

Headteachers' Blog



Friday 28 April 2023

I am very excited to see the 2023 Design Exhibition taking shape! The Graphics, Engineering, Textiles and Resistant Materials groups are all working overtime to get the finishing touches applied to their work. Mr Hawkins is talking excitedly about the quality of the work this year, so I cannot wait to see it once it is all displayed.

The show runs from the 4 May from 9.00am – 4.00pm, 5 May from 1.30pm – 4.30pm and then 9.30am to midday on Saturday 6 May 2023 and is open to all students, parents and members of the public, so please come along.

On the topic of resistant materials, thanks to the work of Mr Duszynski, A&B Timber Engineering were kind enough to donate significant amounts of timber that was otherwise going to be scrapped. Teams of students helped the staff saw the roof trusses down to more manageable sizes. The donation will save us thousands of pounds – many thanks to A&B Timber for their generosity.



Dance East

Over recent years we have built a great relationship with Dance East in Ipswich and so I am very happy to promote the following offer that sent through to me this week.

“I am getting in contact as we have our DanceEast Centre for Advanced Training (CAT) Auditions coming up.

We’d love your help signposting your students to the auditions to our dance training programme, and to help us fill our means-tested grants from the Department for Education.

It would also be amazing to have some students represent your school at the auditions, and hopefully gain a place on the CAT programme.

[Here](#) is a letter you can send to your students.

Applications are accepted from young people aged 10-16 years (on the 1 September 2023) from the East of England from all backgrounds. The audition application deadline is a week on Sunday (Sunday 7 May).

Those who wish to audition will need to attend a FREE audition on one of the following dates:

- Saturday 20 May
- Tuesday 30 May
- Wednesday 31 May

The auditions are designed so that everyone can take part and have fun. If successful, we’ve got grants available for young people to attend the CAT, and we want to make sure we allocate our grants this year.’

Stowmarket Cricket Club ‘All Stars’ please [click here](#) to view exciting opportunities and what is currently on offer.

Strike Day Arrangements Tuesday 2nd May 2023

The school will only be open to Year 11 students on Tuesday. Unfortunately, due to the potential numbers of staff not being in school, we are unable to make provision for students from other year groups.

I am pleased to be able to say that it is highly likely that most students will be able to follow their normal timetables up until the end of Period 4.

Please note that some students will be engaged in Photography Practical and French Speaking GCSE examinations on Tuesday. It is essential that students attend these as there will be no other possibility to take these exams if they are missed.

Students are welcome to remain behind after lunch and use our facilities to get stuck into their revision.

Have a lovely extended weekend everyone.

Mr Lee-Allan

Useful Contact Information:

Head of Year 7	Mrs T Goodman	t.goodman@stowhigh.com
Head of Year 8	Mrs N Goss	n.goss@stowhigh.com
Head of Year 9	Mrs A Hackett	a.hackett@stowhigh.com
Head of Year 10	Ms Z Rudling	z.rudling@stowhigh.com
Head of Year 11	Miss R Harrigan	r.harrigan@stowhigh.com
Finance		finance@stowhigh.com
General Enquiries		enquiries@stowhigh.com
Attendance/Student Absence		attendance@stowhigh.com



Inspirational Futures News

**Work Experience (WEX) Update – Year 10
4th – 7th July 2023**

A reminder to all Year 10 that the **deadline for applying for your work experience placement is the end of May.**

All placements must be applied for through Unifrog or they will not be approved as an authorised absence.

Mrs Mylrea is available every lunchtime (Monday to Thursday) in the Inspirational Futures Centre on the 2nd Floor for students if you need application support or have any questions.

WEX floor passes will be available from your form tutors from next week to allow you up to the centre at lunchtime.

Any parental queries, please email on m.mylrea@stowhigh.com

If you are struggling to find a placement – see Mrs Mylrea ASAP.

Applying for Medical School Day' event Saturday 13 May 2023

The Next Generation Project are pleased to be working with the Suffolk GP Federation and the GP Support Hub for the forthcoming interactive 'Applying for Medical School Day' event for Students who are looking to pursue a career in Medicine.

We are pleased to advise that the Medical Day has now been opened up to students **aged 16 - 18**

Date: Saturday 13 May 2023

Time: 09.30 am – 2.30 pm

Venue: Waterfront Building, University of Suffolk, Ipswich

Workshops hosted by Medical Ambassadors will allow students to gain information and advice about Personal Statements, Choosing a Medical School, UKCAT & BMAT requirements and Interview preparation.



ARE YOU AGED 16 - 18 AND THINKING OF A CAREER IN MEDICINE?

We are holding an interactive event which will give you an insight on how to apply to Medical School.

To be held on

Saturday 13th May 2023

09.30 am - 2.30 pm

at

Waterfront Building, University of Suffolk, Ipswich

To register for this event please email

ambassadors@caredevelopmenteast.co.uk

#IWantToWorkinMedicine





Don't forget to encourage your children to sign up for Advice & Slice sessions which are held on Tuesday in G.02 (Textiles Room) on the ground floor.

The signup sheet is inside Mrs Mylrea's office in the Inspirational Futures Centre, or email m.mylrea@stowhigh.com to secure your place.



Sessions

25th April 2023	Stuart Lipscombe - University of Suffolk Criminology
9th May 2023	Lt Jake Langford - Life in the Army
27th June 2023	Ebony Pumfrett - From SHS to Medical School
13th June 2023	Chelsea McIntee - Cabin Crew
11th July 2023	Zoe Durrant - Life as a Pathologist

All in the Textiles Room G02 at lunchtime please let Mrs. Mylrea know via email on m.mylrea@stowhigh.com to make sure that we have enough Dominos Pizza. Sign up sheet can also be found on the door of the Inspirational Futures Centre.

Don't Forget!

If you take part in any extracurricular activities or clubs or attend any of our Virtual Work Experiences or online Conferences, make sure to log them on Unifrog as an interaction. See Mrs Mylrea in the Inspirational Futures Centre on the 2nd Floor for help with this.

Inspirational Futures What's Coming Up?

May 2023

- 9th Advice & Slice – LRC – Open to All Years
Sign up with Mrs Mylrea in the Inspirational Futures Centre
Lt Jake Langford – Life in the Army
- 10th University of Hertfordshire
Year 10 & 11 – Main Hall
- 11th Year 10 Parent Post 16 Presentation
6.30pm Main Hall
- 13th Applying to Medical School Day (Age 16-18)
9.30 – 2.30pm – Waterfront Building University of Suffolk
Register here: ambassadors@caredevelopmenteast.co.uk
- 17th Year 10 Post 16 Presentation Assembly
8.50am – 9.10am – Main Hall

June 2023

- 13th Advice & Slice – LRC – Open to All Years
Sign up with Mrs Mylrea in the Inspirational Futures Centre
Chelsea McIntee – Cabin Crew
- 27th Advice & Slice – LRC – Open to All Years
Sign up with Mrs Mylrea in the Inspirational Futures Centre
Ebony Pumprett – From SHS to Medical School
- 29th Year 10 Taster Day – West Suffolk College & Abbeygate Sixth Form
9.10am – 2.30pm

July 2023

- 4th – 7th Year 10 Work Experience
- 11th Advice & Slice – LRC – Open to All Years
Sign up with Mrs Mylrea in the Inspirational Futures Centre
Zoe Durrant – Ipswich Hospital - Life as a Pathologist

On The Horizon



- TBC – Army Surge Recruiting Event
TBC - Business Work Experience Networking Breakfast
7.30am – 9.00am – Main Hall