



Onehouse Road, Stowmarket, Suffolk, IP14 1QR

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· ACHIEVING SUCCESS TOGETHER ·

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02 May 2025

Dear Families

Monthly Newsletter May

As part of our continued commitment to safeguarding, we are pleased to launch a new monthly online safety newsletter. Each edition will cover key topics to help parents and carers stay informed about current online trends, risks, and practical tips to support children's online safety. We hope this strengthens our partnership with families. Please find May's edition attached.

Year 10 Work Experience – Safeguarding Information

As students prepare for work experience, we ask that parents/carers discuss the following important safeguarding guidance with their child. This advice is also relevant for any student temporarily away from school (e.g., due to illness or dual placement).

Work experience gives students valuable insight into the workplace and helps them develop key skills like communication, teamwork, and confidence. While off-site, student safety and wellbeing remain our top priority.

To all Year 10 students: If you feel unsafe or something doesn't feel right, support is available:

1. Contact the School Safeguarding Team: You can reach out to staff while on placement. Contact:

- Ms Hubbard (DSL)
- Miss Gilbert (DDSL)
- Your Head of Year or form tutor

Call the school on **01449 613541** and ask for the safeguarding team or email your form tutor.

2. Speak to Your Placement Supervisor

Each placement has a named adult responsible for your welfare. Raise any concerns with them immediately.

3. Trusted Services – Free, Confidential Support

- Kooth – www.kooth.com (online mental health support)
- Shout – Text SHOUT to 85258 (24/7 support)
- Childline – Call 0800 1111 or visit www.childline.org.uk
- Suffolk Night Owls – Call 0300 111 6000 (emotional support from Suffolk Mind)



Kingfisher Schools Trust

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4. In an Emergency

- Call 999 if you or someone else is in immediate danger
- Call 111 for urgent but non-emergency medical advice

Students will also receive this information by email.

Filtering and Monitoring in School

To help ensure safe and responsible technology use, our school uses advanced filtering and monitoring systems. These tools alert us to inappropriate or concerning activity, enabling prompt intervention.

Students are reminded that their online activity is monitored and misuse of school IT systems—such as attempting to access inappropriate content—will result in consequences in line with our behaviour policy. We appreciate your support in reinforcing these expectations at home.

Please remind students: you are never alone. Whether at school, home, or on placement—help is always available. If something feels wrong, trust your instincts and talk to someone.

For safeguarding queries, contact:

- I.gilbert@stowmarkethigh.com
- F.hubbard@stowhigh.com

Kind regards

Faye Hubbard

Deputy Headteacher
Stowmarket High School



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