



Monday 6th to Friday 10th February 2023

Headteachers' Blog

The Future Our Business has always been a strong message for me, reminding me that our job is to play our role in supporting young people as they prepare to take hold of the reins of our world, while we mow the lawn and play cribbage.

Hopefully you all saw the Futures Newsletter, that is focussed on the National Apprenticeships week. I am a huge fan of quality apprenticeships, as they offer opportunities at every level. I was delighted to receive the following message from a parent, Mr Davies, promoting his companies apprenticeship programmes, leading to careers in the construction industry;

<https://insights.morgansindallconstruction.com/story/apprentice-stories-could-you-be-next/>

We have activities every day focussed on apprenticeships, Year 11 are watching Macbeth wreak havoc on Friday (which is also a non-uniform day). Tuesday there is all years SEND tea and talk and on Wednesday evening FOSH meet at 6.45 pm.

Now for something completely different – opportunities in the arts. Dance East have been a key partner with us over the last couple of years, and I am always keen to promote their work and the opportunities they offer young people – so this is taken from a recent email they sent me.

OPPORTUNITIES FOR YOUR CHILD – DANCEEAST

Every half term DanceEast, send us lots of amazing opportunities that our students can get involved in. As we plan the Spring term, discover the fantastic participatory opportunities they have to offer local Primary Schools, Secondary Schools and Colleges.

CAT Taster Days Suitable for Secondary Schools and Primary (Year 6 only)

This part-time pre-vocational programme covers subjects including contemporary dance, ballet, hip hop and health and creative studies. They are suitable for all students no matter their previous dance experience and are free of charge:

- Ipswich Boys Taster Day | Saturday 11 February, 12.30-4pm | DanceEast, Ipswich
- Cambridge Taster Day | Monday 13 February, 12.30-4pm | Storey's Field Centre, Cambridge
- Norwich Taster Day | Tuesday 14 February, 12.30-4pm | The Garage, Norwich
- Colchester Taster Day | Wednesday 15 February, 12.30-4pm | Colchester Sixth Form College, Colchester
- Ipswich Taster Day | Saturday 18 February, 12.30-4pm | DanceEast, Ipswich

Please see the flyers attached alongside this Newsletter to find out how you can get involved...

More information on classes can be found on their website: [CLICK HERE](#) or by calling their friendly Box Office Team on 01473 295230.

Ski Trip 9th February 2023

On Thursday 9th of September 37 students will be travelling to Ehrwald in Austria for a school ski trip, we hope they have a fantastic time. February is possibly the best time to ski in Europe and this will be an extremely worthwhile and rewarding experience. We look forward to seeing the photographs.

Have a very restful half term.

Mr Lee-Allan

National Apprenticeship Week 6th – 10th February



NATIONAL APPRENTICESHIP WEEK

Monday 6th February – Friday 10th February 2023

	Friday 3 rd	Monday 6 th	Tuesday 7 th	Wednesday 8 th	Thursday 9 th	Friday 10 th
AM EVENTS					Years 7, 8, 9 & 10 Tutor Time Slot	Year 11 Tutor Time Slot
LUNCHTIME EVENTS	Suffolk New/Suffolk Rural College Penny Rudland	West Suffolk College Sally Zabroski Apprenticeships Suffolk Lauren Leggatt-Bulaitis Lucy Ince-Slater Taylor Made Joinery Cheryl Hardacre +1	Access Creative College Louise Mayo Stowmarket Police P.C. Stefan Henriksen		Apprenticeships Suffolk Polly Lewis Ellen Rush West Suffolk College Joe Sadler	

Evening Events Locally

Suffolk New College
Apprenticeships Fair
Wednesday 8th February 4pm – 7pm
Book here:
<https://www.eventbrite.co.uk/e/suffolk-new-college-apprenticeship-fair-tickets-506047641117>

West Suffolk College
Discover Apprenticeships Information Evening & Careers Fair
Wednesday 8th February 5pm – 8pm
Book here:
<https://www.wsc.ac.uk/find-a-course/apprenticeships/national-apprenticeship-week>

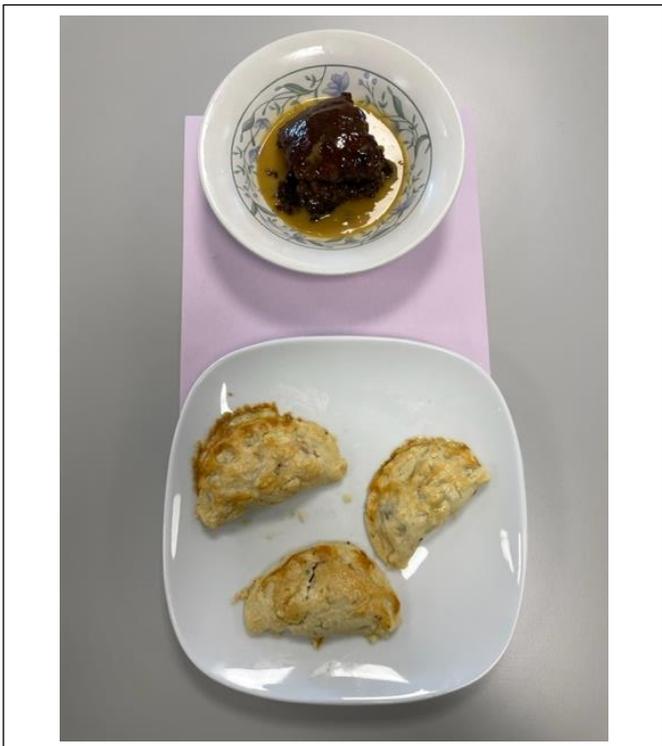
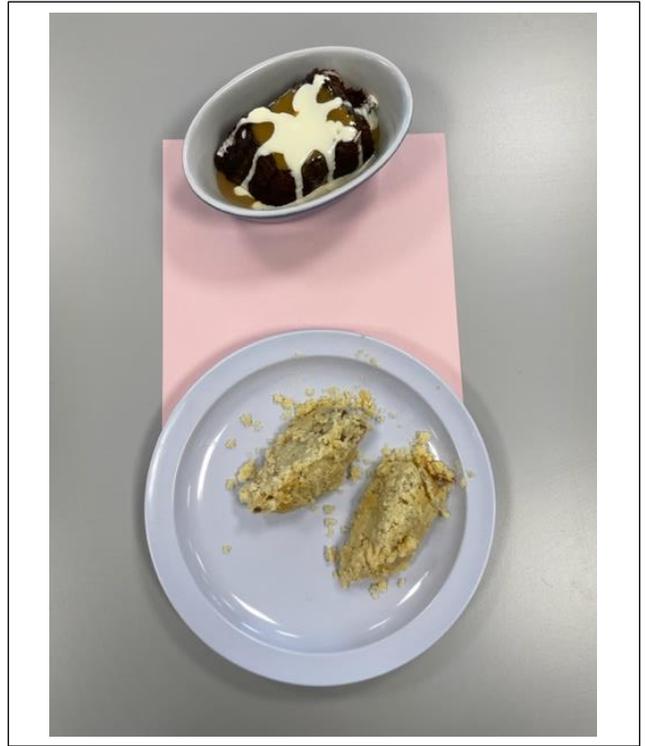
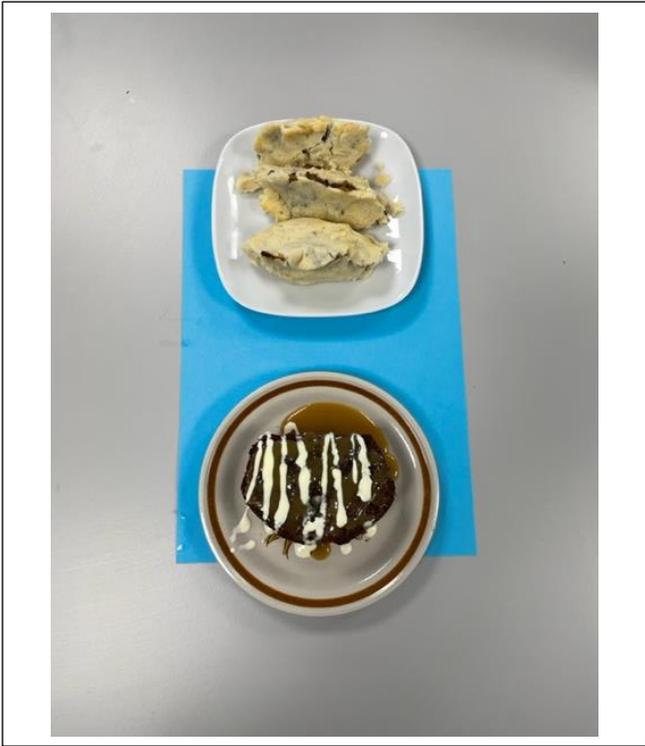
Evening Events Nationally

Young Professionals
Monday 6th February 5.00pm – 8.00pm
Virtual Apprenticeship, Work Experience & Careers Expo
Registration Link:
<https://www.surveymonkey.co.uk/r/YP-NAW>



VISIT FROM THE ROYAL NAVY

A couple of weeks ago the Year 10 Hospitality and Catering students were very excited to take part in a 'Ready Steady Cook' challenge with Navy chefs. It was the first time we have had them back since Covid stopped the visits and it was certainly enjoyed by all. They started with a presentation on their roles and careers with the Navy and then made mini Cornish pasties and sticky toffee pudding. We hope we can arrange for them to come back again soon. The Year 10 food students took on the same challenge the following week in their lesson, just without the Navy chefs' threat of pushups!



Inspirational Futures What's Coming Up?

February 2023

6th – 10th

National Apprenticeship Week

A full programme of pop-up lunchtime apprenticeship stands and events will be published week commencing 1st February.

6th

Young Professionals - National Apprenticeship Week Careers Event – Virtual
Years 7 – 11 5pm – 8pm

<https://www.surveymonkey.co.uk/r/YP-NAW>

6th

Young Professionals_Biggest Technology Student Event of the Year with IBM, Capgemini, BT Group & more!

Year 9 – 11 5.00pm – 8.00pm – Virtual

<https://www.surveymonkey.co.uk/r/YP-NAW>

7th

Young Professionals Get into Law Insight Evening

Years 9 – 11 – 5pm – 8pm – Virtual

<https://www.surveymonkey.co.uk/r/Law-Event>

21st

Advice & Slice – LRC – Open to All Years

Sign up with Mrs Mylrea in the Inspirational Futures Centre

Chloe Levett & Stef Henriksen - Suffolk Police - Careers in the Police Force

21st

NHS Next Generation Academy – Let's Talk About Pathology

Year's 9 – 11 – 4.00pm – 5.00pm – Virtual

Email to book andrea.chambers@nhs.net by 10th Feb.

On The Horizon



4th – 7th July 2023 – Year 10 Work Experience

TBC - Business Work Experience Networking Breakfast

7.30am – 9.00am – Main Hall

11.5.23 – Year 10 Parent Post 16 Presentation (6.30pm Main Hall)

17.5.23 – Year 10 Post 16 Presentation Assembly (8.50am – 9.10am)

Don't Forget!

If you take part in any extracurricular activities or clubs or attend any of our Virtual Work Experiences or online Conferences, make sure to log them on Unifrog as an interaction. See Mrs Mylrea in the Inspirational Futures Centre on the 2nd Floor for help with this.



Don't forget to encourage your children to sign up for Advice & Slice sessions which are held on Tuesday in the LRC at lunchtime.

The signup sheet is inside Mrs Mylrea's office in the Inspirational Futures Centre, or email m.mylrea@stowhigh.com to secure your place.



Sessions

24th January

Lt Jake Langford - The Army - Life in the Army

Tuesday 31st January

Mr David Whitney - Theatre Royal - Life in the Arts

Tuesday 21st February

PC Chloe Levitt & PC Stefan Henriksen - The Police - Life on the Beat

All in the LRC at lunchtime please let Mrs. Mylrea know via email on m.mylrea@stowhigh.com to make sure that we have enough Dominos Pizza. Sign up sheet can also be found on the door of the Inspirational Futures Centre.

Reporting a student absence

When reporting a student absence please call us on 01449 613541 and select option 1. Could you please also clarify the reason for their absence, we are receiving some messages that just say, "will not be in". You can also email us using: attendance@stowhigh.com

Dates for your Diary

6th February 2023 – National Apprenticeship Week

7th February 2023 – Tea & Talk & Focus Group for SEND Parents – All Years

8th February 2023 – Friends of Stowmarket High School General Meeting 6.45 pm

9th – 17th February 2023 – Ski Trip

10th February 2023 – Macbeth Quantum Theatre Company in School

10th February 2023 – Non School Uniform Day

13th February 2023 – Half Term

Useful Contact Information:

Head of Year 7	Mrs T Goodman	t.goodman@stowhigh.com
Head of Year 8	Mrs N Goss	n.goss@stowhigh.com
Head of Year 9	Mrs A Hackett	a.hackett@stowhigh.com
Head of Year 10	Ms Z Rudling	z.rudling@stowhigh.com
Head of Year 11	Miss R Harrigan	r.harrigan@stowhigh.com
Finance		finance@stowhigh.com
General Enquiries		enquiries@stowhigh.com
Attendance/Student Absence		attendance@stowhigh.com

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enquiries@stowhigh.com