



PE Newsletter 9th-26th January

Year 7

Year 7 Girls Football



On Wednesday this week the Year 7 girls football team played in the Quarter Finals of the West Suffolk Cup against Horringer Court.

The girls got off to a fantastic start and some great passing from **Lacey Ling** saw the ball fall to **Isla Kidd** who calmly slotted home in the first minute of the game. The goal flurry then continued as captain **Ava Chapman** managed to bag herself two goals, followed by **Sienna Scott** who also found the back of the net to make it 4-0 by half time.

The second half Horringer changed their formation and the girls struggled to break them down. **Willow Dilworth** in goal made a number of saves from counter attacks which stopped the away side from scoring. Ava, Sienna and Isla continued to work hard in attack and created themselves a number of chances to score but none found the goal. While the defence of **Mia Cassidy**, **Millie Peck** and **Pheobe Warren** held firm.

The game finished 4-0 and the girls progress onto the Semi-finals! Well done girls, a great team performance.

Year 7 Indoor Athletics



On Tuesday a selection of year 7 students attended the West Suffolk Indoor Athletics competition. They were competing against 9 different schools within the local area. The boys got off to a great start winning the first two races and the girls won both vertical and standing long jump. The boys were also successful on their fielding events. Despite missing one race at the end they still finished mid table.

Year 7 Mixed Football

On Thursday the year 7 football team played Holbrook in the county cup semi-final. Holbrook started the brighter of the two teams and some quick pace up front meant they took the lead only 10 minutes in. Holbrook continued to dominate and scored a second just before half time.

The boys came out after half time determined to get back into this game and this is what they did. Their hard work was rewarded when **Euan Mercer** found **Ben Hooper** who slotted home to make the score 2-1. They continued to press high and with only 5 minutes left on the clock **Lewis Randell** found Ben who scored his 1 v 1 to level the scores.

With only a few minutes left on the clock we knew this was going to be a nerve racking remainder of the game. Holbrook won themselves a corner just before the final whistle which their main striker managed to pull off a great strike in the corner of the goal leaving Pablo with no chance. Although the team were gutted to lose out at such a late stage, they showed such great effort and resilience throughout

YEAR 10

Year 10 Mixed Volleyball



A group of year 10 students attended the West Suffolk Volleyball competition on Wednesday this week. We entered two girls teams and one boys teams and they were competing for a spot in the county finals. They faced a number of schools including Castle Manor, St Benedicts, County Upper and TGS. The boys were unlucky not to qualify after coming 3rd overall. With limited volleyball experience the girls picked up the game quickly and managed to win nearly all of their games. This meant that both teams ended up in the finals and both teams qualify for the county finals in March- Well done!

u15 Girls Futsal





The U15 girls futsal team attended the county finals this week after qualifying in a dramatic West Suffolk Final before Christmas. They faced the best other 4 teams from the whole of the county which were Debenham, Northgate, Copleston and East Point Academy. The girls came 4th in the county overall, winning one, drawing two and losing to the overall winners which were Debenham. A big shout out to **Erin Hurst-Cotton** who agreed to play at the very last minute before the bus had to leave! Not only did she (along with **Eve Caldwell** and **Chloe Price**) play up a year group, they all did a fantastic job. Well done also to **Chloe Taylor** and **Lexi Coltart** who were outstanding yet again throughout the whole tournament.

Year 11

Year 11 Volleyball



Earlier in January the u16 volleyball teams entered the West Suffolk Volleyball competition. Here they faced Castle Manor A & B, St Bendicts, County Upper and TGS A & B.

The boys were extremely unlucky not to qualify and after some close games, came in 3rd place. The girls did very well and were unbeaten throughout the whole evening and were crowned West Suffolk Champions. They will go to the county finals next month. Congratulations to **Evie McKane**, **Lillia Prior**, **Emily Peek** and **Emily Jane Williams** on this achievement.





Instagram Announcement

Due to a technical issue, we have had to create a new Instagram page. Please follow us at [@stowmarket_high_pe](https://www.instagram.com/stowmarket_high_pe)



Fixtures and extra clubs coming up:

Monday 30th January:

- Year 7 & 8 Handball Trials (3:10pm-4:10pm) in Sports Hall. *J. Howland/D. Wise*

Tuesday 31st January:

- Year 7 Girls Football @ Thurston (2:00pm- 4:15pm) *J. Howland*

Thursday 2nd February:

- Year 9/10 Girls Handball @ SHS (3:10pm-5:30pm) *J.Howland*
- Year 9/10 Boys Handball @ SHS (3:10pm-5:30pm) *D.Wise*