



PE Newsletter 31st Oct- 4th Nov

Year 7

Year 7 Football



1 - The Year 7 boys continued their unbeaten start to the year by beating Castle Manor 5-2 in the West Suffolk Cup. Despite taking an early lead through a Lewis Randell header, playing up hill and into the wind saw the boys make a slow start to the game. Manor managed to equalise midway through the half after a mistake at the back. Although Manor dominated the rest of the half the boys did manage to go into the break with a narrow lead after a composed finish by **Lewis Randell**. The second half was a far more dominant affair with the boys pinning the opposition in their own half. Two fine finishes from **Bobby Palmer** and a header from **Ben Hooper** allowed them to finish as comfortable winners. Next up is Debenham in the Schools Cup before a Quarter Final against Sybil in the WSC.

Year 9

Year 9 Boys Football

The Year 9 boys bowed out of the Schools Cup after a narrow 1-0 defeat to Thurston. A close fought game, of few chances, was decided by a single mistake at the back which allowed Thurston to take the lead midway through the first half. While Stowmarket dominated the second half, they did not create enough clear cut chances to equalise. The best chance fell to **Jack** who could not finish when put though one on one with the keeper. Man of the match was **Finlay Cradock** who put in a strong display in defence. Next up is a quarter final in the West Suffolk Cup vs Mildenhall.

YEAR 10

Year 10 Boys Futsal



2 - The year 10 boys competed in the local futsal tournament on Tuesday evening. We started the tournament brightly with a well-earned 2-1 against Stowupland. We gave the ball away too easily in our next two games against Hartismere and Thomas Mills leading to defeats in both. Our final match of the tournament was a thriller against Debenham. We went behind on three occasions in the game, but the boys showed great resilience and kept working hard right until the end. This effort paid off with **Harry Long** scoring the winning goal with the last kick of the game in an enthralling 5-4 win.

Year 10 Boys Football

The boys travelled to King Edwards in the West Suffolk Cup where we faced a strong KES team whilst missing a few of our players. The boys started the game very slowly and quickly found themselves 3-0 early in the match. We then steadied ourselves and put in a better performance for the next 25 minutes before two more lapses in concentration meant we were 5-1 down at half time. The boys showed an excellent attitude in the second half where they battled until the very end despite due to injuries having to play most of the second half with just 9 players. The final score was 7-1 but there were lots of positives regarding the attitude and work rate of the students in a difficult match.

Fixtures next week:

Monday 7th November:

- Year 8 Boys Football @ Stowupland- 2:30pm- 4:30pm (D.Wise)

Tuesday 8th November:

- Year 9 Boys Basketball @ SHS- 3:10pm- 5:00pm (D.Wise)
- Year 8/9 girls football @ Thurston- 2:30pm- 4:45pm (J.Howland)

Wednesday 9th November:

- Year 10/11 Boys Rugby @ Stowmarket Rugby Club- 12:45pm- 4:00pm (*D. Wise*)

Thursday 10th November:

- Year 7 Boys Football @ Debenham- 3:00-4:45pm (*T. West*)