



# PE Newsletter 3rd May- 19th May

### Year 7



1 - The year 7 girls had their first rounders fixture away at Thurston this week. They faced the home team in their first game and won the toss to field first. Gracie bowled well and Ava and Megan worked brilliantly together at 2nd and close field, to stop many half rounders and getting players out. Some great deep fielding from Lacey also kept the opposition's score down.

The girls then went on to bat well, scoring many half rounders and putting the pressure on the home team. It went down to the last ball where **Lacey** hit well and scored a full rounder to take the win. The second game against St Benedicts saw a strong batting opposition and unfortunately put the pressure on our field and gave them the win. Great effort all round, we look forward to the next fixtures. Well done girls!

### YEAR 8

# Year 8 Rounders



2 - This week the year 8 girls faced their first rounders games of the year. They were up against the home team Thurston in the first game and got off to a strong start in the field, with **Danielle** bowling well and having an effective partnership with backstop **Jasmine**. The girls kept the opposition's score down but unfortunately when batting they could not get the big hits in order to achieve full rounders.

Their second game against Great Finborough was a closer match including some rounders from Courtney and good hits from most achieving many half rounders. Despite a good score at change over, Great Finborough were able to sneak out some extra half rounders to take the win. A great effort all round and the catch of the day goes to **Jasmine** who caught a very hard and fast hit on the penultimate bowl. Well done ladies!

## Year 8 Volleyball



Two teams of year 8s travelled to Suffolk New College to play in the West Suffolk Volleyball tournament. This was the first competition the students had done within this sport so they learnt a lot throughout the evening. The boys came 3rd overall and the girls came 5th.

## YEAR 9



3 - On Wednesday the Year 9 girls participated in their first ever tennis tournament for the school. They travelled to Saint Felix Private school. The girls were a credit to the school with the player of the match being **Jess Staines** who played some fantastic tennis and won all of her sets.



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## **YEAR 10**

## U15 Handball Regional Finals!



#### The U15 Handball team are National Finalists!

The girls have had a very successful day at the Regional Handball Finals and have now secured a place in the English Schools National Handball finals!

They played schools from all over the Region and dominated in their initial group stage. They won all three of their group games, beating Swavesey Village (10-5), Branston (3-2) and WBS (7-6).

After winning their group stage, they faced Sprowston in the Semi-Final. They also dominated this, winning 7-1 and sending them into the final!

In the final they played Ashfield (last year's National Runners-Up). A nervous start meant Ashfield took a big lead and at half time Stow were down 2-8. The girls had a much better second half but despite their efforts they could not catch their huge lead and the final scored finished 9-6. Both first and second place have qualified for the National Finals so the girls are looking forward to the rematch!

Player of the Tournament was **Eve Caldwell** who was outstanding all day and was our leading goal scorer. A huge well done to **Chloe Taylor** also who was in goal and pulled off some amazing saves to keep her team in the game on a number of occasions.

The girls will compete against the best schools in the country in the National Final on Sunday 11th June! Well done!



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# Fixtures and extra clubs next week:

#### Tuesday 23rd May:

- Girls Cricket Practice (3:10pm-4:10pm) G. Whitfield
- Year 10 Rounders Cup @ OSA (2:40pm-6:30pm) J. Howland
- Sports Leaders event @ SHS (3:45pm-5:45pm)

#### Wednesday 17th May

• Archery @ Ixworth (3:10-5:00pm) D.Wise

#### Thursday 18th May:

- Year 9 Rounders Cup @ OSA (2:40pm-6:30pm) J. Howland
- All Years Rounders Club (3:10pm-4:10pm) G. Whitfield