

# futures

fortnightly



## Dear Families



I often write in this blog that skills are equally as important to a student's development as academic performance. How much more 'employable' would they be if they not only have a solid set of GCSE's, but also the key skills employers look for?

Examples, but by no means an exhaustive list include organisation, leadership, resilience, initiative, and communication. An important part of displaying most of these skills requires feedback and the ability to be resilient when accepting it.

How well did you perform with that project, what areas do you need to develop, how can we support you to evolve even further in this role? You won't progress or move forward in a job if you don't listen to feedback.

### 1 Feedback is always there

If you ask someone in any role when feedback occurs, they will typically mention a survey, performance appraisal, or a training evaluation. Feedback is around us all the time. Every time we speak to a person, employee, customer student, parent, etc., we communicate feedback. In actuality, it's impossible not to give feedback.

### 2 Feedback is effective listening

Whether the feedback is done verbally or via a feedback survey, the person providing the feedback needs to know they have been understood (or received) and they need to know that their feedback provides some value.

### 3 Feedback can motivate

Feedback can motivate employees to perform better. Employees like to feel valued and appreciate being asked to provide feedback that can help formulate business decisions. Also, feedback from clients, suppliers, vendors, and stakeholders can be used to motivate to build better working relations.

continued on next page

continued from previous page

#### 4 Feedback can improve performance

Feedback is often mistaken for criticism. In fact, what is viewed as negative criticism can be constructive criticism and is the best kind of feedback. It can help to formulate better decisions to improve and increase performance, working with a growth mindset rather than a fixed one.

#### 5 Feedback is a tool for continued learning

Continued feedback is important to remain aligned to goals, create strategies, develop products and services, improve relationships, and much more. Continued learning is the key to improving.

For us to model this to our students we want to facilitate a 'you said, we did' ethos across the futures programme. We started with the youth empowerment conference, and we have also set up a focus group for Year 9 and 10 students to feedback on our curriculum offer.

Our final piece on the jigsaw is to gauge the opinion of our families. In the spirit of what I've outlined above, if you can spare 5 minutes of your time to complete our survey, we would really value your opinions. Results and planned actions will be published on our website.

[Complete Survey Here](#)



# futures

f o r t n i g h t l y

# Where are they now?

This week we focus on Jake Langford who attended Stowmarket High School from 2014-2019



## ► What have you done since leaving Stow High and where are you working now?

Since leaving SHS I have worked as an Open Water Lifeguard and within Computer Tomography scanning at West Suffolk Hospital, whilst attending the Army Officer Selection Process – taking a year start to finish.

I am now at the Royal Military Academy Sandhurst about to finish the arduous year long commissioning course where I will then commission as a 2nd Lieutenant, Royal Army Medical Corps, to command 30 Combat Medical Technicians and professionally qualified personnel, looking towards deployments in Mali and potential future humanitarian aid in the Caribbean, as well as being on standby for any potential future conflicts.

## ► What is your fondest memory of Stowmarket High School?

My fondest memory of SHS was the year 12 Design Exhibition, in which I created a large beach bar, design itself was a brilliant subject in which there was a brilliant team-

dynamic, a golden thread pulled through in my career.

## ► What was the best bit of advice you ever received from one of your teachers?

'The thing is with you Jake, you have the ability... you just need to put in the effort'  
*-Mr. Blewitt*

Although perhaps not quite the quote this newsletter usually receives, it holds a pertinent message... knowledge is power, but without the effort it is redundant. Throw yourself into a task and you will reap more from it.

## ► What advice would you give your Year 9 self now?

Try not to doubt yourself, everybody brings their own strengths and weaknesses to the table, try not to hide behind what you're confident in just to avoid the areas that you are not.

In my current workplace I am surrounded by Oxford and Cambridge graduates, UAE royalty and internationals who work within their own country's special forces

(intimidating, I know), but we all bring something to the table with our individual experiences and thoughts – and that's what makes a team work.

## ► What were your favorite subjects at school and how have they helped you in your job today would you say?

Design, History and Psychology. Studying History is the only way in which we prevent ourselves making the same mistakes in the future, any future leader should have a good knowledge of history and the foundational analytical skills I took from history I use in day-to-day work.

Design had a brilliant work ethic and team dynamic, everybody worked for each other, and our group has kept close since, often making time aside from work to meet. Having a good team dynamic is crucial for any area of the Army and it is how we achieve our end goals.

Psychology, you cannot lead people effectively unless you understand them... much of

continued on next page



continued from previous page

this comes down to emotional intelligence within leaders. Being able to understand the emotions and actions of a group of people, or individuals is crucial in leading and understanding.

► **Shout out to anyone in particular?**

Mr. Smith and Mrs. Relf for giving me a good baseline understanding of analysis and the importance of history in shaping the future.

Mrs. Arnold for showing how creative approaches and thoughts can solve problems and create links.

The ability of writing especially that of persuasive writing, should not be underestimated. Much of my job will include writing reports on my soldiers that have a direct impact on their career thus the ability to write well should always be within any leader's skillset.

Mr. Rourke for his help in Math's, he had a genuine care towards my development and without him I would not have achieved the grades that I required to go forward in my career.

Mr. Hawkins, Duszynski, Bannister and Burgess for creating the team dynamic that they did within the design department... and allowing us to get things wrong sometimes!

Mr. Blewitt, for his honesty and giving me the occasional kick...



We would love to hear from you and feature you in our 'Where are they now?' series, register your interest here: [futures@stowhigh.com](mailto:futures@stowhigh.com)

**REGISTER**











Advice and a Slice last week in the LRC, where we had Alumni Jake Langford, who has just commissioned from the Royal Military Academy Sandhurst as a 2 Lieutenant, Royal Army Medical Corps, to command 30 Combat Medical Technicians and professionally qualified personnel, looking towards deployments in Mali and potential future humanitarian aid in the Caribbean, as well as being on standby for any potential future conflicts.

He is currently enrolled in a Defence and International Affairs degree whilst also studying Cultural and Behavioral Science and War Studies. He gave a fantastic session on his career path to date and the students were super engaged and asked lots of questions, he proved so popular he will be back again soon!



## Sessions

**Wednesday 25th May 2022 - 12.30pm**

Joe Stocking, Head of Music & Media  
at West Suffolk College

**Music & Working  
with the Stars**

**Wednesday 8th June 2022 - 12.30pm**

Annabele Osborne, Neaco Art Champion

**Creative Careers  
Workshop**

All in the LRC at lunchtime please let Mrs. Myrea know in the LRC Office or email her on [m.myrea@stowhigh.com](mailto:m.myrea@stowhigh.com) to make sure that we have enough Dominos Pizza



Following the NCS presentation in form time on Thursday, Beth from NCS was here to host a pop up drop in during lunchtime for Year 11 in the Atrium.

A fantastic programme for Year 11's to get involved in over the summer including a fun residential and a local action project. Great for CV's and College and Uni applications down the line. There is still time to sign up email Beth on [beth.corley@itfc.co.uk](mailto:beth.corley@itfc.co.uk)



**NCS**  
this  
summer?





## CAREER SESSION: MARKETING

1 MEADOW LANE, SUDBURY  
WEDNESDAY JUNE 1ST 10am-12pm

FOR YOUNG PEOPLE AGE 13 - 24  
BOOK YOUR FREE PLACE AT  
CAREERIOSITY.CO.UK



Are you interested in a career in marketing? Maybe you'd like to design websites, or learn the art of search engine optimisation? Perhaps you fancy becoming a whizz at creating posts for social media, finding out what customers think, or designing perfect logos?

There are so many paths to wander down in the world of marketing! Come along to this free career session for young people and learn from the highly talented (and award winning) team at Mackman Group - creative branding, marketing and research specialists based in Sudbury.

We're so grateful to Mackman Group for creating this marketing session. Mackman Group is made up of a branding and marketing agency (Mackman) and a market research agency (Mackman Research).

Mackman create brands that are visually distinctive, intelligently positioned and strategically designed, including brand development, marketing strategy, website design and development, marketing communications, digital marketing, and video production. Mackman Research work with a huge range of organisations to provide them with research services like marketing insight, competitor analysis, and social research.



CAREERIOSITY

For further details and to book a free place  
Visit [www.careeriosity.co.uk](http://www.careeriosity.co.uk)  
Email [careeriosity@baberghmidsuffolk.gov.uk](mailto:careeriosity@baberghmidsuffolk.gov.uk)



**West Suffolk Foundation Trust Health and Care Academy is offering a virtual course across six Saturday mornings between May and July 2022 to anyone aged 15-19, who would like to gain an insight into working in Health and Care. Delivered by the West Suffolk NHS Foundation Trust, the aim of this series of free virtual sessions is to encourage and inspire young people thinking about a career in Health and Care to take the next step.**

This six-session academy course is being delivered virtually via Microsoft Teams, on Saturday 14th and 21st May, 11th and 28th June and 2nd and 9th July. It will include insight sessions into careers such as Midwifery, Medicine, Health Care Assistant, physiotherapy and Primary Care, Information on key skills required to working in Health and Care as well as advice on CV and personal statement writing.

This programme is the first step in accessing information about working in the Health and Care sector and the range of careers available. Health and Care ambassadors will lead the programme and participants will get a chance to ask any questions. On completion of the short course, participants will be provided with support in accessing their next steps and are also awarded a certificate of participation which will look great on CVs and will help at future interviews.



## **West Suffolk NHS Foundation Trust**

### **Feedback from participants of a previous Health and Care Academy: -**

“Just wanted to say thank you for all your advice, help and information regarding different NHS careers. It has been so enjoyable and I would love to do this again if I could!”

“I found this Academy very interesting, learning about different roles and how important they are, as well as understanding the fundamental characteristics needed in Health and Care careers.”

“I benefitted from the fact we get to ask questions as when you’re studying in college the majority of the time you get taught the knowledge but don’t get the honest insight into what it’s actually like as your teacher isn’t experienced in that sector.”

“Thank you very much! I learnt so much about jobs that I hadn’t previously considered.”

**FIND OUT MORE**



# VET MENTOR



YOUR MEDIC FAMILY

Dr Alex here, President of Vet Mentor. I'm delighted to announce the return of the FREE Get into Veterinary Medicine Conference for all aspiring vet students.

**I will be hosting  
a FREE Get into  
Veterinary Medicine  
Conference on:  
Sunday 15th May  
from 9:30am to  
5:30pm.**

The conference is a fantastic opportunity for aspiring students. Register your free place using this link:

<https://airtable.com/shrs1hEiPfdSSgnl2>.

Now is the ideal time for students to begin preparing for their application to veterinary medicine, and this conference will equip you with the skills and resources to do exactly that.

**Attendees will be guided towards becoming the best university candidate they can be with:**

- CV Building
- Veterinary Work Experience
- Personal Statement Advice
- Veterinary School Interview Training
- Help with accessing Veterinary Awards, Prizes, and Leadership Programs
- Guidance in applying for Scholarships to study Veterinary Medicine at University

**I'll also be answering any questions about UCAS and what it's like to work as a Vet day-to-day.**

Feel free to find out more about the Get into Veterinary Conference and how it you will benefit here:

<https://medicmentor.co.uk/online-get-into-veterinary-medicine-conference/>

Attendees who stay for the entire conference will be awarded a Certificate of Attendance to add to their UCAS application!

Book your place for Sunday 15th May 9:30am - 1:30pm by filling out this short form:

<https://airtable.com/shrs1hEiPfdSSgnl2>

*Many thanks!*

Dr Alex Davies  
President of Vet Mentor  
Your Medic Family





**HELPING STUDENTS GET INTO HEALTHCARE**  
SINCE 2015



With summer quickly approaching, I wanted to get in touch to remind your students that we only have a few spaces left on our summer UK Medical Work Experience Week.

**During this week, full of interactive medical work experience, students will:**

- Assess, diagnose and treat patients in realistic A&E simulations
- Master medical skills such as: Cannulation, venepuncture, CPR & others
- Get NHS Doctor and medical students teaching with personalised and group feedback
- Get UCAT and BMAT advice and tips from top-scoring medical students
- Undergo a 6-station, 1-to-1 mock interview with personalised feedback
- Spend a week in London with like-minded medicine applicants 24/7 staff supervision, central London accommodation and breakfast and dinner are all included too.

**We currently have spaces available on the following summer dates:**

- 10th July 2022 (only a few spaces left)
- 17th July 2022
- 31st July 2022 (only a few spaces left)
- 7th August 2022

Your students can find out more about this opportunity and book their space following this link: [educationprojects.co.uk/courses/uk-medical-work-experience-course](https://educationprojects.co.uk/courses/uk-medical-work-experience-course).

**Have a great rest of your day!**

**SIGN UP**



**We hope you had a fantastic Easter and are looking forward to the rest of Spring 2022.**

As this year continues, we are now seeing more learners successfully achieve their Apprenticeship or Full Time Programmes and employers are already taking advantage of this by recruiting their next Apprentice to start in the summer.



**Customers are also utilising the funded training programme which we have available.**

In this latest newsletter you will find updates on:

- Apprenticeships for Spring & Summer 2022
- Commercial Training Available
- Level 3 Qualifications Fully Funded
- Sustainability Centre, Events and Training

## Apprenticeships

There are always two options available to employers when engaging with Apprenticeship Training - either recruit a new Apprentice or upskill an existing member of your workforce.

We are currently supporting over 40 employers to source and recruit new Apprentices, either to start immediately or for the summer. It's important to keep a step ahead of your competition and ensure you attract the best applicants possible. Even if you wish to start someone in August or September, please contact us so we can reserve your place on the programme (places are at a premium on certain courses).

On the right are some of the programmes we have ready to start for existing employees. You can use your Apprenticeship Levy or access 95% of the training fee from the Government for this new skills development.

Contact us [apprenticeships@wsc.ac.uk](mailto:apprenticeships@wsc.ac.uk) to discuss your needs in further detail.

**Digital Marketer**  
Level 3



**Laboratory Science Technician**  
Level 3



**Adult Care Worker**  
Level 2



**Team Leader / Supervisor**  
Level 3



**HR Support**  
Level 3



**FOR OUR FULL LIST OF APPRENTICESHIPS PLEASE CLICK HERE**





**West Suffolk  
College are  
here to help and  
support the skills  
development of  
your staff.**

Our Commercial Courses offer a short and direct route to enhance knowledge and formal accreditation. Local funding grants are available to support specific training so please get in touch to either book a staff member on one of our open courses or to discuss designing a bespoke training package for your organisation.

Please see below some of the courses we have starting soon.

**For any enquiries please contact [training@wsc.ac.uk](mailto:training@wsc.ac.uk)**

### **AAT Advanced Level 3**

Distance Learning

Cost = £2500

**MORE**



### **AAT Bookkeeping Level 3**

Multiple Start Dates

Cost = £1000

**MORE**



### **Electric Vehicle Charging Installation**

Starting 9 May 2022

Cost = £295

**MORE**



### **Effective Use of Social Media for Business**

29 April 2022

Cost = £95

**MORE**



### **Effective Use of Social Media for Business**

15 June 2022

Cost = £95

**MORE**



### **IOSH Managing Safely**

Starting 11 July 2022

Cost = £399

**MORE**



### **ITOL Coaching Diploma Level 5**

Starting 11 May 2022

Special Price = £1295

**MORE**



### **Emergency First Aid at Work**

3 May 2022

Cost = £95

**MORE**



### **Level 2 Award in Food Catering**

10 May 2022

Cost = £70

**MORE**



**FOR OUR FULL LIST OF APPRENTICESHIPS PLEASE CLICK HERE**



# Virtual ROUTES INTO STEM

Helping young people make an informed choice on the right STEM pathway for them



**Flexible study courses running in October 2021, February & July 2022**

## Discover where your interests could take you

If you are enjoying your Tech, Design, Maths or Science studies at school and would like to know what exciting future these subjects could lead to, then we have the course for you! Our Virtual Routes into STEM course makes finding out about your future STEM options, developing your skills and knowledge, and hearing from experts easy to do.

## We are here to help.

At EDT, we are highly experienced in connecting young people with industry and inspiring STEM futures. There are more career options in STEM than you could ever imagine, and many different routes to get you there. Join one of our online courses to find out more and we will help navigate you through.

## Virtual Routes into STEM course

This is an innovative and exciting opportunity for all students aged 13-16 (Yr 9&10 / S3&4) to explore the various routes they can take towards their STEM (Science, Technology, Engineering and Maths) career. It is designed to give students an insight into pathways following GCSEs/Nat 5 and Highers including study routes via college and university and direct apprenticeship routes through industry. It is suitable for all academic abilities - all that is required is a genuine interest in STEM subjects and inquisitiveness about what the future can hold.

Approximately 20 hours of studies are required to be completed over 3 weeks, allowing students to study flexibly at a pace that suits their individual circumstances, giving them the freedom to study around other activities that they may have planned.

**LIVE**

*A variety of live interactive sessions will take place allowing students to listen and ask questions to diverse STEM professionals and student ambassadors.*

[Click here for full course details](#)







# ROUTES INTO STEM

- gives students a fantastic insight as to what life would be in a variety of different settings. Students will be able to tour a variety of multiple colleges, universities, and employers across the UK virtually.
- grants access to a comprehensive program of study, engaging challenges, and a wealth of information enabling students to better understand their future study and career options.
- sets out a chance to take part in exciting STEM activities and projects including hands on problem solving, decision making and critical thinking tasks.
- provides access to live STEM education and career sessions with range of role models including student ambassadors, apprentices, graduates, academics as well as mentor panels with STEM employers to join live Q&A session with an opportunity to ask our panel of experts any questions.
- awards students with an extremely valuable addition to their portfolio, a highly regarded industry led accreditation that was inspired by HRH The Prince of Wales. Upon successful completion of the course, students will receive a Bronze Industrial Cadets award and be in a position to make a more informed decision about their future.

## Course details

The course cost is £60 towards the cost of administration and the Industrial Cadets Bronze award. Bursary places are available, please refer to the application form.

### Next course dates:

21st Oct – 11th Nov 2021  
10th Feb - 3rd Mar 2022  
14th Jul – 4th Aug 2022

If you have any further questions, [click here for more info](#) or please contact our team at [studentrecruitment@etrust.org.uk](mailto:studentrecruitment@etrust.org.uk) or call on 01707 906106

**APPLY NOW**



**Don't just take our word for it!**



**96%** of the students feel their skills and knowledge have improved from taking part in the course.

*"The course gave me a clearer insight into the different routes following my GCSEs, and mapped out the bigger picture along with skills needed to be successful in any STEM career."*

**99%** of students agree or strongly agree they have learnt more about STEM career opportunities available to them following their GCSEs/Nat 5 and Highers.

*"It helped me gain confidence in my future career decisions and solidified what I would like to pursue in the future. Furthermore, I improved skills which I would not have otherwise, like independent working and research for the graduation project. I am really grateful for the opportunity."*

**99%** of students feel confident about making future study and careers choices after the course, compared to 63% pre-course.

**INVESTIN**

# Summer Career Experiences

15 industries | Ages 12-18

**SUMMER CAREER EXPERIENCES**

Trustpilot  
★★★★★

MORE THAN  
**80% FULL**

IMMERSIVE INDUSTRY EXPERIENCE FOR STUDENTS  
AGED 12-18

Over the Easter period, we were busy putting the finishing touches to our immersive summer career experiences in London. We are now more than 80% full across the board and expect to close registration soon.

Some of the life-changing opportunities on offer: Debate in a 'Model UN' session at Amnesty International; experience sports psychology at a Premier League club; display your artwork in a private

gallery at the Tate Modern; piece together a supercar engine with F1 engineers; direct scenes on a Hollywood film set; and many other incredible professional experiences that students simply cannot find anywhere else.

**CLICK TO  
View & Register:  
Ages 15-18**

**CLICK TO  
View & Register:  
Ages 12-14**



## 15 World-Class Experiences

"IT'S WORTH EVERY SINGLE SECOND OF YOUR TIME"

Sanya, Student ★★★★★



"I NOW KNOW WHAT I WANT TO DO WITH THE REST OF MY LIFE"

Melisa, Student ★★★★★

"I'VE GOT MORE OUT OF THIS EXPERIENCE THAN I EVER THOUGHT I WOULD!"

Ashleigh, Student ★★★★★



Click below on your your area of interest

**Architecture:** complete design projects in a real studio

**Art:** present your portfolio to a panel of top artists

**Dentistry:** drill teeth on phantom heads

**Engineering:** explore a private jet with BA engineers

**Entrepreneurship:** pitch a business plan to top CEOs

**Filmmaking:** direct a movie scene on a real film set

**Forensic Science:** analyse fingerprint and blood splatter evidence

**Investment Banking:** trade the markets live in a London skyscraper

**Law:** argue a case before a judge in the Supreme Court

**Medicine:** shadow doctors in a London teaching hospital

**Politics:** 'Model UN' with real UN staff

**Psychology:** work with psychologists on a mental health ward

**Software Engineering:** create your own healthcare app

**Veterinary Medicine:** practise vet surgery on dummy animals

**Video Game Design:** design a game and pitch it to professionals

## Summer Experiences in Action

Click on the video to see real footage from previous Summer Experiences.



**OPEN EVENING FOR SEPTEMBER 2023 STUDY  
YEAR 11s ALSO WELCOME**

**ATTENTION  
YEAR 10s**

**Don't miss out -  
book now!**

**[www.longroad.ac.uk](http://www.longroad.ac.uk)**

# ▶ **OPEN ROAD** **EVENINGS**

**5TH & 6TH JULY 2022, 5-9PM**

**Come and discover the right road for you!**

At Long Road Sixth Form College there's lots of choice: A levels, practical Diplomas, a mix of the two or GCSE re-sits. Whichever direction you take, as a member of our friendly, vibrant and dynamic community you can develop the skills, independence and focus you need to keep moving forward.

**#OPENROAD**



**LONG  
ROAD** SIXTH FORM  
COLLEGE  
CAMBRIDGE

**Ofsted**  
Good  
Provider



# apprenticeships & opportunities around suffolk




**Level 3 Metal Fabricator**  
Rendlesham




*Multiple Opportunities*  
**Level 2 Customer Service Practitioner**  
Ipswich




*Multiple Opportunities*  
**Level 2 Hospitality Team Member**  
Ipswich




**Level 2 General Welder**  
Ipswich




**Level 2 Customer Service Practitioner (x4)**  
Ipswich




**Level 3 Business Administrator**  
Ipswich



*The Highwayman*  
RESTAURANT & PUBLIC HOUSE

**Level 2 Commis Chef**  
OR **Level 2 Production Chef**  
Ipswich




**Level 3 Business Administrator**  
Ipswich




**Level 2 Customer Service OR Level 2 Leisure Team Member**  
Bungay




**Level 2 Property Maintenance Operative**  
Martlesham Heath




**Level 2 Recruitment Resourcer**  
Ipswich




**Level 2 Customer Service Practitioner**  
Felixtowe




**Level 2 Customer Service Practitioner**  
Felixstowe



**Level 3 Heavy Vehicle Service and Maintenance Technician**  
Felixstowe



**Level 3 Maintenance and Operations Engineer**  
Ipswich



**Level 2 Commis Chef**  
Halesworth



**SMARTSPACE**  
SOFTWARE

**Level 2**  
**Customer Service**  
**Practitioner**  
Mildenhall



**Multiple Opportunities**  
**Level 6**  
**Civil Engineering**  
**and**  
**Site Management**  
Lowestoft



**3 x**  
**Level 2**  
**Lean Manufacturing**  
**Operative**  
Levington




**Multiple Opportunities**  
**Level 6**  
**Construction**  
**Quantity Surveyor**  
Lowestoft



**Level 2**  
**Accounts or Finance**  
**Assistant**  
Lowestoft



**Level 2**  
**Commis Chef**  
Witnesham



**Level 2**  
**Beauty Therapist**  
Debenham



**Level 2**  
**Supply Chain Operative**  
Ipswich

**CLICK ON THE OPPORTUNITY YOU'RE INTERESTED IN FOR MORE INFORMATION**



**Level 2**  
**Accounts or Finance**  
**Assistant**  
Ipswich



**Apprenticeships New Anglia latest opportunities**



**CLICK the following logos to find more apprenticeship opportunities:**





**To apply for an Apprenticeship Suffolk vacancy, all interested candidates must be referred to the Apprenticeships Suffolk service.**

To refer yourself, or make a referral on someone's behalf please email [apprenticeships@suffolk.gov.uk](mailto:apprenticeships@suffolk.gov.uk) where you will receive a copy of the Apprenticeships Suffolk referral form. Upon completion a member of our team will be in contact to have a professional discussion. If the application entry criteria is met your CV will be sent to an employer if applicable.



**TO VIEW THE JOBS PAGE**

**SCAN OR CLICK BELOW**

**TO REGISTER YOUR INTEREST**

**SCAN OR CLICK BELOW**

If you would like to add an opportunity to our mailing list please email [apprenticeships@suffolk.gov.uk](mailto:apprenticeships@suffolk.gov.uk) with details by mid-day Tuesday.





Level 2  
Accounts or Finance  
Assistant Semer



Level 2  
Beauty Therapist  
Debenham



Level 2  
Supply Chain Operative  
Ipswich



## Farrans WEX Opportunities:

Farrans Construction are welcoming applications for Work Experience on the Gull Wing Project based in Lowestoft.



**Document  
Controller Work  
Experience Lowestoft**



**Community Benefit  
Coordinator  
Work Experience  
Lowestoft**



**Environmental Assistant  
Work Experience Lowestoft**



**Quality  
Assistant Work Experience  
Lowestoft**



**Planner/Planning  
Department  
Work Experience Lowestoft**



**Health & Safety Assistant  
Work Experience  
Lowestoft**



**General Construction Work  
Experience Lowestoft**



**Site Engineer  
Work Experience  
Lowestoft**



**Stores Person  
Work Experience  
Lowestoft**



**Quantity  
Surveyor/Commercial  
Department Work  
Experience Lowestoft**



**Admin/Office Roles  
Work Experience  
Lowestoft**



# Opportunities with WS Training



For the full job descriptions click the job titles.



Archer Resourcing  
**Level 3  
Business Administrator**  
Ipswich



Burhill Logistics  
**Level 2 Customer  
Service Practitioner**  
Felixstowe



Cargo Secure Ltd  
*We can lift anything!*  
**Level 3 Business  
Administrator**  
Felixstowe



Eagle Freight Terminal Ltd  
**Level 3 Business  
Administrator**  
Ipswich



Eastern Hose & Hydraulics  
**Level 2 Lean  
Manufacturing Operative**  
Ipswich



ForFarmers UK Limited  
**Level 2 Customer Service  
Practitioner**  
Bury St Edmunds



Hoseflex Limited  
**Level 2 Supply Chain  
Warehouse Operative**  
Bury St Edmunds



Infotex  
**Level 3 Business  
Administrator**  
Woodbridge



Liquidline  
**Level 3 Business  
Administrator**  
Ipswich



Menta  
**Level 3 Business  
Administrator**  
Bury St Edmunds



Only Social Care  
**Level 3 Business  
Administrator**  
Ipswich



Portico GB Ltd  
**Level 3 Business  
Administrator**  
Bury St Edmunds



Seers Medical  
**Level 3 Business  
Administrator**  
Stowmarket



Smsl Limited  
**Level 3 Business  
Administrator**  
Newmarket



Touchline Group  
**Level 2 Lean  
Manufacturing Operative**  
Stowmarket



TruTrak Limited  
**Level 3 Business  
Administrator**  
Ipswich



Framfield House Surgery  
**Level 3 Business  
Administrator**  
Woodbridge



Maersk  
**Level 3 Business  
Administrator**  
Felixstowe





# even more apprenticeships & opportunities

**CLICK ON LINK**

<https://www.gov.uk/apply-apprenticeship>

<https://www.indeed.co.uk/Apprenticeships-jobs>

<https://www.findapprenticeships.co.uk>

<https://www.getmyfirstjob.co.uk/>

<https://www.icanbea.org.uk/app/my-feed/>



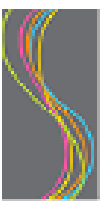
East Coast College have three available positions with PCE Automation Ltd for Apprentice Multi Skilled Engineers.



East Coast College have two available positions with Birdseye for Apprentice Multi Skilled Engineers.



East Coast College have two available positions with Birdseye for Apprentice Multi Skilled Engineers.



Click here to view Suffolk New College's current list of live vacancies on their website.



Click here to view WS Training's current list of available apprenticeship vacancies on their website.



Keep an eye out for our Instagram! Posts will be coming soon...

@apprenticeshipssuffolk

## Yojo

Yojo is a new app created by The Children & Young People's Engagement Hub at Suffolk County council which helps young people in Suffolk find apprenticeships and explore career paths.

It has many features, such as the develop section which delivers guidance in creating a CV, the contact section which helps signpost people to find support in areas that they need, and the search section which shows current vacancies based on the persons interests.

For more details about the Yojo App visit [www.yojoapp.co.uk](http://www.yojoapp.co.uk)



# MEDICINE SUMMER EXPERIENCES



MORE THAN  
**80%  
FULL**



Applications for medicine-related degrees have rocketed since the onset of the Covid-19 pandemic, but universities often insist on applicants having had meaningful work experience in the field.

We are offering students aged 12-18 exclusive medical experience this summer in world-class hospitals and clinics across London: highly-immersive activities supervised by experienced doctors, dentists, vets, psychologists and more.

[View All Experiences & Register](#)

## DENTISTRY

Shadow dentists in clinics and hospitals  
Learn to drill and take impressions  
Take patient histories



## FORENSIC SCIENCE

Examine key evidence on a crime scene  
Review fingerprint and blood spatter analysis  
Experience expert witness testimony in a courtroom



## PSYCHOLOGY

Attend patient consultations  
Work with a team of psychologists in a mental health ward  
Discover sports psychology at a Premier League football club



## VETERINARY

Meet patients in an animal hospital  
Experience equine rehabilitation  
Review blood tests and ultrasounds



## MEDICINE

Shadow doctors in hospital  
Watch a live surgery  
Learn to take blood  
Review X-rays





# futures fortnightly





Please visit [www.stowhigh.com](http://www.stowhigh.com) to see our school

Part of

