





# PE Newsletter 4th- 8th March

## Year 7

### Year 7 Jr NBA Basketball



*1 - The year 7 basketball team played their first round of Jr NBA games on Friday afternoon where they represented Portland Trail Blazers. They played two teams from Clayton and Chantry. Although they lost both of the games, the team learnt a lot throughout the two games where they faced a lot of students who played basketball out side of school. Top scorer and MVP was **Keri N.***

### Year 7 Inclusion event

On Tuesday, Year 7 girls participated in a UV inclusion event with other schools in the area. These events included glow in the dark dodgeball, parachute games and other small competitive games. The girls were brilliant and got stuck in with other students showing some brilliant team work and communication skills! Well done Year 7!

## Year 8

### Year 8 Jr NBA Basketball



2 - The year 8 basketball team played their first round of Jr NBA games on Friday afternoon where they represented Minnesota Timberwolves. They played two teams from Clayton and Chantry. Although they displayed some excellent defensive work in both games, they were not able to take the win in either game. Stand out players was **Lewis Randell** as top goal scorer and **Lacey Ling**.

### U13 Boys Rugby



3 - This week it was the year 8s Suffolk rugby tournament. The planned team had a big change last minute and was made up by some keen year 7s. On arrival, we decided to make a bigger squad and teamed up with another school (TGS). In true rugby spirit, the boys got stuck in introducing each other and getting to know one another very quickly. The boys did the school proud and started off brilliantly in the first game with tries from **Jack Yeo** and **Rui Gayle**. Throughout the afternoon they continued to go from strength to strength, winning the remainder of the games. Some amazing tackles from **Frasier, Rui** and **Preston** and strong running from **Ben** and **Jack**. **Henley** made a great catch from a long kick and passed brilliantly to allow the team more tries. You would never have known the team was made up of two schools, the sportsmanship and team work was great to watch. Special thanks to the year 7s for stepping in and allowing Jack, Rui and Henley the opportunity to play in their year group. A fantastic afternoon for all, well done!

## Year 10

### Year 10 Boys Handball



*4 - On Monday the year 10 boys handball team played Thurston in the West Suffolk Final.*

*They started well and dominated the first half, with **Albey Finch**, **Harvey Dunnett** and **Reuben Franksen** all scoring to take an early lead. At half time they were ahead, but Thurston had started to gain some momentum and defensively they were making it harder for the boys to score. The boys remained disciplined in the second half and **Albey** and **Harvey** continued to score to mean that the boys went on to win the game. An excellent team performance. Shout out must go to **Finley Craddock** in goal who made some outstanding saves. Well done boys- a great achievement!*

### Year 10 Boys Football

The U15 boys took on St Benedicts in the semi-final of the West Suffolk Cup. A bobbly pitch made for a very scrappy start to the game with neither team seeming able to get hold of the ball. However, after 15 minutes St Benedicts did take the lead with a well taken finish over **Chris**. This spurred on the home team who added two more goals before the interval.

Stowmarket came out with a far better intent in the second half and pinned the home team back in the early stages, with **Finlay Craddock** hitting the bar from a free kick. A goal was then pulled back after some good work through **Harry Patterson** which saw him convert from a tight angle.

Unfortunately, we were not able to build on this and the game was over when St Benedicts were awarded a penalty towards the end of the second half. Although Chris initially made an excellent save the rebound was put home. Final score 4-1.

## Year 11

### Year 11 Boys Football



5 - The Year 11 boys faced Thurston in the semi final of the West Suffolk Cup. The boys started the game well and looked very dangerous going forward. The Thurston defence struggled to contain **Archie Underwood** shown when he was brought down in the box resulting a penalty. **Archie** stepped up to calmly hit the back of the net and put us 1-0. Thurston finished the first half well with **Callum Aldous** being called into action making a great save before a defensive mistake gifted them a goal just before half time.

The second half continued to be a very evenly matched and physical battle with Thurston striking again and taking a 2-1 lead. A fantastic solo goal from **Zack Newland** once again levelled the game after he dribbled through three players before drilling the ball into the corner from outside the box. Unfortunately an own goal put Thurston back in front before **Zack** once again rescued the team equalising with a free kick. It was a tense last few minutes of the game tied at 3-3 with both teams looking to win it.

Neither team could find another goal so we went to penalties. Stowmarket scored 4 out of their first 5 spot kicks with goals from **Archie, Morten Prentice, Ollie Lambon and Theo Ling**. **Callum** saved one of their penalties meaning that Thurston had to score in their 5th. Their final penalty taker sent his kick over the bar and in doing so put Stowmarket through to the West Suffolk Cup final. A great achievement and well deserved victory for the boys. Special mention to **Albie Blanchard** who stepped up from Year 10 to support the team and put in some great tackles late on in the game.



## U16 Girls Football



6 - The u16 girls football team played County Upper in the Semi- Finals of the West Suffolk cup on Wednesday.

County stated the better of the two sides and scored a good early goal, tight into the bottom corner and then soon made that two a couple of minutes later. Stowmarket then woke up and started to play some great football. **Chloe Taylor** was the pinnacle player for us, dominating all over the pitch. Chloe's work rate led to her scoring a 1 v 1 with the keeper to make the score 2-1. a few moments later, Chloe found a through ball to **Lexie Coltart**, who calmly slotted home for 2-2. County then netted another after a quick break caught out the defense just before half time. The second half was quite even initially and both teams had chances. **Martha Hardcastle** found the net early on to equalise, after another ball through from Chloe. However it was County that capitalised on their chances in the remainder of the half, netting 3 good goals before the full time whistle.

*A great effort from this team, especially with most the team playing up an age group! Well done!*

## Upcoming Fixtures

### Monday 11th March:

- Year 10 Girls Handball @ Thurston (3:10-5:30pm) *J.Howland*
- Year 8 Girls Football vs St Benedics (3:10:4:30pm) *G.Whitfield*

### Tuesday 12th March:

- U16 girls basketball @SHS vs County (3:10-4:30pm) *J.Howland*
- U14 & U16 Girls Rugby @ SRUFC (1:00-4:00pm) *G.Whitfield*

### Wednesday 13th March:

- Year 7 Boys Rugby @ Ipswich School (1:00-4:00pm) *G.Whitfield/J.Howland*

## NEW SECTION- Mr Wise's Manager of the Month!



*7 - Well done to Miss Howland who is Team PE's manager of the month for February. Her notable team successes include the U15 girls making it to the regional handball finals and the U15 girls netball team winning their recent state school tournament. Whilst the sporting success is a reflection of the students' performance it would not be possible without the hard work and guidance of the PE staff so well done Miss Howland!*

## Follow us on Instagram for all updates!

stowmarket\_high\_PE

