

Our Ref: KRO/785.JCP

31 January 2023

Dear Families

Remote Learning Wednesday 1st of February 2023

We are providing the following guidance for Yr. 7-10 students on how to access learning remotely on Wednesday the 1st of February. We ask that all students follow their ordinary timetable and utilise the Oak National Academy's online learning platform.

How to Use Oak National Academy

What is Oak?

Oak provides a completely free, sequenced plan of video lessons and resources. There are nearly 40,000 lessons and resources across a broad range of subjects from Reception up to Year 11. In most subjects, there are enough lessons for the whole year. There are also 600 lessons for students who normally attend specialist settings. Every lesson has been created by teachers. They've been tried and tested: since April 2020 pupils have taken part in 150 million lessons.

Getting Started

Firstly, access Oak National Academy. To do this visit <https://classroom.thenational.academy/subjects-by-key-stage>.

The website has been designed to be easy to use for students and parents and is accessible on most devices, including laptops, tablets and mobiles. There are no sign-ups or logins required.

Lesson content and structure

Each lesson is made up of similar items – most have a multiple choice quiz, then a video explanation from the teacher, there may then be a worksheet or exercise and a multiple choice quiz at the end to check understanding.

The arrival of the Anglo-Saxons

[View In Classroom](#) [Curriculum Download \(PDF\)](#)

Core Content **Substantive Knowledge**

- In this lesson, we will learn about the migration of the Anglo-Saxons to Britain from northern Germany. We will also look at some different Anglo-Saxon artefacts.

Intro Quiz ▾

Video ▾

Presentation ▾

Worksheet ▾

Exit Quiz ▾

Transcript ▾

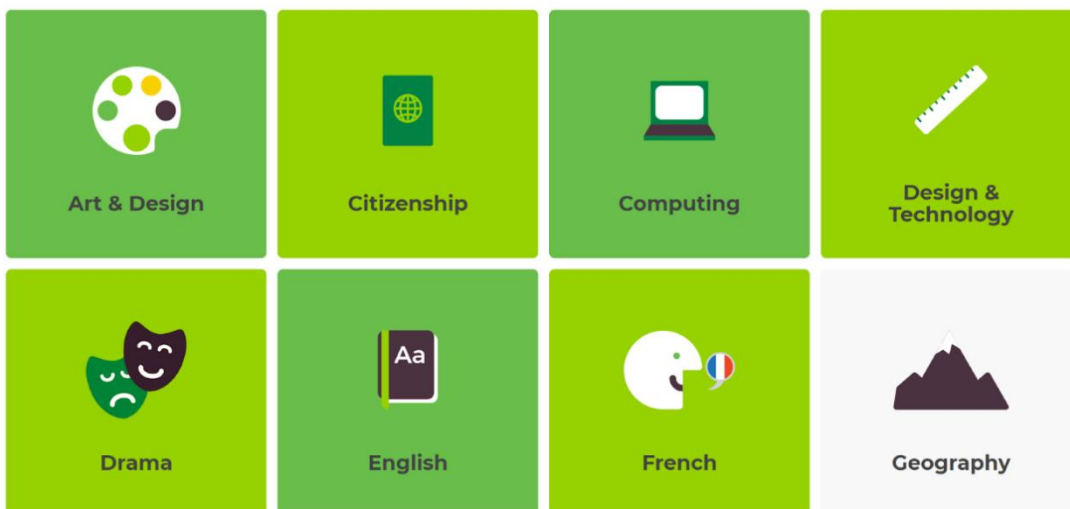
How "dark" were the Dark Ages?:

- The End of Roman Britain
- [The arrival of the Anglo-Saxons](#)
- Anglo-Saxon society
- The Anglo-Saxon Kingdoms
- The conversion of Anglo-Saxons
- The return of towns



How do I start a lesson?

Click <https://classroom.thenational.academy/subjects-by-key-stage> and select your Key Stage (Years 7-8 KS3, Years 9-11 KS4). Then select a subject from the list (more available on the website) which is your timetabled lesson for the period, for example English:





Onehouse Road, Stowmarket, Suffolk, IP14 1QR

Tel: 01449 613541

Email: enquiries@stowhigh.com

Web: www.stowhigh.com

THE FUTURE • OUR BUSINESS

Either check your exercise book for where you are up to, or think back to your most recent lessons and select an appropriate lesson from the extensive bank of lessons and follow the instructions. Learning Journeys that are on our website can also be used to help identify work that you could be doing.

Kind regards

Karl Rourke-Beasley

Karl Rourke-Beasley
Deputy Headteacher