



PE Newsletter 6th-10th October

Year 7

Year 7 Boys Football

The year 7 Boys Football team (and Mr L Andrews) got their campaign off to a winning start in the first round of the county cup with an outstanding performance against a good Mildenhall side who played good football. The boys displayed some fantastic team work, togetherness, along with their excellent footballing ability to produce a magnificent 4-1 win. Goals from **Ezra Brown** (2) and **Fletcher Ridley** (2) and everybody playing their part secured an emphatic win. Well done boys! An absolute credit to the school! Stowmarket have been drawn against Samuel Ward in the next round - Date TBC.



Year 8

Year 8 Netball League



On Thursday, the Year 8 netball team took part in their first tournament of the season at Thurston — and they made a fantastic start.

The girls showed great teamwork and determination, securing two convincing wins out of their three matches. Their only loss was a narrow one, showing just how competitive they were throughout.

Emily Williams and **Olaya Lopez-Senis** were outstanding in the attacking third, consistently putting pressure on the opposition and converting opportunities into goals. In the midcourt, **Lola Aldous** worked tirelessly, linking defence and attack with precision and providing key feeds to the shooters.

A brilliant performance all round — well done to the whole team!

Year 9

Year 9 Netball County Finals



Earlier this week, the Year 9 netball team took part in the County Finals, facing off against top teams from across the county in a highly competitive tournament.

Despite missing their captain, **Keri**, who was representing the Year 11 team, the squad adapted well and showed impressive resilience. Although wins were hard to come by, the team's determination, teamwork, and positive attitude never wavered.

Every player gave their all, and their effort was evident in every match. A special mention goes to **Mollie Bonnett**, who was named player of the tournament for her tireless work rate and unwavering commitment throughout the day.

A commendable performance from the Year 9s — well done, girls!

Year 10

Year 10 Girls Futsal

On Thursday, the Year 10 girls took part in the local futsal competition, facing off against teams from Thomas Mills and Stowupland.

In their opening match against Thomas Mills, the girls put on a dominant display, showcasing their skill and teamwork to secure an impressive 10–4 victory. The goals flowed freely, and the team played with confidence and flair throughout.

Their second game, against Stowupland, proved to be a much closer contest. The first half ended evenly at 2–2, with both sides battling hard. In the second half, Stowupland managed to edge ahead, capitalising on a few key moments — including some outstanding saves from their goalkeeper — to take the win.

There was plenty of quality on display from the team, with **Ava Chapman**, **Sienna Scott**, and **Isla Kidd** impressing with their slick passing and movement throughout the day. **Gracie Williams** also stood out for her strong and composed defending at the back.

A special shoutout goes to Robyn Wagstaff, who stepped up bravely to play in goal in the absence of the team's regular keeper. The girls finish in 2nd place.

Year 11

Year 11 Netball County Finals



On Tuesday, the Year 11 netball team travelled to Ipswich to take part in the Suffolk County Finals, where they faced tough competition from 14 schools across the county.

Placed in a challenging group, the girls went head-to-head with strong teams including Woodbridge School, Farlingaye, Hartismere, Culford, and Royal Hospital School. While they were unable to progress beyond the group stage, the matches were closely contested, with our team pushing each opponent to the limit.

Throughout the tournament, the team displayed excellent teamwork, determination, and outstanding sportsmanship. Their energy and commitment to every game were commendable, reflecting a genuine passion for the sport.

A special mention goes to **Phoebe Fox**, who was named our MVP for her commanding performance as goalkeeper. Her presence in defence was instrumental throughout the day.

The team were an absolute pleasure, as always!

Other News

A huge congratulations to Year 11 student **Noah Meads** who has been selected for the Northampton Saints Squad after being put forward for trials by the PE Team.



Year 7 vs Year 8 Netball



It was brilliant to see so many girls out on the courts on Wednesday evening, taking part in a friendly round-robin tournament between the two year groups.

The matches were full of energy, enthusiasm, and impressive teamwork, with every player giving it their all. There was excellent play across the board, with both year groups showing great skill, communication, and sportsmanship.

Well done to all the girls involved – a fantastic display of talent and team spirit!

Fixtures Next Week:

Monday 13th October:

- Year 10 and 11 Girls football @ TCC (3:10-5:15pm) J Howland

Tuesday 14th October:

- Year 8 Boys football @ SHS (3:10pm-5:00pm) W.Swann
- Year 11 Boys football @ Ixworth (3:10pm-6:00pm) D.Wise
- Sports Leaders event (3:10-5:30pm) W.Hopkin-Jones

Thursday 16th October:

- Year 7 Netball League @ County (3:30pm- 5:30pm) G.Whitfield
- All Years Cross County @ RHS (12:00-4:00pm) J.Howland
- Year 9 Girls Futsal @SHS (3:10pm-5:15pm) F.Harvey