

Break Menu



MONDAY

Cheese & Tomato Pizza Slice (v) - £1.30
2 Hash Browns (v) - £1.00
Pain-au-Chocolate (v) - £1.00
Fruit and Yoghurt Pots
Cold Grab and Go Selection

TUESDAY

Pepperoni Pizza Slice
Potato Wedges (v) - £1.15
Strawberry & White Chocolate Swirl (v) - £1.15
Fruit and Yoghurt Pots
Cold Grab and Go Selection

WEDNESDAY

½ Bacon Baguette - £1.30
2 Hash Browns (v) - £1.00
Tugo Pizza Muffin (v) - £1.15
Fruit and Yoghurt Pots
Cold Grab and Go Selection

THURSDAY

Cheese & Tomato Pizza Slice (v) - £1.30
Potato Wedges (v) - £1.15
Toffee & Banana Muffin (v) - £1.15
Fruit and Yoghurt Pots
Cold Grab and Go Selection

FRIDAY

Pepperoni Pizza Slice - £1.30
Jumbo Sausage Roll - £1.30
2 Hash Browns (v) - £1.00
Fruit and Yoghurt Pots
Cold Grab and Go Selection



Lunch Menu Week One



GREEN EARTH MONDAY

- MAIN CHOICE 1:** Mac n Cheese Topped with Cajun Vegetables
MAIN CHOICE 2: Baked Smoky Veggie Tortilla
VEGETABLES: Broccoli & Carrots
DESSERT: Apple Crumble & Custard

TUESDAY

- MAIN CHOICE 1:** Shepherd's Pie Topped with Sweet Potato
MAIN CHOICE 2: Veggie Shepherd's Pie
VEGETABLES: Green Cabbage & Garden Peas
DESSERT: Jam Sponge & Custard

WEDNESDAY

- MAIN CHOICE 1:** Traditional Roast Chicken with Stuffing
MAIN CHOICE 2: Roasted Vegetable & Lentil Loaf
VEGETABLES: Roast Potatoes, Carrots & Cauliflower
DESSERT: Chocolate Brownie

THURSDAY

- MAIN CHOICE 1:** Chicken Balti Curry Wholegrain Rice, Naan & Onion Salad
MAIN CHOICE 2: Squash & Chickpea Balti Curry, Rice, Naan & Onion Salad
VEGETABLES: Bombay Potato & Mixed Garden Salad
DESSERT: Sticky Toffee Pudding

FRIDAY

- MAIN CHOICE 1:** Battered Sustainably Sourced Fish with Chips
MAIN CHOICE 2: Margherita Pizza Slice
VEGETABLES: Chipped Potatoes, Mushy Peas & Baked Beans,
DESSERT: Cornflake Tart & Custard

AVAILABLE DAILY

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Baguettes & Wraps, Fresh Salads.



Lunch Menu Week Two.



MONDAY

- MAIN CHOICE 1:** Spicy Veggie Keema Curry with Rice & Naan
MAIN CHOICE 2: Sweet Potato Falafel, Flat Bread, Salad & Tomato Salsa
VEGETABLES: Peas & Roasted Cumin Carrots
DESSERT: Toffee Apple Crumble & Custard

TUESDAY

- MAIN CHOICE 1:** Bangers & Mash with Onion Gravy
MAIN CHOICE 2: Veggie Sausages & Mash with Onion Gravy
VEGETABLES: Sweetcorn & Carrots
DESSERT: Lemon Drizzle Bun

WEDNESDAY

- MAIN CHOICE 1:** Roast Gammon with Accompaniments
MAIN CHOICE 2: Cheesy Leek & Potato Pie
VEGETABLES: Roast Potatoes, Carrots & Green Cabbage,
DESSERT: Marble Cake & Custard

THURSDAY

- MAIN CHOICE 1:** Thai Red Chicken Curry with Wholegrain Rice & Naan
MAIN CHOICE 2: Thai Red Vegetable Curry with Wholegrain Rice & Naan
VEGETABLES: Sweetcorn & Green Beans,
DESSERT: Bakewell Tart

FRIDAY

- MAIN CHOICE 1:** Battered Sustainably Sourced Fish with Chips
MAIN CHOICE 2: Baked Cheese, Onion & Spiced Tomato Jacket Skins
VEGETABLES: Chipped Potatoes, Mushy Peas & Baked Beans,
DESSERT: Apricot Sponge & Custard

AVAILABLE DAILY

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Baguettes & Wraps, Fresh Salads.



Lunch Menu Week Three



MONDAY

- MAIN CHOICE 1:** Vegetable Meatballs with Herb & Tomato Sauce & Penne Pasta
MAIN CHOICE 2: Butternut, Feta Cheese, Pea & Mint Frittata
VEGETABLES: Sweetcorn with Peppers & Broccoli
DESSERT: Chocolate Shortbread

TUESDAY

- MAIN CHOICE 1:** Naked Chicken Katsu with Rice & Pickled Veg
MAIN CHOICE 2: Sweet Potato Katsu, Rice & Pickled Veg
VEGETABLES: Roasted Veg & Green Beans,
DESSERT: Coconut Jam Sponge & Custard

WEDNESDAY

- MAIN CHOICE 1:** Traditional Roast Chicken with Stuffing
MAIN CHOICE 2: Roasted Root Vegetable Pie
VEGETABLES: Roast Potatoes, Carrots & Broccoli,
DESSERT: Sticky Lemon Sponge

THURSDAY

- MAIN CHOICE 1:** Moroccan Chicken Tagine with Cous Cous
MAIN CHOICE 2: Moroccan Chickpea Tagine with Cous Cous
VEGETABLES: Carrots & Cauliflower
DESSERT: Chocolate Crunch

FRIDAY

- MAIN CHOICE 1:** Battered Sustainably Sourced Fish with Chips
MAIN CHOICE 2: Panini Pizza with Feta Cheese & Tomato
VEGETABLES: Chipped Potatoes, Garden Peas & Baked Beans
DESSERT: Syrup Sponge & Custard

AVAILABLE DAILY

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Baguettes & Wraps, Fresh Salads.

Lunch Hot Grab & Go



MONDAY

- Cheese Pasta Pot (v) - £1.80
- Battered Chicken Burger - £1.80
- Veggie Chilli & Rice Pot (v) - £1.80
- Nachos with Salsa & Cheese (v) - £1.15

TUESDAY

- Tomato and Meatball Pasta Pot - £1.80
- Bacon & Cheese Loaded Potato Wedges - £1.80
- Cheese & Tomato Pizzova (v) - £1.80

WEDNESDAY

- Herby Tomato Pasta Pot - £1.80
- Hot Roast of the Day Baguette - £2.05
- Chicken Tikka Rice Pot - £1.80
- Roast Potato Pot (v) - £1.15

THURSDAY

- Macaroni Pasta Pot (v) - £1.80
- Popcorn Chicken, Mayo & Lettuce Wrap - £1.80
- Sweet & Sour Chicken Rice Pot - £1.80

FRIDAY

- Herby Tomato Pasta Pot (v) - £1.80
- Popcorn Chicken & Chip Pot - £2.05
- Chip Pot (v) - £1.15