



Good morning Families,

We are delighted to share with you the very first edition of our new **Careers Newsletter** this year. Careers education and guidance is an important part of school life here at Stowmarket High School, and with new statutory guidance for careers in schools, plus the importance of engaging families in supporting students' journeys, we want to make sure you never miss out on key opportunities.

From now on, our Careers Newsletter will usually be included with the main school newsletter at the end of each term. However, where there are exciting events, deadlines, or opportunities that we do not want you to miss, we will send out additional newsletters to keep you fully up to date.

We are starting this term with some fantastic events lined up. A key date for your diary is our **Year 11 Next Steps Event on Thursday 18th September**.

- **5.00pm – 5.30pm:** Session for SEND families
- **5.30pm – 7.00pm:** Main event in the School Hall and Activity Studio

This is a brilliant chance for students and families to explore post-16 options and get advice from a range of providers to help plan for the future. If you have not signed up yet, you can do so [HERE](#)

And that's not all! Please see the diary at the end of this newsletter for what's coming up this term:

We look forward to seeing as many of you as possible at these events and working together to inspire every student to think big about their future. Careers are not just about jobs, they're about discovering passions, exploring opportunities, and building confidence for the road ahead.

As always, please get in touch if you have any questions m.mylrea@stowhigh.com

Mrs Mylea
Careers Support Officer

UPCOMING EXTERNAL EVENTS



Come along to one of our

OPEN EVENTS

Meet Industry professionals
Talk to our tutors and find out more about learning at Suffolk New College
Learn about apprenticeships
Speak to some of our current students about their experience

| IPSWICH | RURAL | ON THE COAST |
|--------------------------|-------------------------|-------------------------|
| 02 10 25 5.30pm - 8pm | 11 10 25 10am - 12pm | 11 10 25 10am - 12pm |
| 25 11 25 5.30pm - 8pm | 06 12 25 10am - 12pm | 06 12 25 10am - 12pm |
| 11 02 26 5.30pm - 8pm | 07 02 26 10am - 12pm | 07 02 26 10am - 12pm |

To book, visit www.suffolk.ac.uk/openevents | 01473 382200 | info@suffolk.ac.uk





Be OUTSTANDING Be at One.

OPEN DAYS

Saturday 4 Oct 2025
9.30am - 12.30pm

Wednesday 5 Nov 2025
5pm - 7.30pm

Wednesday 26 Nov 2025
5pm - 7.30pm

Wednesday 4 Feb 2026
5pm - 7.30pm



**SIGN UP
FOR AN
OPEN DAY**






GET THE ABBEYGATE ADVANTAGE!

OPEN DAYS

Tuesday 7 October 2025
5pm - 7.30pm

Saturday 15 Nov 2025
9.30am - 12.30pm

Wednesday 28 Jan 2026
5pm - 7.30pm



**SIGN UP
FOR AN
OPEN DAY**






WEST SUFFOLK COLLEGE OPEN DAYS

Wednesday 1 Oct 2025 5.30pm - 7.30pm

Saturday 22 Nov 2025 9.30am - 12.30pm

Wednesday 11 Feb 2026 5.30pm - 7.30pm

Explore Your Options Wednesday 17 June 2026
5.30pm - 7.30pm

**Be bold.
Be you.**



**SIGN UP
FOR AN
OPEN DAY**



25/26 OPEN DAYS AND TASTER DAYS

Open Days:

Saturday 18th October 2025 - 11am - 2pm
Saturday 29th November 2025 - 11am - 2pm

Saturday 24th January 2026 - 11am - 2pm
Saturday 21st March 2026 - 11am - 2pm

Saturday 27th June 2026 - 11am - 2pm

Book your
place here!

Taster Day:

Saturday 18th April 2026 - 11am - 3pm



Open Evening

8 October 2025
5.30pm - 8pm

Presentations in the Northgate Arts Centre at 5:30pm, 6:15pm and 7pm. Scan the QR code for more information and to book a place.

Sidegate Lane, Ipswich, Suffolk, IP4 3DL | www.northgatesixthform.co.uk
E-mail: northgatesixthform@northgate.suffolk.sch.uk | Tel: 01473 210123
@northgatesixthform @Northgatesixthform
NorthgateSixthFormIpswich

Hi All

I hope you have had a lovely summer.

The closing date for applications is 5th October, please can you reiterate we will need a parent/guardian and tutor signature to accept the application, they will be refused if not complete.

Please also see our webpage for the agenda and an application form: [Health academy](#)



Are you interested in a Healthcare career?

NHS
West Suffolk
NHS Foundation Trust

Find out more about careers in health by
attending West Suffolk Health Academy.

The sessions will be held on Saturday 18th, 25th October, 1st & 8th
November 2025 from 9.00am - 12.00pm at West Suffolk Hospital
- Education Centre
we ask that you attend all 4 sessions to receive a certificate of
attendance. Final date for applications 5th October 2025.

For an application form please click on this link to go to
[our webpage](#)
or to find out more, please email:
volunteer.services@wsh.nhs.uk





Calling all Year 10 and 11 aspiring medical & dental students you are eligible to attend a **FREE LIVE VIRTUAL** Get into Conferences on:

Get Into Medicine:

- Saturday 20th September from 9am - 1:30pm
- Sunday 21st September from 9am - 1:30pm
- Sunday 28th September from 9am - 1:30pm

Get Into Dentistry:

- Saturday 27th September from 9am - 1:30pm

Once students have attended, they will be awarded with a certificate from the Presidents at Mentorverse to acknowledge that they are a student who has gone one step further than others.

The Get into conference is a significant turning point for aspiring medical and dental students. It will unlock exclusive opportunities, such as scholarships and prizes, and help them make a highly competitive application.

Students and parents can register using this link:

Medicine: <https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO>

Dentistry: <https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBAC19kE>

The Get into Conference is a comprehensive guide to the medical and dental application process. Dr Kennedy, Dr Safiyyah and I will cover:

- Application Timelines
- How to Tactically Choose Medical/Dental Schools
- Personal Statements
- Interview Schools
- National Leadership and Awards Programmes
- Accessing Work Experience
- UCAT Exam
- Accessing Scholarships

We strongly encourage all students to make the most out of this free opportunity.

Spaces are competitive and limited, so students should register as soon as they can using the link below.

Getting into medicine/dentistry may seem impossible to many students, but we're here to break down the entire process into actionable steps.

Best wishes,

Dr Siva Dr (Prof) Dhakshana Sivayoganathan

Medical Director of Medic Mentor (part of Mentorverse)

CareerDays.co.uk runs live, 1-day online Career Days across a wide range of subjects (Medicine, Law, Veterinary, Engineering, Psychology, Business, Architecture, Computer Science, Performing Arts, Midwifery and more). All with the aim of helping students decide what career paths they may be interested in.

Mornings focus on what the career is really like and how to apply to university; afternoons provide work-experience activities plus a live Q&A, and students receive a personalised certificate afterwards. All sessions are delivered online and are recorded for on-demand viewing.

October

- Sat 4 Oct – Midwifery
- Sat 11 Oct – Law
- Sat 18 Oct – Medicine
- Sun 19 Oct – Dentistry
- Sun 26 Oct – Performing Arts

November

- Sat 1 Nov – Psychology
- Sat 8 Nov – Architecture
- Sat 15 Nov – Vet
- Sat 29 Nov – Engineering

December

- Sat 6 Dec – Computer Science
- Sat 13 Dec – Business

Times: Sessions typically run 11:00–16:00 (UK); a few subjects vary slightly—please see the event page for details.

Info & booking: www.careerdays.co.uk



DID YOU MISS THE HARROGATE VIRTUAL OPEN DAY?

You can still catch up, it is available to watch on demand now. This is a brilliant opportunity for young people to explore what life is like at the Army Foundation College

[Sign Up HERE](#)

Calling Year 11 Students

We are running a 'Diagnostic Radiography Open Day' for **year 11** students at Ipswich Hospital on Saturday 11th October 2025, please see the flyer.

It is ideal for those considering a career in Radiography. It is an exciting opportunity for students to get an insight into the profession and speak to those working within the department.



The flyer is for a 'Diagnostic Radiography Open Day' at Ipswich Hospital. It features the NHS East Suffolk and North Essex logo in the top left. The main title 'Diagnostic Radiography OPEN DAY' is in large orange letters. Below it, the date 'Saturday 11th October 2025' and time '09:30 – 11:30' are in white. The location 'Ipswich Hospital' is in orange. The text 'Ever wondered what it is like to work as a Diagnostic Radiographer?' is in white. Below that, a description of the sessions is in orange: 'Join us for bite sized practical sessions following a patient's journey from diagnoses, to planning, and treatment.' The next line in white says 'We are holding 60-minute workshops throughout the morning'. Then, in white, 'Applicants must complete an ESNEFT application form in order to attend'. Below this is a photo of a radiographer looking at a monitor displaying an X-ray. To the right of the photo, in orange, is the email 'talentforcare@esneft.nhs.uk' and in white, 'By 3rd October 2025'.

Diagnostic Radiography OPEN DAY

Saturday 11th October 2025
09:30 – 11:30
Ipswich Hospital

Ever wondered what it is like to work as a Diagnostic Radiographer?

Join us for bite sized practical sessions following a patient's journey from diagnoses, to planning, and treatment.

We are holding 60-minute workshops throughout the morning

Applicants must complete an ESNEFT application form in order to attend

Please return applications to talentforcare@esneft.nhs.uk
By 3rd October 2025

We will be running two sessions throughout the morning:

09.30 – 10:30

10:30 – 11:30

We are offering a total of 30 places for the event with 15 in each session. These will be offered on a first come first served basis.

Applicants must complete an ESNEFT application form in order to attend the day. Please email Mrs Mylrea in school for an application form m.mylrea@stowhigh.com

All application forms must be returned to Talentforcare@esneft.uk, application deadline will be **Friday 3rd October**.



Careers at Stowmarket High School – What’s Coming Up?

September 2025

- 16th Year 11**
Young Professionals - Insight to Lloyds Banking Group
5.00pm – 6.00pm – Online
Sign Up: <https://www.surveymonkey>
- 18th Year 11 Next Step Event**
In Person
5.00pm – 5.30pm – SEND Families
5.30pm – 7.00pm - Main School Hall, Activity Studio
- 22nd Year 10 & 11**
Young Professionals - Get into Law Insight Networking Evening
5.00pm – 7.00pm – Online
Sign Up: https://www.surveymonkey.com/r/YP_Law
- 23rd Year 10 & 11**
Young Professionals - Get into Business & Accounting with PwC, KPMG, UBS, Forvis Mazars, BDO, RSM, CIMA, Grant Thornton & S&W!
5.00pm – 7.00pm – Online
Sign Up: https://www.surveymonkey.com/r/YP_Bus_Acc

October 2025

- 11th – 17th Years 7 to 11**
Provider Access Assemblies

November 2025

- 11th Year 7 to 11**
Drop Down Day
- 17th Year 7 & 8**
BAE Systems Careers Roadshow
Period 1 & 2 – Main Hall

December 2025

On The Horizon



Advice & Slice – Open to All Years – Dates Coming Soon