



**PE Newsletter** 17th-21st October

## Year 7

### Year 7 Football



1 - On Tuesday the year 7 football team attended a football festival at Thurston. They comfortably won all three games without conceding a goal. It was good to see **Ethan, Theo** and **Rui** play their first games for the school. The boys will look to continue their strong start to the year when they face Castle Manor in the cup the first week back.

## Year 8/9

### U14 Girls Football



2 - On Monday the a mixed team of year 8 and 9's took the long trip to Alde Valley to play in the first round of the county cup. This was the first time this team had played together and so they had a nervous start.

They conceded an early goal through Alde Valleys star player after our defence we caught off guard to put us 1-0 down. This soon woke us up as a team and we started to pass the ball around to create opportunities. After having majority of the possession, we went into half time with the score remaining the same.

The second half continued much the same, but we couldn't convert any chances. **Evie Brown & Charlotte Buckle** worked hard on the left side, whilst **Chloe Price & Poppy Healy** remained strong in our defence. With 15 minutes to go, **Courtney Elliston** received a great ball through from the midfield which enabled her to take on the last to defenders and score in the top right corner leaving the goalkeeper with no chance. With the scores now level Alde Valley soon woke up and scored almost immediately after to go ahead once more.

With only 5 minutes on the clock, Alde Valley thought they had it in the bag. **Courtney** thought not as she again found herself in space, beating the last defender but this time scoring bottom left to level the scores again. **Eve Caldwell** made a couple of great saves in the dying seconds to take it to penalties!

*The girls did extremely well however just lose out 4-3 on penalties. A disappointing end to what was a great game of football.*





## Year 10/ 11

### U16 Girls Football



3 - The U16 girls football team faced Thurston in their first game of the county cup competition at Thurston.

This was an even game for most, but Stowmarket had majority of the possession. Like in previous years, **Lillia Prior** was seen to be a real attacking threat and created a number of chances early on. After hitting the post on her first shot of the game, she soon converted a few minutes later hitting the top right hand corner of the net. The game remained 1-0 for a long period after Thurston's keeper made a number of good saves, as did **Evie McKane** in our goal. **Milly Healy, Lexi Coltart & Chloe Taylor** continued to create chances and were unlucky not to convert. Courtney Cunningham worked hard to turn over a number of Thurston attacks which led to **Lillia** adding her second of the day giving us a 2-0 lead just before the break.

After the break Thurston came out strong and won themselves a free kick which they managed to convert into the top left corner. The score remained at 2-1 for a long duration of the second half until the last 10 minutes when Thurston began to tire. **Lillia** was not finished yet and was eager to complete her hattrick. That she did after a skilful move allowed her to slot the ball bottom left. **Chloe Taylor** also fancied a taste at goal and soon added herself to the score sheet after kicking the ball in off the bounce from an **Evie McKane** free kick. This finished off the scoring for the girls as the game finished 4-1 and they progress onto the semi-finals of the county cup.



## Fixtures after half term:

### Tuesday 1st November:

- Year 10 Boys Futsal @ SHS (3:10-5:30pm) *D.Wise*

### Wednesday 2nd November:

- Year 7 Boys Football @ Castle Manor (2:30pm-5:30pm) *T.West*
- Year 10 Boys Football @ King Edwards (2:30pm- 5:00) *D.Wise*

### Thursday 3rd November:

- Year 9 Boys Football @ Thurston (2:30-4:30pm) *T. West*

## Clubs after Half term:

	MON	TUES	WED	THURS
<b>LUNCH TIME</b> 1.40pm – 2.10pm	Badminton (SH) DWI  Just Dance (AS) GWH	GCSE PE Practical Intervention (SH) DWI	Basketball (SH) Week A- Yr 7,8 & 9 Week B- Yr 10 & 11 DWI  Rowing (AS) GWH	GCSE PE Theory Intervention (CE) DWI  Volleyball (SH) JHO
<b>AFTER SCHOOL</b> 3.10pm – 4.10pm	Girls' Basketball (SH) DWI  Fixtures	Yr 9, 10 & 11 Boys' Basketball (SH) DWI  All Years Rugby GWH	Fixtures	Fixtures
<b>Notes</b>	Information will be sent out to form tutors regarding what afterschool practices/ fixtures are on each day.			