



PE Newsletter 27th February- 3rd March

Year 7

Year 7 Boys Rugby



*1 - The year 7 boys had their first rugby experience over at Westley Middle School this week, against all school from the Western Area. Having not played before, it was an afternoon of learning the game and all the skills involved. Their first game up against Mildenhall was a touch game and the boys made some lovely runs and made good ground, allowing them to take the win and have most of the possession. The next game, and the first of full contact was a fairly even match with tries from both teams. Some lovely tackles made by **Jack Yeo** and **Bobby Shephard** allowing some speedy runs from both of the **Finleys**. The afternoon continued with great success and an enjoyable time for all. I look forward to the next Suffolk round, where hopefully we can get some more involved. Well done all.*

Year 7 Boys Football

The Year 7 boys were knocked out in the semi-finals of the West Suffolk Cup after a narrow defeat to Thurston. In a game of two halves the boys took the lead after a mistake in the Thurston defence. Ben latched onto a loose ball and finished calmly when one on one with the keeper. It was **Ben** who then created the second goal after running through the Thurston back line. The ball finally dropped to Jack who fired it home. It was 2-0 at half time. However, the game turned in the second half. Thurston pulled an early goal back after a deflection at the near post put it past **Pablo**. They drew level a few minutes later when the ball appeared to strike the hand of the Thurston player from a corner before it was put into the net, but the goal was given. The game could have gone either way in the final stages but a long ball over the top sent the Thurston striker through one-on-one and he finished passed Pablo. Final score 3-2 Thurston.

Year 7/8 Boccia, Archery & Curling





Year 8/ 9

U14 Girls Football



2 - The u14 girls football team had a local derby on Tuesday against Stowupland in the Semi finals of the West Suffolk Cup!

The first half was very much end to end. Both teams had chances, but the advanced Stowupland keeper kept her team in the game as strong shots from **Isabella Thomas** and **Courtney Elliston** were denied. **Eve Caldwell** in our goal also made some great saves, a crucial one at the end of the first half which was going fast towards the top corner. Scores at the break were 0-0.

A change of press at half time saw the girls go out and press Stowupland much higher. **Courtney** turned over the ball in the centre of the pitch, beat the last defender and slotted to **Charlotte Buckle** who slotted home to put her team ahead. This was a much needed confidence boost and the girls then replicated an almost identical goal but this time it was **Martha Hardcastle** who found the net from the right post. A 2-0 lead should have been comfortable for the remainder but this was not the case as Stowupland main striker hit the inside of the cross bar leading to the ball bouncing over the line. Stowupland pushed for the equaliser but the girls were able to play the game out coming out 2-1 winners.

The girls progress onto the West Suffolk final! Congratulations girls!



Year 9 Boys Football

The Year 9 boys will be disappointed to not be progressing to the final of the West Suffolk Cup after a narrow defeat in a game in which they dominated. Sam Ward took an early lead when a long-range effort found its way into the net.

The boys responded well to this early set-back and a few minutes later had a **Harry Thorpe** goal chalked off for offside. A very tight call!!!! Archie then went through one-on-one with the keeper who

made a good save. However, we went level at half time after a **Harry** free kick was split by the keeper, **Seth Peachment** was on hand to put the ball into the empty net. The boys started the second half really well and had multiple opportunities to take the lead but a combination of good saves from the keeper and missed chances kept the scores level. Sam Ward then took the lead against the run of play after a strong run and finish from their center midfielder. We were not able to get ourselves back into the game and it finished 2-1 to Sam Ward.

YEAR 10/ 11

U15 Boys Handball



3 - On Monday the U15 boys travelled to Thurston for the West Suffolk handball finals against Mildenhall and Thurston. They played Thurston first with the scores tied at 3-3 at half time, the boys then stepped it up in the second half going on to win the game 9-7. Next up they played Mildenhall who started the game well but once again the lads got better as the game went on and ended up winning 14-11. Well done to all the team for becoming West Suffolk champions. Top scorer was **Will Matagi** and player of the tournament with **Morten Prentice** for pulling off some great saves throughout the games in goal.

U16 Girls Football



4 - On Thursday the u16 girls competed in the Quarter Finals of the County Cup competition. they faced last years winners Copleston, so they knew this was going to be a tough match. The team has taken a blow with their top goal scorer **Lillia Prior** was unable to play through injury. Other key players such as **Lexie Coltart** and **Chloe Taylor** were also unable to play.

*This meant a number of year 10 students stepped in at the last minute to help the team out. It was clear from the start that Copleston were the better team but the girls were resilient throughout and never gave up. Captain **Evie McKane** organised the team well and pulled off some unbelievable saves throughout. **Milly Healy** also worked really hard in centre midfield throughout. The girls were knocked out of the cup at the quarter final stage after losing 6-0 but it was a great achievement to get to this stage.*

*Thankyou to **Owen Holland** for stepping into ref as well as **Adrian Andreev** and **Tyler Aston** for running the line in their own time.*

Fixtures and extra clubs next week:

Monday 6th March:

- Year 7 Boys & Girls Jr NBA vs TLA @ SHS (3:00-5:30pm) *D.Wise*
- Year 8 Boys & Girls Jr NBA vs TLA @ SHS (3:00-5:30pm) *J.Howland*

Tuesday 7th March:

- Year 8 Girls Indoor Cricket @ SHS (3:00-5:30pm) *J.Howland*
- Year 10/11 Girls Football @ Stowupland (3:10-5:00pm) *G.Whitfield*

Wednesday 8th March:

- Year 8 Boys Rugby @ Ipswich School (1:00-5:00pm) *G.Whitfield*

Thursday 9th March:

- GCSE PE Students - Trampolining Practice (3:10-4:10pm) *D.Wise*

Friday 10th March:

- Year 9 Rugby @ Ipswich (1:00-5:00pm) *G.Whitfield*