



PE Newsletter 20th-23rd November

Year 7

Year 7 Girls Football



1 - Thursday afternoon, the U12 girls took on County High School in the semi-final of the West Suffolk Cup. For the first 20 minutes, Stowmarket had possession, with a few shots from **Ellie Fountain** and **Mylea King** just going wide of the posts. After 22 minutes, **Tilda Aldous** laid a great ball across goal which found **Mylea King**, **Mylea** found the bottom right-hand corner to take us 1 ahead into half time. County High started strong from the kick off, with a couple of attempts on target, but this didn't trouble **Lilly Seed**, our solid goalkeeper. Our defenders did a brilliant job, keeping their striker in their pockets. Another brilliant win for the U12 girls, this now means we are into the final of the West Suffolk Cup!

Year 7 Boys Football



2 - The year 7 boys continued their county cup run against County Upper on Thursday. The boys started off strongly by going 1-0 up after 10 minutes; however, County Upper responded before half-time. The second half was a close contest, with Stowmarket going 2-1 up with 10 minutes remaining. Unfortunately, the team conceded 2 late goals which means their county cup journey has ended. Although the goals were scored by **Jack Miller** and **Edward Bell**, all of the boys should be proud of their achievements.

Year 7 Girls Netball



3 - The year 7 netball team have had two games this week. On Monday they had a league game at Mildenhall which they dominated from the start. Some outstanding defence from **Tilda** and **Mylea** meant that Mildenhall had little chances to score. **Ellen** and **Martha** worked well feeding the ball into **Kerri** and **Lily** for some lovely shots. Great effort all round and nice to be able to play a number of girls in different positions. Mylea King player of the match.



4 - On Thursday we took quite a different team to St Benedicts. It started off very even and by half time it was a draw with **Sienna** and **Lily F** defending very well and **Isla** and **Kerri** working brilliantly. Unfortunately the second half proved harder with the home team finding their strengths. The girls lost by just 2, their first loss of this year. Well done for working hard to the end.

Year 7 Boys Futsal



5 - The year 7 boys had their first futsal tournament on Tuesday. The team started off excellently with a 4-0 win against Thomas Mills, with **Edward Bell** scoring all 4. The group worked hard and positively represented the school by finishing 3rd overall.

Year 8

Year 8 Boys Football



6 - The year 8 boys football team had two games this week. Winning their first by a staggering 8-1 and progressing through to the next round of the county cup.

The second game of the week was much tighter against Sybil Andrews and despite an even first half, the boys suffered a 3-1 loss. Some excellent play all round.

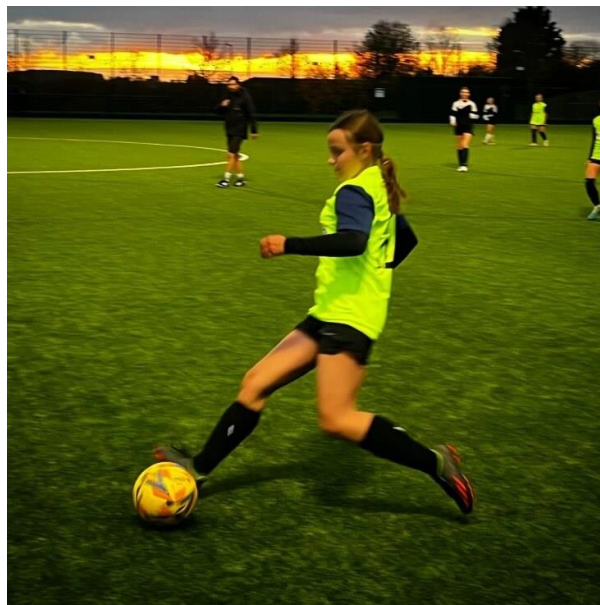
Year 8 Girls Netball



*7 - The year 8 girls had a game against St Benedicts this week. Having been on a winning streak the pressure was on our team, especially without some of our usual and key players. They worked well together and defended fantastically, intercepting many of the oppositions passes. **Evie** and **Alamea** both got a goal in the first half. With a swap around at half time, the girls held off the opposition brilliantly, reducing their chances at goal. Solid defending from **Millie** and **Isla** really putting on the pressure. Well done girls!*

Year 10

U15 Girls Football



*8 - On Tuesday the year 9 and 10 girls football team faced Samuel Ward in the next round of the county cup. Missing a few key players they coped well and kept possession in the early stages. The girls found themselves 1-0 up as **Bella Thomas** found the net from a free kick. However, with 3 minutes to go Sam Ward found an equalizer which sent the game into penalties!*

It was not to be our day on this occasion as Sam Ward won 3-1 on penalties, but the resilience of this team was to be admired.



9 - On Thursday this week the girls had their second game of the week, where this time they faced OSA in the second round of the West Suffolk Cup. The first half was fairly even, with both teams having opportunities to score but being denied by the keepers. The second half OSA had a change in personnel and dominated in large parts, which their goalie coming out of goal to play striker, she scored her team 3 goals to take the win.

*A huge shout out to **Clare Owen-Stiff** who stepped in at the last minute to play in her first ever football match, in the absence of an injured Eve Caldwell.*

U15 Boys Rugby



*10 - U15 West Suffolk rugby tournament this week was at the Stowmarket Rugby Club. The boys had a fantastic afternoon of rugby, working brilliantly together, improving skills and tactics. Despite losing their first game against the overall winners, they went on to win every other game of the afternoon. **Caiden** as scrum half, helped organise the boys on pitch and successfully kicked every conversion. **Albey** lead the team well and along with **Robbie** and **Freddie** put in some amazing tackles to hold back the oppositions. Some strong runs from **Ethan**, **Harvey** and **Finley** helped the team to score many tries. Star player **Vinnie**, who was playing up a year, fit in brilliantly, his tackling and running with the ball was outstanding and with support from **Rasmus**, **Reece** and **Tamas** the team went from strength to strength. Amazing afternoon, well done boys!*

All Years

All Years Girls Rugby



11 - On Wednesday girls from across the whole school, in all year groups played in the Stowmarket Rugby tournament. They faced East Bergholt, Great Finborough and Thurston over the day. It was a pleasure to see each of the teams grow in confidence and get more and more stuck in as the day went on. For some of these girls it was their first ever game of rugby!





Upcoming Fixtures

Monday 27th November:

- Year 10 Girls Netball vs MCC @ SHS (3:10-5:00pm) *J.Howland*

Tuesday 28th November:

- Year 9 Netball vs County Upper @ SHS (3:10- 5:00pm) *F. Harvey*
- Year 11 Basketball @ SHS (3:10- 5:15pm) *D.Wise*
- Year 8 Girls Football @ Ipswich Town (9:30-12:30pm) *G . Whitfield*
- Year 10 and 11 Netball @ KEGS (2:30-4:30pm) *J.Howland*

Wednesday 29th November:

- Year 10 & 11 Mixed Badminton (3:10pm- 5:45pm) *J. Howland*
- Year 11 Boys Football @ Sybil Andrews (3:10pm- 5:30pm) *D.Wise*

Thursday 30th November:

- Year 7/8 Dodgeball @ SHS (3:10-5:15pm) *C.Andrews*
- Year 8 Netball @ King Edwards (3:10-5:00pm) *G.Whitfield*

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