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YOUR WEEKLY MENU










MONDAY

-  Thyme Roasted Chicken w/ Sweet Chilli Glaze
-  Sweet Potato & Vegetable Tagine Vegan
-  Roasted Vegetables & Mediterranean infused Cous Cous
-  Pasta King Daily Specials
-  Falafel & Houmous Pitta
-  Cajun Mosquitos
-  Blueberry Muffin


TUESDAY

-  Bacon, Pesto & Mushroom Carbonara Linguine
-  Spinach & Potato frittata
-  Garlic Bread & Zesty Broccoli
-  Pasta King Daily Specials Margarita Hand Stretched Pizza
-  Cheesy Chicken Sub
-  Moroccan Pita
-  Peach Melba Crumble & Custard








WEDNESDAY

-  Roast Loin of Pork, Apple Sauce Sage & Onion Stuffing w/ Gravy
-  Sweet Potato & Lentil Filo Wellington Vegan
-  Roasted Potatoes, Baton Carrots & Green Beans
-  Pasta King Daily Specials
-  BBQ Pulled Pork Roast Baguette
-  Spicy Chicken Caesar Wrap
-  Apple Tart Tartin & Ice cream

THURSDAY

-  Red Thai Curry Chicken Meatballs
-  Thai Spiced Sweetcorn Burger Vegan & Potato Wedges
-  Peas & Basmati Rice
-  Pasta King Daily Specials Margarita Hand Stretched Pizza
-  Chicken Kiev Quesadilla
-  Meatball Slider
-  Lemon & Lime Drizzle

FRIDAY

-  Battered Fillet of Fish / Taste of Suffolk Sausage
-  Falafel & Spinach 1/4 Pounder Vegan
-  Chips, Baked Beans & Crushed Minted Peas
-  Pasta King Daily Specials
-  Dirty Wedges Tomato Salsa & Cheese
-  Southern Fried Crispy Burger
-  Chocolate Cake

Allergen Information:

Please ask a member of staff if you require information on the ingredients in the food we serve.

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YOUR WEEKLY MENU









MONDAY

-  Mexican Beef Chilli & Sour Cream
-  Summer Vegetable Tostada Vegan
-  Lime Scented Rice & Roasted Vegetables
-  Pasta King Daily Specials
-  Pepperoni Pizza Panini
-  Cajun Mosquitos
-  Churros & Chocolate Sauce








TUESDAY

-  Chinese Szechuan Chicken & Broccoli
-  Classic Sweet & Sour Vegetables Vegan
-  Plain Chow Mein Noodles
-  Pasta King Daily Specials Margarita Hand Stretched Pizza
-  Sloppy Joe Hot dog
-  Moroccan Pita
-  Coconut & Jam Macaroon Slice








WEDNESDAY

-  Roast Honey Glazed Gammon w/ Grilled Pineapple
-  Roasted Summer Vegetable Gratin Vegan
-  Roasted Potatoes, Baton Carrots & Cauliflower Cheese
-  Pasta King Daily Specials
-  Roasted Gammon & Cheese Baguette
-  Spicy Chicken Caesar Wrap
-  Eton Mess Cheesecake

THURSDAY

-  Three Cheese Meatball Lasagne
-  Mature Cheddar Bubble & Squeak Cakes
-  Broccoli & Baton Carrots
-  Pasta King Daily Specials Margarita Hand Stretched Pizza
-  Jerk Chicken Rice Pot
-  Meatball Slider
-  Sticky Toffee Pudding & Butterscotch Sauce

FRIDAY

-  Battered Fish Fillet / Taste of Suffolk Sausage
-  Vegan Sausage Roll
-  Chips, Baked Beans
-  Pasta King Daily Specials
-  Cajun Salmon Goujon Wrap
-  Southern Fried Crispy Burger
-  Chocolate Brownie

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YOUR WEEKLY MENU










MONDAY

-  Creamy Chicken & Leek Pie
-  Vegetable & Pesto Rose Tart
-  Crushed New Potatoes, Baton Carrots & Peas
-  Pasta King Daily Specials
-  Vegetable & Bean Salsa Burger Vegan
-  Cajun Mosquitos
-  Sticky Gingerbread Cake







TUESDAY

-  Pork/Apple Burger w/ Gherkins & Classic Burger Sauce
-  Macaroni Cheese
-  Corn on the Cob, Herbed Potato Wedges
-  Pasta King Daily Specials Margarita Hand Stretched Pizza
-  Lamb Kofta Mint Yoghurt
-  Moroccan Pita
-  All American Apple Pie & Ice Cream








WEDNESDAY

-  Roast Chicken with Sage & Stuffing w/ Gravy
-  Cumberland Vegan Toad in Hole
-  Roasted Potatoes, Baton Carrots & Braised Red Cabbage
-  Pasta King Daily Specials
-  Roasted Chicken & Stuffing Baguette
-  Spicy Chicken Caesar Wrap
-  Frosted Carrot Cake

THURSDAY

-  Lamb Keema & Potato Curry
-  Onion Bhaji Burger w/ Sweet Potato Wedges
-  Pilau Rice, Cauliflower Florets & Peas
-  Pasta King Daily Specials Margarita Hand Stretched Pizza
-  Buffalo Chicken Pasty
-  Meatball Slider
-  Banoffe Pie

FRIDAY

-  Battered Fish Fillet / Taste of Suffolk Sausage
-  Vegan Vegetable Spring Sweet Chilli Vege Noodles
-  Chips, Baked Beans & Crushed Minted Peas
-  Pasta King Daily Specials
-  Cheese & Ham Panini
-  Southern Fried Crispy Burger
-  Chocolate Fudge Slice Chocolate Cake

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