



PE Newsletter 27th-30th November

Year 8

U13 Mixed Dodgeball



1 - On Thursday, pupils from year 7 & 8 took part in a dodgeball tournament at Stowmarket high school. The pupils competed against Thurston and Ixworth and managed to finish 2nd overall.

Year 8 Girls Football



2 - The girls had an exciting trip to ITFC this week to take part in the Utilita u13 cup. There were lots of teams entered from all over Suffolk, including some of their hard oppositions from their Suffolk Cup games. The girls got off to a great start in their first match winning 3-1 and dominating the game under the watchful eye of many coaches and scouts from the area. The girls then went on to play another 6 games and having a variety of outcomes. Some fabulous defending from

*Gracie throughout and lovely attacking play from **Ava, Lacey and Isla**, putting pressure on many of the opposition. A great morning had by all.*

Year 8 Netball

The girls had another league game this week, and this time up against King Edwards away. The girls did a fabulous job in the icy and cold conditions, working hard right till the end as the darkness set in. Great defence from **Isabelle B** and **Maddy V** and some lovely link play from **Lucy B** and **Alamea**. Unfortunately, it wasn't a win this time, but some great efforts and promising play, especially from **Millie**, who has only just come back from being off poorly. Well done girls!

Year 10

U16 Girls Badminton



3 - On Wednesday two teams of girls participated in the West Suffolk Badminton tournament.

*Team 1 consisted of year 11 **Megan Treverrow** and three year 10s: **Jasmine Randell, Jess Staines and Eve Caldwell**.*

*The team did extremely well and beat both Stowupland and Finborough 2 to qualify for the final. Both **Megan** and **Jess** played singles and won their games, followed by the two doubles teams of **Megan and Jasmine** and **Jess and Eve**. This meant we won 4 out of the 5 games to become West Suffolk Champions! The girls qualify for the county finals!*



4 - Team 2 also did very well and their team was made up of **Broni King, Bella Thomas, Martha Hardcastle and Naomi Selby** who helped out at the last minute through another students absence.

The girls came second in their group after beating Thurston, but loosing narrowly to Finborough 1. The girls came third overall - well done!

Year 10 Netball



5 - On an extremely cold day, the year 10 girls competed in another league game against KEGS. The girls were on top throughout the whole game, winning each of the quarters.

The defensive team of **Poppy Harrod, Eve Caldwell and Martha Hardcastle** denied any attacks that KEGS had, whilst in the mid-court, **Jasmine Randell and Chloe Price** was working hard to feed our shooters. **Clara Owen-Stiff and Faye Parker** managed to score 17 between them to win the game 17-5.

Year 11

Year 11 Boys Basketball



6 - The Year 11 boys had their first basketball game of the season against Ixworth on Tuesday night. It was a brilliant team performance throughout with the lads dominating from tip off. The final score with 50-3 with **Charlie Aldis** top scoring with 20 points. The boys showed a great attitude throughout the game where they were gracious in their victory and were commended by their teacher for the support they gave to the opposition. Excellent work, well done!

Year 11 Boys Football



7 - The Year 11 boys football team travelled to Sybil Andrews on Wednesday for the Quarter Final of the West Suffolk Cup.

The started the game brilliantly with a high press putting tremendous pressure on Sybil's back four. Mid way through the half we got the reward we deserved when their keeper could only parry a free kick from **Zack Newland** and **Theo Ling** was lightning quick to latch on to the rebound and put it in the net. The boys had two strong penalty shouts turned down when **Archie** and **Max** both appeared to be fouled in the box. A defensive mix up at the end of the half saw the ball rebound off our post and glance against a hand resulting in a penalty being awarded which was converted by Sybil leaving it 1-1 at half time. Sybil started the second half well and despite some outstanding saves from **Callum Aldous** in goal they managed to find a way through to take the lead. With 7 minutes to go a change of formation put **Harry Long** further up the pitch which had an instant impact when he was brought down in the box, **Archie** calmly converted the spot kick. This led to a cagey final few minutes of the game which saw **Archie** time his run brilliantly to go through 1v1 with the keeper and slot the ball into the corner giving us a 3-2 lead with 3 minutes to go. The boys showed great nerve to hold on for a very well deserved win and progress through to the Semi Finals.

Upcoming Fixtures

Tuesday 5th December:

- Year 9 Badminton @ Thurston (3:10-5:45pm) *G.Whitfield*
- Year 9 Boys Futsal @ SHS (3:10-5:30pm) *D.Wise*

Thursday 7th December:

- Year 9 Netball vs Thurston @ SHS (3:10-5:00pm) *F.Harvey*
- Year 10 Boys Football vs IES Breckland (3:10-5:30pm) *T.West*

Follow us on Instagram for all updates!

stowmarket_high_PE

