



PE Newsletter 13th November- 17th November

Year 7

Year 7 Girls Football



1 - The year 7 girls football team played in the next round of the county cup on Wednesday against local rivals Stowupland.

*We went into a penalty shootout after **Tilda Aldous'** goal kept the score tied at 1-1 at the end of full time. Our game's Hero was **Lilly Seed**, who saved three of Stowupland's penalties. Another big shout out to our amazing goal scorers with rocket-like penalties, taking us to a 3-0 win! The girls persevered despite having just nine players, and their outstanding performance has advanced us to the next round of the Suffolk County Cup!*



Year 8

Year 8 Boys Futsal



2 - On Tuesday the year 8 boys football team played in the area futsal tournament where they faced Debenham, Stowupland and Hartismere.

They faced Hartismere first and were on top throughout the whole game. They managed to score 7 past Hartismere with **Ben Hooper** getting 4 and **Leyton Upson, Finley Lambon, Jack Lodge** all getting on each. They then faced Debenham who were last years county finals winners. They held their own for the first half, with **Ben Hooper** bagging another, however Debenham upped their game in the second half and managed to come away with a 2-1 win. In their final game they faced Stowupland which was a very close game and could have gone to either team. Stowupland managed to bag the winner in a one goal game right at the end.

Player of the tournament was top goal scorer **Ben Hooper**. Well done to all of the team for an excellent display of futsal throughout the tournament.

Year 8 Girls Football



*3 - The year 8s took a long journey to Lowestoft this week, for their next round of the county cup. Despite some good attacks and strikes from **Ava Chapman** and **Robyn Wagstaff**, East points defence was particularly strong and held us back. Willow made some outstanding saves and Gracie put great pressure on their leading striker.*

*By half time East point were leading but the girls did not let this slow them down. In the second half, the girls took back control and Sienna was set up brilliantly by **Ava** to get our first score. Our girls continued to put on the pressure and **Lacey Ling** was able to add another 2 goals to our score. Willow made 2 fantastic quick saves and **Mia Cassidy** and **Phoebe Burgess** made some great clearances to allow us the opportunity to keep the ball away from our own end. The girls worked brilliantly for the whole game and despite winning the second half, they could not equal the score from the start. Well done girls.*

Year 10

Year 10 Boys Football

The Year 10 Boys took the long journey to Castle Manor for their first West Suffolk Cup fixture. After a good seasons last year they will be looking to progress further in both of their cup competitions.

They made a fast start in this match, and after some early pressure, took the lead when a cross from **Harry Thorpe** was turned in by **Ollie Miller**. They continued to dominate the first half and created some excellent opportunities to extend their lead. Eventually this paid off with **Albie Blanchard** scoring from close range after another cross from the right wing. Half-Time 2-0.

Manor had the advantage of a significant slope and favourable wind in the second half and started in the front foot but rarely tested **Chris Howell** in goal. This was largely down to some strong defending and committed tackles from **Finlay Craddock**. The goal of the game came half way through the second half when **Archie Pickett** picked the ball up just inside the Manor half, drifted past their midfield and smashed a finish in from 20 yards off his weaker foot. Manor did pull a goal back when a mix up at the back led to a long range effort drifting over Chris and into the goal but SHS quickly replied when **Jack Bearman** was on hand at the back post to finish from a **Harry** free kick.

Man of the Match **Finlay Craddock**. The boys will play Breckland in the quarter finals.

Upcoming Fixtures

Monday 20th November:

- Year 7 Netball @ Mildenhall (3:10pm- 5:30pm) *G.Whitfield*

Tuesday 21st November:

- Year 9/10 Girls Football @ Sam Ward (1:30pm-5:00pm) *J. Howland*
- Year 7 Boys Futsal @ SHS (3:10pm-5:30pm) *C.Andrews*
- Year 10 Boys Rugby @ Stow Rugby Club (1:00pm-4:00pm) *G.Whitfield*

Wednesday 22nd November:

- Year 7, 9 and 11 Girls Rugby @ Stow Rugby Club (1:00pm-4:00pm) *G.Whitfield*

Thursday 23rd November:

- Year 7 Boys Football @ SHS vs County (2.30pm- 3:45pm) *C. Andrews*
- Year 7 Girls Football @ SHS vs County (2.30pm- 3.45pm) *C. Andrews*
- Year 10 Girls Football @ SHS vs OSA (2:30pm- 4:00pm) *J. Howland*
- Year 7 & 8 Netball @ St Benedicts (3:10pm-5:00pm) *G.Whitfield*

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