



PE Newsletter 6th - 10th March

# Year 7

# Year 7 Mixed Jr NBA Basketball





At the start of the week the year 7 basketball team completed their final Jr NBA game of the season against TLA. The boys got off to a strong start and put us ahead through a basket from **Oliver Cleverley. Finley Lambon** and **Jack Lodge** controlled the game and were passing the ball around nicely. The girls then faced a strong TLA girls team as TLA took the lead. **Milly Peck** and **Ella Irons** did well defensively but this didn't stop them scoring. Despite a valiant effort the team lost but have learnt a lot through these Jr NBA games.

### YEAR 8

# Year 8 Girls Cricket





A team of year 8 girls played in the West Suffolk Indoor Cricket Competition on Tuesday this week. This was the girls first experience of the sport and it was great to see the huge amount of progress they made throughout the evening.

The initially faced Horringer Court and their precise bowling and excellent batting led to them winning the game by 40 runs. They then faced a strong Culford School team (who were basically the Suffolk County team). Although the girls didn't win this game the showed excellent resilience and determination through hitting some excellent shots off some very fast bowls.

Some brilliant batting was shown from **Layla Peckford** and **Pheobe Fox** who both had to retire in the first game. **Danielle Taylor's** bowling was accurate and fast, while Layla and **Rich Calabio** also proved to be dangerous in bowl after they bagged themselves a wicket each.

## Year 8 Mixed Jr NBA Basketball





The year 8 Jr NBA team also played in their final game vs TLA this week. The team was full of confidence after their previous tournament. This week saw **Ella Turner** and **Maisie Moss** joined the team.

The boys got off to a good start and went ahead early on. Some good play from **Noah Meads** and **Malick Sonkho** led to the team scoring 3 baskets. The girls then went out and continued to dominate. **Danielle Taylor** was top of the score sheet again and there was some great defending on show from **Freya Underwood** and **Poppy Healy.** TLA did improve their game meaning the last quarter was very close and we were only ahead by one. **Rich Calabio** won a free throw and was able to convert

one to keep her team ahead to ensure they won only 20 seconds later. The team progress through to the next round of the Jr NBA competition - Well done!

# Year 8 Boys Rugby



1 - This week, and in what seemed like arctic conditions, the year 8 boys took part in the Suffolk County rugby tournament. The boys got off to a strong start and won the first 2 games without any tries scored against them! Vinnie and Alfie once again showed their strength in their runs and broke through many defensive lines. Along with Noah and Oliver timing their runs brilliantly and making some great tackles to change possession, the boys continued their attack. Led well by Harrison and with new additions Harley and Robby, the afternoon continued with success. Having the played 4 games in a row and having not lost a game it was time for some rest and warm up in the bus. The last game proved to be their hardest. Despite some great runs from Jasper, Ryan and Malick and some good decisions from Zack as scrum half the boys had to fight to keep it out of their half. Overall, another fantastic afternoon of rugby showing the boys commitment, sportsmanship and determination. Well done all!

#### Year 10 & 11

# U16 Boys Rugby

Last Friday, and in the good spirit of rugby, 5 of our boys joined up with East Point Academy to make a full squad for the U16 county tournament. They all got on brilliantly and worked well for a team put together on the day. The first game got off to a strong start and finished in a well celebrated win, including **Adrian Andreev's** first try! The afternoon continued in this positive manner, facing some well drilled and strong opposition. **Nathan Flack** and **Travis** made some outstanding and try saving tackles and with **Brandon Welham** and **Oliver Owen's** strong runs, making fantastic ground the boys really showed their worth. East Point had some extremely fast backs and well organised scrum half so overall a great afternoon. Fantastic afternoon of rugby, well done boys!

### U16 Girls Football

This week, the girls took to the semi-finals against our closest rivals at Stowupland. We only had 10 players, but that didn't stop the girls determination!

With some great tackles made from **Milly Healy** and **Maerhyn Bishop**, the pressure our girls put on, really made the opposition have to work hard, and they missed a number of chances. **Chloe Taylor** 

and **Courtney Cunningham** continued to gain possession in the midfield and some great leadership from **Evie McKane** meant the girls were looking strong. Unfortunately just after half time, Stowupland were able to take advantage of our depleted side and got one past **Evie**, with a trickle into goal. **Georgia Lodge** had some great runs down the left hand side and both **Lily Craft** and **Amy Cobbold** were able to put pressure on their defence with a couple of chances. Despite their hard work, the girls ended with a 2-0 loss, which considering being one player down was a good result! Well done ladies!

### Fixtures and extra clubs next week:

### Monday 13th March:

• Year 9/10 Girls cricket trials @ SHS (3:10pm-4:10pm) J. Howland

### Tuesday 14th March:

- Year 10 Girls Volleyball County Finals @ County Upper (3:10pm-6:20pm) J. Howland
- Year 8 Boys Futsal Tournament @ SHS (3:10pm-5:30pm) D.Wise/L.Andrews
- Year 7 Girls football practice @ SHS (3:10-4:10pm) G. Whitfield

### Friday 17th March:

• Year 7 Boys Rugby @ Ipswich School (12:30pm-4:30pm) G. Whitfield