



PE Newsletter 15th-19th April

Year 7

U12 Girls Football



1 - The year 7 girls competed in the West Suffolk Cup final on Tuesday afternoon against Stowupland, our local rivals.

*Following a few last-minute absences, **Keri Naivunivuni**, **Isla Stiff**, **Ellis Kisby** and **Olivia Robinson** stepped up to help the girls.*

***Ellie Fountain**'s goal within the first ten minutes gave us the lead, and we used that momentum to press the Stowupland defenders. The next play saw **Mylea King** score twice, including an amazing run through four players. Despite our solid defending, Stowupland managed to get a goal back in the second half but we had already put the game to bed. We come away victorious with a 3-1 victory, champions of the West Suffolk U12 girls Suffolk Cup. Well done to all of the girls involved throughout the rounds!*

Year 9

U14 Football



2 - The Year 9 girls' football team faced King Edwards in the semi final of the county cup on Thursday. The game was very close through with Stowmarket's defence doing a great job of containing some lively King Edwards players. The game was tied at 0-0 with 10 minutes to go and looked to be heading towards a penalty shootout. However a precision cross from **Lacey Ling** was left by **Millie Peck** for **Ava Chapman** to meet on the half volley and bury into the bottom corner was a fantastic strike. With Kind Edwards pressing forward for an equaliser, Stow managed to catch them on the break with **Robyn Wagstaff** latching on to a square ball to tuck the ball into the goal and seal the victory for Stow. In a game where we were often under pressure, the back four of **Freya**, **Phoebe**, **Gracie** and **Poppy** played brilliantly to limit the chances of some good Kind Edwards players. They progress to the county cup final! Well done ladies!

Year 10

U15 Girls Handball- REGIONAL FINALS!



3 - On Thursday this week the u15 girls handball team took the long trip to Nottingham University, after they had qualified for the Regional Handball finals, after winning their County finals.

The girls faced some top handball teams from all over the county, including: The West Bridgeford School, Queen Elizabeth High School, Frances Bardsley Academy and Henlow Church of England Academy.

The got off to a fantastic start against Henlow. **Eve Caldwell** dominated this game, scoring 4 and **Danielle Taylor** added a 5th, meaning they came out 5-1 winners in this game.

The second game against Queen Elizabeth High was much more competitive and scores were even at the half way point.

Poppy Harrod in goal pulled out some great saves to keep her team in the game at some crucial points. The girls were unlucky not to go ahead, with Eve hitting the post twice and her third bounced on the goal line off the cross bar. The girls had a frantic last minute, and unfortunately conceded a goal that should have been disallowed, meaning they narrowly lost out to the eventual 2nd place team.

They girls then faced Frances Bardsey and controlled the game from the off. Position and composition came through **Martha Hardcastle** and **Jasmine Randell**, which gave **Eve** more space to attack the gaps in their defence. The girls managed to score two early on, but their opponents fought back to get a goal their end. The girls were clever and kept possession to run down the clock whilst they were ahead. They took another opportunity at the end of which **Martha** then scored.

The final game came against The West Bridgeford School was in our hands. Whoever won this game would progress onto the National Finals. It was a very even game throughout, both teams having opportunities to score at both ends throughout. The girls were unlucky to not to score on a number of occasions, as Eve hit the crossbar twice and was fouled a following two times, with nothing being given for it. However, it was West Bridgeford that took their opportunities and came out eventual winners, going on to win the tournament.

Although a shame not to qualify for the National Finals, this team should be immensely proud of themselves, coming 3rd in the whole of East Anglia! Well done To **Danielle** for playing up a year and our player of the tournament **Eve Caldwell** for scoring nearly all of our goals!

Upcoming Fixtures

Tuesday 23rd April:

- U16 Girls Rugby @ Stow Rugby Club (1:00pm-4:00pm) G.Whitfield/ F. Harvey

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stowmarket_high_PE

