



PE Newsletter 6th-10th February

Year 7 & 8

Year 7/ 8 Handball



1 - On Monday the U13 girls and boys handball teams competed at the County Handball Finals where they faced East Bergholt and Copleston.

*The girls played Copleston first and this was a really close game. Both their keeper and **Ella Turner** pulled off some fine saves. **Rich Calabio** was doing a great job putting the pressure on them whilst attacking which forced many of their shots wide. Over the 10 minute period the game ended 0-0. In their second game they faced East Bergholt which also was a close game. **Pheobe Fox** and **Danielle Taylor** looked dangerous on the counter attack and were unlucky not to score after they both hit the post. Rich scored an early goal but the girls couldn't hold on to their lead meant the game finished 1-1.*

With Copleston beating East Bergholt, this meant we did not qualify but did come second in the county.

*The boys competition followed in a similar format where they faced Copleston first. The boys did well to defend against a very tall team. The boys managed to score early on through **Harry Patterson** lobbing the keeper after a rogue pass out of goal. **Teddy Allen** in goal pulled off some outstanding saves throughout this game to keep his team in the game. The boys managed to hold out and defended well until the end to win the game 1-0. They went into their final game vs East Bergholt and needed a draw or a win to qualify. East Bergholt had nothing to lose and so were pressing aggressively from the start of the game. The boys again defended well and were very disciplined throughout. **Teddy** again pulled out some incredible saves! One attacking error however meant that East Bergholt scored against the run of play in the last minute which meant that the boys lost out on qualification. The boys also came 2nd in the county, which again is an amazing achievement for a newly formed team.*

Year 8 - 11

U14 and 16 Girls Rugby



2 - U14 Girls

*The u14 girls had their first rugby experience of the year and showed great skill and understanding of the game. Partnered with Stowupland for most of the afternoon, the girls did themselves proud, making fantastic tackles and supporting well in defense. **Naomi Selby** and **Clara Owen- Stiff** showed great commitment in their tackles. Good support from **Phoebe Fox** and **Ella Turner**. A steep learning curve for them all and brilliantly played. Well done!*

U16 girls

*The girls were up against a large squad from Great Finborough this week. Led by captain **Evie McKane**, the girls got off to a great start with some lovely runs and a quick try from **Harriet Croft**. Some lovely tackles from **Maisie Keeble** and **Millie** led to a turn over and a well earned try from **Millie**. The opposition fought hard against us and had some quick runs down the wing to try and match the score. A lesson in hand offs and hard runs from **Evie McKane** allowed our girls to keep possession and make good ground throughout the game. Some lovely supportive play from **Emily Peek**, **Lily Craft** and **Georgia Lodge** and further tries from **Gracie Lucas**, **Harriet** and **Evie** allowed the girls to stay on top. Some fantastic rugby played by all, watched eagerly by coaches from Bury St Edmunds RUFC. Can't wait for the next round, well done all!*



Fixtures after Half Term:

Tuesday 21st February:

- Year 7 Girls Rugby @ SHS (2:15pm -4:15pm) *G.Whitfield*
- Year 7 Girls & Boys Basketball Jr NBA @ Inspire Ipswich (8:30am-5:00pm) *D.Wise*
- Year 8 Girls & Boys Basketball Jr NBA @ Inspire Ipswich (8:30am-5:00pm) *J.Howland*

Thursday 23rd February:

- Year 8 Girls Futsal @ SHS (3:10pm-5:15pm) *J.Howland*
- Year 8 Boys Rugby @ SHS (2:15pm -4:15pm) *G.Whitfield*

Monday 27th Feb:

- Year 11 Girls Football County Cup @ Stowupland (2:30pm- 4:45pm) *J.Howland*

Thursday 2nd March:

- Year 7 Boys Rugby @ SHS (2:15pm -4:15pm) *G.Whitfield*
- Year 9 Boys Football @ County Upper (3:00pm- 5:00pm) *T.West*
- Year 11 Girls Football @ SHS vs Copleston (2:30pm- 4:30pm) *J.Howland*

Friday 3rd March:

- Year 11 Rugby @ Ipswich (1:00pm-4:30pm) *G.Whitfield*

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