURING THE COURSE YOU WILL:

**MAKE AN
ANIMATED
FILM OR VFX
SEQUENCE**

**BUILD YOUR
PROFESSIONAL
ONLINE
PORTFOLIO**

**UNDERSTAND
HOW TO FIND
WORK AND
TRAINING IN
THIS SECTOR**

**BE OFFERED
BESPOKE
CAREERS AND
TRAINING SESSIONS
LEADING TO
A POTENTIAL
WORK
PLACEMENT**

**DEVELOP YOUR
UNDERSTANDING
OF FILM-MAKING
LANGUAGE**

**WORK WITH
INDUSTRY
SPECIALISTS
TO HONE
YOUR SKILLS**

**RECEIVE
6 MONTHS
FOLLOW UP
CAREERS AND
TRAINING SUP-
PORT**

**CINEMA
&
RESTAURANT
TRIP**

To find out more or to apply visit:

[**filmworkshop.com/residential**](http://filmworkshop.com/residential)



IN PARTNERSHIP WITH
BLINKINK

AGE
16 - 19?

DO YOU
WANT A
CAREER IN
THE FILM
INDUSTRY?

13-19
FEB
2022

IMAGINE
YOUR
FUTURE

DEADLINE
6th DEC
2021



ANIMATION AND VFX



Please visit www.stowhigh.com to see our school

Part of

