



**PE Newsletter** 30th October- 9th November

#### Year 7 Girls Football



1 - The year 7 girls' team had their first fixture of the year Thursday afternoon last week. Thurston were the visitors who turned up in full force.

Despite the heavy downpour, the sun broke through the clouds, and the rainbows emerged. Super midfielder **Mylea King** scored a hat-trick, and **Tilda Aldous** added a brace, as Stowmarket secured all three points with an amazing team effort. Incredible attacking down the wings, with **Mylee Thompson** and **Ellie Fountain** providing assists. **Lilly Seed**, our keeper, held a clean sheet while the back line supported her in this.

After winning 5-0, we go on to the next round of the West Suffolk Cup.

#### Year 7 Netball



2 - On Tuesday this week the year 7 netball team were the first team to play on our new courts! A league game against Thurston. The girls got off to a strong start, winning back the first centre taken by Thurston. Great defence by Mylea King meant that the opposition had very few chances to shoot. Lots of interceptions by Lily and Sienna meant that we were winning back the ball frequently. Great shooting and good partnership between Kerri and Mylee in our third, meant we were 5 - 0 at half time. Despite Thurston coming back stronger in the second half, Ellen and Olivia helped to get possession in the centre third and keep Thurston from shooting. Another lovely win, well done ladies.

# Year 8 Girls Futsal



3 - The year 8 girls futsal team took part in the West Suffolk futsal tournament on Tuesday against Stowupland, Thomas Mills, Hartismere and Debenham.

This was the first time the girls had played futsal and they did extremely well. They managed to win 2 and draw one game which saw them finish second overall, behind Debenham. **Ava Chapman** and **Sienna Scott** finished the tournament as joint top scorers with 3 goals each. The girls worked hard, and they should be proud of themselves.

# Year 9 Boys Football



4 - On a very wet and cold afternoon, Stowmarket welcomed king Edward for the first round knockout match in the west Suffolk cup.

In a very physical and aggressive game played at a frantic pace, Stowmarket unfortunately came out with a 5-1 defeat against a very strong king Edward team, however the score in no way reflected the game and Stowmarket put up a much better, spirited and competitive performance compared to last season when the 2 sides faced one another.

The game started fast and the game was very even with very few chances. However, king Edward scored 4 very quick goals in quick succession inside the last 20 minutes of the first half cultivating in some avoidable mistakes which unfortunately despite Stowmarket playing very well, undeservedly were 4-0 down at half time. What was so pleasing is that Stowmarket rallied as a team and did not drop their heads and second half, put in an absolute fantastic display and were the better team in the second half and grabbed a goal midway through the second half, with a through ball from **Robby Scopes** which **Jasper Plowman** latched on to slot home. King Edward scored their 5th in the last kick off the game but despite the result, Stowmarket came off the pitch knowing they matched or bettered their opponents.

An excellent collective team display with some stand out performances with **Alfie Hammond** for his tremendous work rate and speed along with a fine 2nd half goalkeeping display from **Jimmy Johnson** who made some wonderful saves.

FT Stowmarket 1 king Edward 5

#### U15 Girls Football



5 - The U15 girls football team travelled to Ixworth to compete in the first round of the county cup. They dominated from the start and within 5 minutes had scored 3 goals! The team continued to work well and continued to score goals. The goals were shared around between Courtney Elliston x 2, Charlotte Buckle x 2, Martha Hardcastle x 2, Broni King x 1 and Chloe

Price x 1. They face OSA in the second round in a few weeks time.

#### Year 11

# U16 Rugby

This week the u16 boys made their way round to the rugby club for the Western Area rugby tournament in the rain. Despite some strong opposition, the boys went from strength to strength in each game, developing their defence and rucks. Some fantastic tackling made by Morten Prentice, Oliver Owen and Isaac Braybrooke stopped all of the teams from scoring many tries. William T did a brilliant job as scrum half, being a good link between the forwards and back. Some good scrums and winning of line outs allowed the boys to put plenty of pressure on the other sides. Great runs from Will Matagi, Albey Finch Freddie and Taylor Green gave us some great opportunities and tries. Great effort all round! All the best to Morten for a quick recovery from his head clash with Tyler Smith.

# **Upcoming Fixtures**

#### **Saturday 11th November:**

• Year 10/11 Netball County Finals @ Ipswich School (9:00am-2:00pm) J. Howland

#### **Tuesday 14th November:**

- Year 10 Boys Football Away @ Castle Manor (2:00-5:00pm) T. West
- U13 Boys Futsal @ SHS (3:10pm-5:30pm) C.Andrews
- Year 7 & 8 Netball @ SHS vs St Benes (3:10pm-5:00pm) G.Whitfield

# Wednesday 15th November:

• Year 7 Girls football @ SHS (3:10-4:30pm) F. Harvey

# Follow us on Instagram for all updates!

stowmarket\_high\_PE

