



Monday 23<sup>rd</sup> to Friday 28th January 2023

## Headteachers' Blog

Well that was quite a week. An Ofsted inspection is one of my favourite things so I was delighted to welcome them to school. I particularly enjoy the one day notice, with the enormous list of meetings that they want arranged for the next day, regardless of anything that was already planned. So my senior colleagues stayed at work until around 8pm, sorting the schedule, then after the first day of inspection had to do the same as the schedule was changed, and they had Year 11 Tripod evening. Both days we were in from around 6.30 am, and when they arrive, they ask about how the school supports wellbeing!

I have heard that Ofsted are planning to open a spa and relaxation space, such is their experience at creating zen like calmness with those they work with.

We await their results. Thank you to the wonderful messages of support I received – chicken drumstick – you know who you are. As with the Ying and Yang universe, a visit brings out those unhappy with what we do. I can assure everybody that the team spend significantly more time exploring the critics than the fans. Probably as it should be.

On other matters – the NEU teachers strike planned for the 1<sup>st</sup> of February. I still have no detail, but have asked the staff to help inform me of their intention to strike or not. As soon as I have more information, I will let you know. If I were you, I would plan for the worst case scenario of the school shutting, and then if I manage to have a partial opening, it will be a bonus.

I hope the parents who attended Year 11 Parent meeting gained something from the face to face version. We would be keen to hear your feedback on that.

Have a good week everyone.

Mr Lee-Allan



### **Weekend Rehearsals**

Our cast of Matilda are very committed and very excited to be able to show you the hard work that they have put into the show.

Just to remind parents that we will be holding a weekend rehearsal at school this Saturday, the 28<sup>th</sup> of January, between 11 am and 3pm.

Please ensure your child has lunch and enough drink throughout the day as there will be no catering available.



### **Reporting a student absence**

When reporting a student absence please call us on 01449 613541 and select option 1. Could you please also clarify the reason for their absence, we are receiving some messages that just say, "will not be in". You can also email us using: [attendance@stowhigh.com](mailto:attendance@stowhigh.com)

Thank you.





## Inspirational Futures What's Coming Up?

### January 2023

- 24<sup>th</sup> Advice & Slice – LRC – Open to All Years  
Sign up with Mrs Mylrea in the Inspirational Futures Centre  
Lt Jake Langford - British Army - Life in the Army
- 31<sup>st</sup> Advice & Slice – LRC – Open to All Years  
Sign up with Mrs Mylrea in the Inspirational Futures Centre  
David Whitney - Theatre Royal, B.S.E. - Careers in Theatre and the Arts

### February 2023

#### 6<sup>th</sup> – 10<sup>th</sup> National Apprenticeship Week

A full programme of pop-up lunchtime apprenticeship stands and events will be published week commencing 1<sup>st</sup> February.

- 6<sup>th</sup> Young Professionals - National Apprenticeship Week Careers Event – Virtual  
Years 7 – 11 5pm – 8pm  
<https://www.surveymonkey.co.uk/r/YP-NAW>
- 21<sup>st</sup> Advice & Slice – LRC – Open to All Years  
Sign up with Mrs Mylrea in the Inspirational Futures Centre  
Chloe Levett & Stef Henriksen - Suffolk Police - Careers in the Police Force

### On The Horizon



- 4<sup>th</sup> – 7<sup>th</sup> July 2023 – Year 10 Work Experience  
TBC - Business Work Experience Networking Breakfast  
7.30am – 9.00am – Main Hall  
11.5.23 – Year 10 Parent Post 16 Presentation (6.30pm Main Hall)  
17.5.23 – Year 10 Post 16 Presentation Assembly (8.50am – 9.10am)

### Don't Forget!

If you take part in any extracurricular activities or clubs or attend any of our Virtual Work Experiences or online Conferences, make sure to log them on Unifrog as an interaction. See Mrs Mylrea in the Inspirational Futures Centre on the 2<sup>nd</sup> Floor for help with this.



Don't forget to encourage your children to sign up for Advice & Slice sessions which are held on Tuesday in the LRC at lunchtime.

The signup sheet is inside Mrs Mylrea's office in the Inspirational Futures Centre, or email [m.mylrea@stowhigh.com](mailto:m.mylrea@stowhigh.com) to secure your place.



## Sessions

**Monday 12th December 2022**

Ms Arnold - A Career in Performing Arts

**10th January 2023**

Lt Jake Langford - British Army - Life in the Army

**24th January 2023**

PC Chloe Levett - The Police - Life on the Beat

**Tuesday - 31st January**

David Whitney - Theatre Royal, B.S.E. - Careers in Theatre and the Arts

All in the LRC at lunchtime please let Mrs. Mylrea know via email on [m.mylrea@stowhigh.com](mailto:m.mylrea@stowhigh.com) to make sure that we have enough Dominos Pizza. Sign up sheet can also be found on the door of the Inspirational Futures Centre.

### Change to this week's menu in Lilies

There is a change to our planned menu tomorrow Wednesday 15<sup>th</sup> of January, instead of Roast Chicken, there will be sausages with all the trimmings.

Also, available will be cheese, leek & potato pie.



**HOLIDAY DAY CAMPS**  
**School's Out**  
**Activities**

We're back for February Half Term! We can't wait to welcome children to five fun-filled days at our holiday day camps across Suffolk and Essex. For 4-16 year olds covering the full working day from 8am-6pm, with over 100 action-packed activities... there's something for everyone!

Accept all Childcare Vouchers

Ofsted  
Early Years Provider

**Early Explorers**  
4-6 yrs

**Creative Crew**  
7-12 yrs

**Adrenaline Adventure**  
7-12 yrs

**Next Generation**  
13-16 yrs

**Dates: Mon 13th - Fri 17th Feb 2023**  
**Price: £38 a day**

**4 Amazing Venues**

- COLCHESTER ROYAL GRAMMAR SCHOOL**  
Creffield Road Entrance, Colchester, Essex, CO3 3ND
- IPSWICH HIGH SCHOOL**  
Woolverstone, Suffolk, IP9 1AZ
- WOODBIDGE SCHOOL**  
Burkitt Road, Woodbridge, Suffolk, IP12 4JH
- SOUTH LEE SCHOOL**  
Nowton Road, Bury St Edmunds, Suffolk, IP33 2BT

Feb and Easter bookable now!

[www.schoolsoutactivities.co.uk](http://www.schoolsoutactivities.co.uk)

## Dates for your Diary

24<sup>th</sup> January 2023 – Flu Immunisations

24<sup>th</sup> January 2023 – Advice & Slice – Careers in the Police Force

31<sup>st</sup> January 2023 – Advice & Slice – Careers in Theatre & The Arts

3<sup>rd</sup> February 2023 – Drop-in Session with Suffolk Rural College

6<sup>th</sup> February 2023 – National Apprenticeship Week

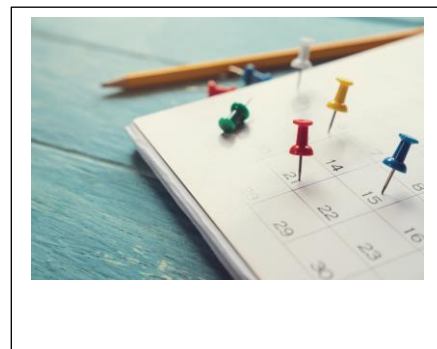
7<sup>th</sup> February 2023 – Tea & Talk for SEND Parents – All Years

8<sup>th</sup> February 2023 – Trip Yr. 10 & 11 Cambridge Poetry Workshop

9<sup>th</sup> – 17<sup>th</sup> February 2023 – Ski Trip

10<sup>th</sup> February 2023 – Macbeth Quantum Theatre Company in School

13<sup>th</sup> February 2023 – Half Term



## Useful Contact Information:

Head of Year 7	Mrs T Goodman	<a href="mailto:t.goodman@stowhigh.com">t.goodman@stowhigh.com</a>
Head of Year 8	Mrs N Goss	<a href="mailto:n.goss@stowhigh.com">n.goss@stowhigh.com</a>
Head of Year 9	Mrs A Hackett	<a href="mailto:a.hackett@stowhigh.com">a.hackett@stowhigh.com</a>
Head of Year 10	Ms Z Rudling	<a href="mailto:z.rudling@stowhigh.com">z.rudling@stowhigh.com</a>
Head of Year 11	Miss R Harrigan	<a href="mailto:r.harrigan@stowhigh.com">r.harrigan@stowhigh.com</a>
Finance		<a href="mailto:finance@stowhigh.com">finance@stowhigh.com</a>
General Enquiries		<a href="mailto:enquiries@stowhigh.com">enquiries@stowhigh.com</a>
Attendance/Student Absence		<a href="mailto:attendance@stowhigh.com">attendance@stowhigh.com</a>

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