



PE Newsletter 9th-13th October

Year 7

Year 7 Boys Football



*1 - The year 7 boys football (B) team travelled to Thurston for their first taste of school football. The team played five games overall and won three in total. it was excellent to see loads of new students representing the school for the first time. Well done to all who were involved. Player of the tournament was **Ben Jones** due to the large number of assists and a tidy finish from a well worked free kick.*

Year 8

Year 8 Boys Football



2 - The Year 8 Development Team took part in the west Suffolk festival this week. Many of the boys were playing their first games for the school. They started the festival with a 2-1 win against Thurston B. **Callum Boyce** put the boys in front before Thurston equalised in the last few minutes. However, there was still time for a late winner from **Jayden Maloney**.

Jayden was on target again in the second game against Thurston A, with a great run and left foot finish. This time the game ended all square with some excellent defensive work from **Henley** and **Josh**.

The final game was against Ixworth. The boys had to defend for long periods and fell behind early on. However, **Jae Pullen** came to the rescue scoring a free kick with the last kick of the game. That goal, and a point from the final game, meant the boys left the festival as overall winners.

Year 9

U14 Netball



3 - The y9 netball team had the Western area tournament this week. Congratulations and big shout to y7 **Keri** playing up 2 years, and year 8's **Izzy** and **Lucy** playing up a year, supporting the team and making a big difference.

The girls had a busy afternoon of 6 games, with no breaks. Leading by example, captain **Danielle** worked brilliantly as the link between defence and attack and scored many points across the afternoon along with **Lucy** and **Keri** showing great shooting technique. Fantastic defence from **Freya**, **Poppy** and **Izzy** made it hard for teams to score and many shots were intercepted. **Layla** and **Rich** worked so hard in the centre all afternoon, and certainly made the other schools up their game. **Daisy** also made her first appearance for team and fought brilliantly against some strong players. The girls came away, winning 3 out of their 6 games. The highlight was having a very close game against the winners of the tournament Culford, whose teacher even congratulated them on what a great team they were. Despite the loss, they really did test the Culford team and made them work hard for the win. Fantastic effort all round, fabulous results and some great lessons learnt on how to change their game, well done ladies!

Year 10

U15 Girls Fustal



4 - Covered in paint, the u15 girls futsal team competed in the West Suffolk finals on Tuesday this week. They faced Debenham and Hartismere. They played Hartismere first and dominated throughout, eventually winning the game 4-2. The game against Debenham was much closer, with scores being level at half time. Debenham took their chances in the 2nd half getting the edge and winning over all. Well done to **Chloe Taylor** who was the top scorer and player of the tournament.

u15 Netball



5 - On Wednesday the Year 10 netball team competed in the West Suffolk finals. They faced a variety of different schools across the day and played with no rest inbetween!

They went on to beat KEGS, Thurston, Culford and Finborough in the group stages, winning their group. However, fell at the last hurdle as they lost narrowly by 2 goals to County Upper in the Semi Finals. The team came 3rd overall out of 11 schools which is a great achievement. They look to build on their performance in their league game against County next Monday.

Player of the tournament was **Martha Hardcastle** for her excellent performance in the mid-court.

All Years

Cross Country



6 - On Thursday this week we took a number of students to compete in the area cross country at the Royal Hospital School. Despite the poor weather, the students were great!

*A huge well done to **Harvey Dunnnett (Year 10)**, **Finley Lambon (Year 8)** and **Eve Caldwell (Year 10)** who all ran in the top 50 runners and qualified for the next race!*









Upcoming Fixtures

Monday 16th October

- Year 10A Netball @ County Upper (3:10pm-5:15pm) *J.Howland*
- Year 10B Netball @ County Upper (3:10pm-5:15pm) *J.Howland*

Tuesday 17th October

- u16 Girls Football @ SHS vs Thurston (3:10pm- 5:00pm) *J.Howland*
- Year 10 Boys Futsal @ SHS (3:10pm-5:30pm) *C.Andrews*
- Year 8A Boys Football @ Mildenhall (3:10pm- 6:00pm) *T.West*

Wednesday 18th October

- Year 7A Boys Football @ SHS vs KEGS (3:45pm- 5:15pm) *C.Andrews*
- Year 8 Girls Football @ County (3:10pm-5:30pm) *G.Whitfield*

Thursday 19th October

- Year 7 & 8 Netball vs Sybil @ SHS (3:10pm-5:00pm) *G.Whitfield*

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