

Headteachers' Fortnightly Newsletter

Monday 9 October 2023 – Friday 20 October 2023



Hi All,

What a whirlwind of a half term it has been, with some lovely sunny days keeping us company! We have had lots of trips, clubs, and charity events (and lots more planned) so I just wanted to say I really appreciate the support Stowmarket families give the school to aid local charities which are close to our hearts, such as the recent 'colour run' which recognises and supports one another at our time of need.

As we look to the next half term and darker colder evenings, it is important to reflect on where you can source additional support e.g. with uniform, applying for Free School Meals and/or study support. If you are struggling, please do reach out to the school via your child's Head of Year in the first instance to see what support is available to you and your family.

It is also a time to reflect on the first impressions we have all made this new school year and consider how to be even better as we move forwards in the year. Whilst the vast majority of students are keen to learn and engage with the schools' high expectations set of them, at times it is appropriate to have honest conversations when students fall short and/or are jeopardising their progress. It is important that in order to build resilience and get ourselves back on track, that we are honest with ourselves and seek support and guidance where necessary to ensure swift action is taken. For example, sanctions exist to teach us lessons, build resilience and give students reasonable chances to avoid and overcome situations along with providing an opportunity to discuss any support available. Equally, rewards exist to celebrate our students' contributions to day-to-day school life, both inside and outside of lessons and to recognise and promote these regularly each week.

A reminder that all staff and students have recently completed the annual acceptable use declaration. This is to ensure that we regularly talk about and understand online safety and how to safeguard our own profiles and settings to ensure we regularly review our awareness of the risks and dangers which arise from technology and the internet.

A big thankyou also to the hundreds of students that supported our recent open evening and open mornings, it is a great opportunity for parents to speak to the young people that make our school community what it is beyond the voice of its adults. A special shout out to Daisy, Harrison, Cameron, Jacob, Matilda and Isla for speaking so wonderfully about their experience at Stowmarket and making it a school other students want to join.

Have a lovely half-term everyone.

Ms Hernandez

Pumpkin Competition

Our fourth annual pumpkin competition didn't disappoint, we saw a vast array of designs this morning, from the traditional, to artistic, to gory! Thanks so much to everyone who entered. It was so difficult to pick out the winners as all entries were fab. However, below are the results:

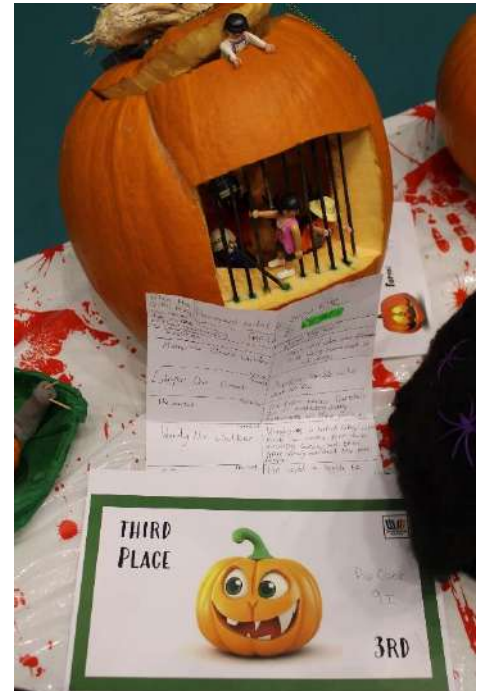
1st place Phoebe Burgess



2nd place Eva Murton



3rd place Pip Cook



Headteacher's special prize for goriness Julija and Kristina Cuprina



FOSH Halloween Quiz

It was lovely to see so many people at the Halloween Quiz on Thursday, lots of fun was had by all – especially during the ‘wrap a mummy’ round!!

Thank you to everyone at Everyone Active / Mid Suffolk Leisure Centre for donating prizes and to everyone that came, helped run and donated prizes for the raffle. All the money raised is going towards the little extras at school that benefit all the children.

We look forward to hosting another family quiz evening in the new year! 😊



October Half-Term Activities

Please click [here](#) to see a variety of half term activities on offer from the council.

Please see below some half-term activities The Mix are hosting this coming week.



MIX GAME NIGHT
CONSOLE/DESKTOP GAMING TOURNAMENT:

- MARIO CART/SMASH BROS
- FORTNIGHT/ ROAD BLOCKS
- FIFA
- RAINBOW SIX/OVERWATCH 2

X-BOX SWITCH MACS

TABLETOP GAMES:

- CHESS/POKER
- MAGIC THE GATHERING
- POKEMON

THURSDAY 26TH OCTOBER

AGES: 11-16 PLAY 10-2PM
AGES 16-19 PLAY 4-6PM

SPACES LIMITED
COME SOLO OR BRING A SQUAD



MIX THE PAINT
CREATED BY FRANKIE FITZPATRICK

DETACHED "PLUS" BY THE MIX
FEATURING FREE GRAFFITI WORKSHOPS WITH ARTIST JOEL MILLERCHIP

JOIN US AT

- WEDNESDAY 28TH JUNE 4-8PM
- PRIMADONNA FESTIVAL 28TH-30TH JULY
- WEDNESDAY 23RD AUGUST 4-8PM
- PIKES MEADOW STOWMARKET FOOD MUSEUM
- PIKES MEADOW STOWMARKET
- THURSDAY 21ST SEPTEMBER 4-6, 7-9PM
- MONDAY 23RD OCTOBER 10-2PM
- THE MIX STOWMARKET

For more detail contact
anna@themixstowmarket.co.uk



Inspirational Futures News

We had another successful Next Steps Evening for Year 11 at the end of September. We had over 14 different Sixth Form, College, Apprenticeship, Supported Learning and Employer participants and a great turn out from Year 11 and their families.

Students got to talk to all the local providers in one place, to discuss and plan their next steps. Open days are still going on so please make sure you visit your intended destination to get a feel for the place ahead of time.

Mrs Mylrea is available every lunchtime for application support, and one to ones with the careers adviser will be taking place after half term for those that are yet to have their appointment.





COMING SOON ...

Open day events



WEST SUFFOLK COLLEGE

Saturday 15 October 2022, 9.30am to 12.30pm
Thursday 10 November 2022, 5.30pm to 7.30pm
Thursday 2 February 2023, 5.30pm to 7.30pm



ABBEYGATE SIXTH FORM

Thursday 20 October 2022, 5pm to 7.30pm
Saturday 4 March 2023, 9.30am to 12.30pm

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SUFFOLK ONE SIXTH FORM

Thursday 13 October 2022, 5pm to 7.30pm
Saturday 5 November 2022, 9.30am to 12.30pm
Tuesday 22 November 2022, 5pm to 7.30pm
Tuesday 7 February 2023, 5pm to 7.30pm



SUFFOLK NEW COLLEGE

Thursday 6 October 2022, 5.30pm to 8.00pm

SUFFOLK RURAL

Saturday 15 October 2022, 9.30am to 12.00pm
ON THE COAST
Saturday 15 October 2022, 9.30am to 12.00pm



We welcomed back Dr Zoe Durrant, Pathologist, for another insightful talk on her career journey from high school to doctor. The students asked lots of interesting questions, and it was a great informative session, which has sparked some of our students to think about a career in medicine.



Don't forget to encourage your children to sign up for Advice & Slice sessions which are held on Tuesday Week B in G.02 (Textiles Room) on the ground floor.

The signup sheet is inside Mrs Mylrea's office in the Inspirational Futures Centre, or email m.mlrea@stowhigh.com to secure your place.



Sessions

| Dates in 2023 | Period | Time | Location | Speaker | Topic |
|---------------|----------|------------------|-------------------|-------------------------------------|--------------------------------|
| Tues 31st Oct | Lunch | 1.30pm - 2.10pm | Textiles Room G02 | Lt Jake Langford | Life in the Army |
| Tues 14th Nov | Period 4 | 12.30pm - 1.30pm | Room 222 | Joe Sadler | Music & Working with the Stars |
| Tues 28th Nov | Lunch | 1.30pm - 2.10pm | Textiles Room G02 | PC Chloe Levitt & PC Stef Henriksen | Police - Life on the Beat |
| Tues 12th Dec | Period 4 | 12.30pm - 1.30pm | Room 222 | Stuart Lipscombe | Criminology |
| Tuesday 16th | Lunch | 1.30pm - 2.10pm | Textiles Room G02 | Emma Thorpe | Theatre Royal |
| Tuesday 20th | Period 4 | 12.30pm - 1.30pm | Room 222 | Kiara James | Ambulance Service |

Sign-up sheets are on the door of the Inspirational Futures Office or email Mrs Mylrea m.mylrea@stowhigh.com you cannot attend without signing up to ensure we have enough Dominos Pizza. For all those signing up for a Period 4 Session, you will also need a Pizza Pass from Mrs Mylrea to show to your teacher after registering.



Work Experience Celebration

Team Futures hosted a wonderful celebration assembly to highlight the fabulous achievements of our current Year 11's who headed out on Work Experience at the end of last year whilst in Year 10.

We were bowled over by the amazing employer feedback, our students represented the school brilliantly and they should all feel very proud of themselves.

Well done Year 11.

Year 10 – Don't forget your time is coming, with work experience set for 13th – 17th May next year, it is time to start thinking about where you might like to go for your placement.



December 2023

12th



Advice & Slice – Open to All Years

Period 4 – Room 222

Sign up with Mrs Mylrea in the Inspirational Futures Centre

Stuart Lipscombe – Criminology

On The Horizon



October – The Mix Career Mentoring Service

December – Year 10 Work Experience Parents Evening

February 5th – 11th - National Apprenticeship Week

March 4th – 9th - National Careers Week

March Youth Empowerment Conference 2024: Celebrating Diversity

May 13th – 17th – Year 10 Work Experience

Useful Contact Information:

| | | |
|----------------------------|-----------------|--|
| Head of Year 7 | Miss R Harrigan | r.harrigan@stowhigh.com |
| Head of Year 8 | Mrs T Goodman | t.goodman@stowhigh.com |
| Head of Year 9 | Mrs N Goss | n.goss@stowhigh.com |
| Head of Year 10 | Mrs A Hackett | a.hackett@stowhigh.com |
| Head of Year 11 | Ms Z Rudling | z.rudling@stowhigh.com |
| Finance | | finance@stowhigh.com |
| General Enquiries | | enquiries@stowhigh.com |
| Attendance/Student Absence | | attendance@stowhigh.com |



Newsletter

THE FUTURE • OUR BUSINESS