



# PE Newsletter 17th- 21st March

## Year 10

### Year 10 Girls Handball

In a thrilling display of dominance, Stowmarket's U15 Girls Handball team put on an excellent performance against Thurston on Monday evening in the West Suffolk Finals of the u15 girls handball

From the outset, Stowmarket looked in complete control. The team's offensive strength was evident, with Phoebe Fox and Danielle Taylor standing out as the main attacking threats. Phoebe's strength was on full display, as she broke through Thurston's defense repeatedly, creating chances and converting them with ease. Danielle Taylor, made sure the pressure was constant, finishing multiple chances and proving a nightmare for Thurston's goalkeeper. Gracie Williams also netted some goals from the wing, which Esme Mixer worked hard at centre back.

The final whistle blew with Stowmarket having scored over 20 goals, a dominant performance that demonstrated their strength and teamwork. This impressive win will surely boost the team's confidence as they look ahead to the Regional finals in Essex in April.

## Year 11

### U16 rugby



The u16 went to Ipswich school this week for the Suffolk tournament. Despite great efforts from them all, both opposition teams held them back with some great team defence. Robbie, as captain, made outstanding contributions with his tackles in all games and found the gaps to score. Freddie and Rasmus in the front row gave quick support to others, whilst Finley, Harry and Alex worked well on the wings making some try saving tackles in all games. Big shout out to the u15 boys who played up. Harvey making a big difference amongst the forwards, Vinnie and Alfie for some strong runs and tackles and great decisions and passing from Oliver at scrum half. A hard afternoon, showing great resilience and dedication. Well done!

### Fixtures next week:

#### Tuesday 25th March:

- Year 9 Netball Tournament @ Northgate (2:00pm-5:30pm) *G.Whitfield*
- Year 10 Netball Tournament @ Northgate (2:00pm-5:30pm) *F.Harvey*
- Year 11 Netball Tournament @ Northgate (2:00pm-5:30pm) *J.Howland*

#### Wednesday 26th March:

- Year 7 Girls Football vs Kesgrave @ SHS (3:15pm-4:30pm) *G.Whitfield*

**Thursday 27th March:**

- Year 7 girls rugby @ Stow Rugby Club (1:00-4:00pm) *G.Whitfield*